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# The Collinwood Observer

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## LaSalle Arts and Media Center Project is Ready for Construction



by John Boksansky, Commercial Projects Manager, Northeast Shores

The long awaited LaSalle Arts and Media Center project had a groundbreaking on August 9, 2016. Several dignitaries and project supporters were on hand to officially launch the commencement of the project.

The venue will be the largest venue on the east side of non-hotel associated rentable event space. Given the unique floor-plan levels, capacity for table seating will be from 250 to 600 people. "The adaptable re-use of the LaSalle Arts and Media Center sets the stage for a number of creative events to be hosted. We also hope to be able to show some films once or twice a month," stated Executive Director Brian Friedman, Executive Director of Northeast Shores Development Corporation the projects manager. Data will have the potential to travel into and out of the premises via fiber optic cable supplied by Lighttower Communications. Five apartments will be rehabilitated utilizing The City of Cleveland Housing Trust Fund HOME Program, supplying 5 affordable housing units to the project. Three commercial storefronts will house: a bakery, insurance office and artists

gallery space.

The project will continue as planned with what the public discussed at the project charrette in 2010. The wide open theater auditorium will remain in its 7,000 + square foot of unobstructed view state and will host events with A Taste of Excellence being the exclusive cater for the venue. The calendar will be filled with a number of ancillary uses, neighborhood meetings, parties, as well as performance space.

The 4.1 Million dollar project will commence construction very soon and be completed by April / May 2017. The Complex financing structure includes Loans and grants from several entities including: IFF, Cortland Banks, Village Capital Corporation, City of Cleveland, Departments of Economic Development and department of Community Development, Cuyahoga County Brownfield Program, State and Federal Tax Credits, Hurricane Sandy grant from the Ohio History Connection, A division of the State Historic Preservation Office, as well as Councilman Michael D. Polensek's Neighborhood Development Assistance program. The Project Architect is LDA Architects located in Cleveland, Ohio.

## Holy Redeemer's Feast of the Assumption procession August 7th



by William McCulloch

Holy Redeemer Church on Kipling Avenue celebrated the Feast of the Assumption, Christ's mother Mary ascension into Heaven, Sunday August 7th. Following Mass



there was the procession with a marching band through the streets of the neighborhood with the statue of Mary, then concluded with a cavetelli dinner back at the school gym.



## At 100 Years Young, Angie Finally Achieves Dream of Becoming a Railroader.



Michael Polensek reading City of Cleveland Proclamation

by Michael Cavotta

If you come from Collinwood, we all embrace the concept of being a Railroader. It stems from the common bond of not only graduating from CHS but living in the general Collinwood area as well. Rarely does a heartwarming story such as Angie Laurich come to our attention.

Angela was born on August 19, 1916 to Adolf and Mary Gole, the youngest of 7 children and lived on Sylvia Avenue in Collinwood. Those times were difficult growing up for everyone. She and her three sisters had to share not only household duties, but a sofa to sleep on in the living room. She began school at Memorial Elementary on E 152 and then went to the newly constructed Longfellow Elementary on E. 140th. As was customary in those days after completing 6th grade you went to Collinwood for middle and high school. During the depression Angie, while in the 10th grade, at the age of sixteen, had to drop out of school to help her family financially. Not graduating as a Railroader has always haunted her.

It was 1932 when Angie took a job at Waterloo Department Store, working 60 hours per week for \$6.00. There were no malls in those days but many 'Mom and pop' dry good stores were in just about every neighborhood. They sold the essential clothing like socks, underwear, work clothes, shoes, and linens. That same year she met her future husband, John Laurich, who lived on Saranac with his six sisters and brothers. They were married in 1936 at St. Mary's. An-



Angie in yellow, surrounded by family

gie and John lived with her sister until they could afford to rent their own home on Saranac. In 1941 she began work at the GE Cleveland bulb plant where she retired after thirty seven years in 1978. In 1952 they moved into a new bungalow they purchased on Mohican where Angie still lives. She enjoys playing cards with her friends, bowls weekly on a league and enjoys gardening.

On July 23rd, 2016, surrounded by 170 of her family and close friends which included two daughters, seven grandchildren, thirteen great grandchildren and two great great grandchildren, Angie celebrated her 100th birthday. An evening of "This is your Life, Angie" was kicked off by Councilman Michael Polensek who presented a proclamation from the City of Cleveland. That presentation was followed by President of the CHS Alumni Association, Mikel Cavotta, who informed Angie that while CHS graduated 71 students on May 23rd, 72 names were called. . . . Angie's among them in the form of a proclamation issued from the Cleveland School Board. Mike further commented that, "a diploma does not define a railroader.....it is what is in your heart that counts." Angie certainly qualifies and was presented a lifetime membership to the CHS Alumni Association, making her Railroader status finally official! Along with the Membership comes a white Railroader hat to be worn during her gardening. In those days you could always tell the good guys, they always wore white hats!!!!



## Community

## Councilman's Corner



by Michael D. Polensek

What great weather we've been blessed with this summer. My sincere thanks to all who have supported all the neighborhood events and activities. We had a great turn out for the Mayor's Night Out Against Crime at the Humphrey's Sports Complex on Tuesday, August 2, 2016 and my many thanks to the neighborhood organizations who staff the booths and tents. Holy Redeemer Feast of the Assumption held on August 7th was a great show of support as well. The Friday night concert series at Euclid Beach Park had record turnouts and the Cleveland Metroparks is already working on next year's musical line-up. Veterans Park has been completed at East 174th Street and Lakeshore Blvd. and I can say that it looks great and if you have the time, please visit the memorial stone, it's truly inspiring.

My sincere appreciation is extended to the Northeast Ohio Regional Sewer Dis-

trict for their contributions towards this most worthy endeavor. The historic LaSalle Theater groundbreaking took place on Tuesday, August 9th and many thanks to the Northeast Shores Development Corporation for championing this project and anyone wishing to donate to make sure that this project is a success, please contact NESDC at 216 481-7660.

Between our local development corporations, Collinwood/Nottingham Village, St.Clair-Superior and Northeast Shores, we believe that we have identified all abandoned and foreclosed properties in Ward 8. If you believe that we may missed a property on your street, please call your local CDC to report the address. We are working with the Cuyahoga County Fiscal Officer on making sure that all of the abandoned/delinquent property tax homes are processed for foreclosure and ultimate sheriff sale and/or demolition. Our goal in 2016-17, is to rid our community of as many of these properties as we can.

As always, I can be reached at my office at 216 664-4236

Email [mpolensek@clevelandcitycouncil.org](mailto:mpolensek@clevelandcitycouncil.org)

## COMMUNITY MEETINGS

## COLLINWOOD HOMEOWNERS MEETING

1st Wednesday of the month  
7:00 PM  
St Mary Church  
15519 Holmes Avenue

## EAST 185th STREET NEIGHBORHOOD ASSOCIATION

2nd Tuesday of the Month  
6:00 PM  
Lithuanian Hall  
877 East 185th Street – next to Post Office

## DEMOCRATIC WARD CLUB

2nd Wednesday of the Month  
6:30 PM  
Collinwood Slovenian Home  
15810 Holmes Avenue  
PRESIDENT: Councilman Polensek

## EAST 156th STREET NEIGHBORHOOD ASSOCIATION

3rd Wednesday of the month  
6:00 PM  
Collinwood Recreation Center  
16300 Lakeshore Boulevard

## 5th DISTRICT COMMUNITY RELATIONS MEETING

3rd Wednesday of the month  
6:00 PM  
Collinwood Community Services Center  
East 152 Street

## EAST 140TH STREET NEIGHBORHOOD ASSOCIATION

4TH Wednesday of the Month  
6:00 PM  
Collinwood Community Services Center  
East 152 Street

## OLIVER HAZARD PERRY (SCHOOL) COMMUNITY ADVISORY COMMITTEE

1st Tuesday of the month  
6:00 PM  
Collinwood Recreation Center

## CLEVELAND CITY COUNCIL

Monday night at 7:00 PM  
Please note – this is a public and open meeting but does not take public commentary

Any questions about these meetings please feel free to call Mary Louise, Councilman Polensek's office, (216) 664-4236 or Julia DiBaggio, Northeast Shores Dev. Corp., (216) 481-7660

## Coming Soon to Waterloo Music Emporium



Musicians rejoice! E. 185th Street's flagship store for all things instrumental - Music Emporium - is just about ready to open the doors at their satellite location on Waterloo.

Music Emporium's additional retail space (15721 Waterloo Road - right next to Space: Rock!) has their hours tentatively set for Friday evenings from 6:00 - 9:00 pm,

along with Saturdays and Sundays from 12:00 - 3:00 pm.

As the fall touring season gets underway, keep an eye out for expanded hours and special events at the new location. For more information and updates, visit the Music Emporium on Facebook or stop by the store.



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## The Collinwood Observer

The Collinwood Observer is a citizen-based news source published by Collinwood Publishing Inc., a local business dedicated to the development of grass roots media and increased connectedness of the citizens, civic groups, non profits, businesses and institutions in and around Cleveland Wards 10 and 11.

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## PUBLISHER

John Copic, [collinwoodobserver@gmail.com](mailto:collinwoodobserver@gmail.com)

ADVERTISING John Copic, 216.505.0185

WRITERS: Bob Payne, Pat Brady, Matthew Orgovan, Gina M. Tabasso, Rita Kingsbury, Fr. Joseph Fortuna, Pastor, V. McGraw, Joe Valencic, Rina Catena, Nan Kennedy, Heidi Shenk, Melissa Gleeson, Peter Brown, Michael D. Polensek, Allison Lukacsy, Gail Greenberg, Erica Marks, John Horton, Courtney DeSchepper, Nicole English, Julia DiBaggio, Marilyn Ottato, Sr. Madeline Muller, Susan Brandt, Laurie Henriksen, Marguerite DiPenti

PHOTOGRAPHY: John Copic, Liz Copic, Stephen Love, Sarah Gyorki

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To submit a story, go to [www.collinwoodobserver.com](http://www.collinwoodobserver.com), click on Member Center, sign in, click on Submit Story, and start writing.

Next deadline: September 25, 2016.

You can mail your stories to the Collinwood Observer office at 650 E. 185th Street, Cleveland, OH 44119.

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## Community

## International Coastal Cleanup Day - September 17th at Euclid Beach



Volunteers pose at last year's International Coastal Cleanup with part of what we believed was a boat!

by Stephen Love

Looking to fill your morning on Saturday September 17th? Look no further!

Join Adopt-a-Beach volunteers at Euclid Beach for International Coastal Cleanup Day from 10am-12pm at Euclid Creek Reservation - Euclid Beach 16301 Lakeshore Blvd.

Volunteers at Euclid Beach will take part in a global beach cleanup in partnership with the Alliance for the Great Lakes Adopt-a-Beach program and the Ocean Conservancy. On International Coast Cleanup Day, thousands of volunteers head to beach cleanups around the world to raise awareness about the challenges of plastic pollution in our water. Debris collected at the Euclid Beach cleanup is recorded on

data cards and submitted to the Alliance for the Great Lakes and the Ocean Conservancy along with data from beaches across the globe! For more information about the Alliance for the Great Lakes Adopt-a-Beach Program, visit <http://www.greatlakes.org/adoptabeach> and for the Ocean Conservancy, visit <http://www.oceanconservancy.org/>

Volunteers will meet at the Euclid Beach Picnic Pavilion about 10-15 minutes before the cleanup to sign in (the entrance to Euclid Beach is located directly across the street from the Collinwood Rec Center).

While not required, volunteers can pre register for the cleanup on the Alliance for the Great Lakes Adopt-a-Beach website at <http://www.greatlakesadopt.org> by search-



ing 'Euclid Beach' and selecting the 9/17 beach cleanup.

Refreshments will be provided to before and after the beach cleanup and all participating volunteers will receive a half off coupon redeemable at Chilli Peppers restaurant (869 E 185th St, Cleveland) towards the purchase of one entree and drink. You can't beat that!

Dress for the weather (this is a rain or shine event), Bring water, Wear long sleeves and pants, boots or work shoes, and work gloves are recommended. Trash bags and gloves will be provided.

All groups are welcome to participate, but children under age 18 require a parent or guardian's signature upon sign in. Children under 13 must be accompanied by an adult.

Like us on facebook [facebook.com/adopteuclidbeach](https://www.facebook.com/adopteuclidbeach) and follow us on instagram [adopteuclidbeach](https://www.instagram.com/adopteuclidbeach). For more information about the cleanup, please contact Dan Subwick and Stephen Love at [adopt.euclidbeach@gmail.com](mailto:adopt.euclidbeach@gmail.com) or call 216-571-0685.

If beach cleanups just aren't your thing,

join Friends of Euclid Creek and The Euclid Creek Watershed Program <http://www.euclidcreekwatershed.org/euclid-creek> for a Wetland Cleanup just up the road at Euclid Creek Reservation - Wildwood from 10am-12pm on the same day!

Volunteers will help with planting native streamside plants, cleaning up trash, removing invasives and other maintenance activities in the wetland and streamside restoration area at the Wildwood Lacustrine Wetland.

Meet at the Wildwood Picnic pavilion. Wildwood Park is located at E. 174th St. and Lakeshore Blvd. in Cleveland.

Dress for the weather, Bring water, wear long sleeves and pants, boots or work shoes, and work gloves are recommended. Trash bags will be provided.

All groups welcome, children under age 18 must fill out and bring to the event a Cleveland Metroparks waiver signed by a parent/guardian and must have adult supervision which can be downloaded here - [goo.gl/XujZzO](http://goo.gl/XujZzO)

Contact/Registration —to register, visit [goo.gl/HCD3qX](http://goo.gl/HCD3qX) or for questions contact Claire Posius at 216-524-6580 x16 or [cpousius@cuyahogascwd.org](mailto:cpousius@cuyahogascwd.org).

Event Partners for the Wildwood Wetland Cleanup include: Cuyahoga Soil and Watershed Conservation District, Friends of Euclid Creek, Cleveland Division of Water Pollution Control, and Cleveland Metroparks.

## Bringing New Life to The LaSalle Theater!



Northeast Shores Development Corporation is very excited to announce that construction will begin at the LaSalle Theater as soon as January 2016 and the building will be transformed into The LaSalle Arts and Media Center! Once complete, the flexible space will bring the neighborhood together while drawing people to Collinwood for events including multimedia art exhibitions, weddings, community meetings, musical and theatrical performances, rehearsals, parties, and other public and private events.

The total project cost is \$3.6 million, with two-thirds of the renovation costs already funded through a combination of loans, grants, and historic preservation tax credits. As a frame of reference, this is about half of the cost of renovations to the Capitol Theater in Gordon Square, and will produce a far more flexible space with more opportunities

for community use.

Want to be a part of bringing back this historic and beloved East 185th Street landmark! How can you help? As a dual-purpose fundraiser/renovation project, Northeast Shores is selling brick pavers for \$150/each and light bulbs for \$20/each. Everyone who walks through the doors of the new theater will see the pavers, which will act as a 'red carpet' to the grand entryway.

Whether you are part of a business, a local resident, or simply an enthusiast for the community...you can help pave the way to the completion of our theater's return. Light bulbs are also available for purchase to help make this project possible. After all, what's a theater without a well-lit grand marquee luring you to the show? For more information, Carly Marginian at 216-481-7660.



## Ballot Box Upcoming Events

by Julia DiBaggio

As summer turns to fall, the Ballot Box Projects are also transitioning. Several artists had incredible journeys of discovery, while other artists are about to begin. Lucky for you, there is still time to get involved.

On August 17th and 18th, the photography of Collinwood Camera Club was on display at Maria Neil Art Project. The five teenagers who were involved in the club got to experience their first professional gallery opening, and even sold some of their artwork. During the two day exhibit, over 100 people came in to check out their work. The project, led by Bridget Caswell taught area teens about the many disciplines of professional photography. Each week a guest photographer would meet with the group and teach them about their niche, followed by a studio session where they put their lesson into practice.

Artist Lori Kella, who was one of those guest photographers, is also a recipient of the Ballot Box Project funding. She is creating a cookbook that will encourage eating locally. Anyone can get involved by submitting their favorite recipes, showcasing their garden, or writing their foodie experiences on the blog. The cookbook will be available in early No-

vember, but you can get some of the recipes at <http://www.growcookcollinwood.com/>.

If you were lucky, you were one of over 100 people who sampled new food creations from local chefs during Kevin "Spicebound" Schuering's Eat Local Food show on August 26th. Lori offered samples and recipe cards, while Kevin's team taught new ways to prep and serve vegetables. Participants learnt knife skills, the wonders of spring rolls, and how to "quick pickle" vegetables to create new flavors on the plate all while enjoying live music and art. Attendees enjoyed a flavorful plate of roasted eggplant and zucchini, sliced apples, and pickled zucchini with pepper sauce. Two additional food shows are on the calendar for Sunday, September 11 from 2:00 - 5:00 p.m. at Wildwood Park Pavilion and Saturday, September 17th from 10:00 a.m. to 1:00 p.m. at Coit Road Farmers Market.

Last but not least, Stephen Bivens is shutter happy! He's looking to capture the images of everyday people in places throughout the neighborhood. North Collinwood residents who haven't yet gotten their family portrait taken can come out September 10th from 10am to 12pm at 353 E. 156th St. for their very own photo shoot.



Art

Artist Spotlight



While growing up, Lori Kella was torn between becoming an engineer or an artist: these days she's a bit of both.

Kella teaches at Kent State University, covering a range of photography techniques with her students. But in her personal work, she gets to imagine and build her own scenes before capturing them with her camera.

At an early age, Kella enjoyed the way a camera rendered images, but she didn't find that the world presented the precise scenes she wanted to convey with her camera. She

could see the stories of the natural world around her, but the camera didn't quite capture everything.

So she improvised.

Kella built her own scenes. They started as still life images with fruit and vegetables from the nearby food co-op. But as her work evolved, her created landscapes became something surreal - teeming with their own reflection of reality that just couldn't be captured by going out and photographing nature.

She wasn't sure of the legitimacy of her process, though. Building sets and photographing them? That seemed like it would be sacrilegious in the photography field - a field that can tend toward an ethics of purity.

Kella ultimately settled on getting a degree in photography from the Cleveland Institute of Art.

While there, Kella's view of photography was revolutionized as professors showed her that the approach to her work was complete-

ly legitimate. There were even multiple art forms being utilized in her works: diorama, portraiture, model building, crafting and scenic design.

After her undergraduate study, Kella worked as a medical photographer at University Hospitals - marrying her love of science with art. All the meanwhile she continued to hone her personal works with a fusion of making and photography to craft narratives of science, nature, history and community.

A graduate degree from Cornell University and several years living in New York later, Kella moved back to Northeast Ohio with her then-partner (now husband) Michael Loderstedt, interim director for the School of Art at Kent State University.

There they settled on the shores of Lake Erie in North Collinwood (initially because of Loderstedt's love for sailing, but ultimately because of the sense of community, natural resources and affordability that the neighborhood offered).

In her recent work, Kella has explored the western United States, ocean liners crossing the Pacific and even the humble camping trip. Her most recent body of work, "Seven Summits," is part of the Scale 3 exhibit at Cleveland Print Room (2550 Superior Av-

enue) through September 23.

Kella is also one of nine finalists in North-east Shores Development Corporation's Ballot Box Project. Her project Grow. Cook. Eat. Collinwood connects neighborhood gardeners and cooks in order to create and share recipes that promote eating healthy and locally. Neighbors are sharing their favorite seasonal recipes (using local produce) that will be featured online and in a community cookbook.

While Kella's current work with the Ballot Box Project might not let her create dioramas of the tallest mountains across the globe, it lets her utilize photography to do what she loves most: build community.

Keep an eye out for the launch of the Grow.Cook.Eat.Collinwood cookbook this fall during the November Walk All Over Waterloo, or check out some of the recipes already posted online.

If you have a recipe to submit or garden you would like photographed, reach out to Lori Kella through the Grow.Cook.Eat. Collinwood online form. For a look at her portfolio of work, visit her personal website. And be sure to see her current works in the Cleveland Print Room before the show is finished.

"This is Euclid" Art Walk to Feature Photography Finalists Photos



Summer at Sims.

by Maria Palmisano

On Friday, September 23rd from 5:00 to 7:00 p.m., there will be an art walk in Downtown Euclid on Lakeshore Blvd. to feature the many photographs that were submitted for This Is Euclid, the city sponsored photography contest. Hundreds of photographs have been received, and you can view them all in the slide shows at [www.cityofeuclid.com](http://www.cityofeuclid.com), under the Announcements tab.

The photography contest is part of an initiative to advertise vacant storefronts in Downtown Euclid, and show off the great things that people enjoy about the city. Submissions consist of scenery, people, wild life, food, landscapes, and much more. The best photographs will be made into larger window clings and exhibited in the vacant

storefronts, spanning from E. 218th St. to E. 228th St. on Lakeshore Blvd. The other submissions will be on display at neighboring restaurants and businesses, so all of the submissions can be seen during the art walk, not just the photographs chosen to be placed in vacant storefronts as window clings.

Participating restaurants are including food and drink specials just for the night, so bring your friends and family to help celebrate all that Euclid has to offer, and be sure not to miss your own contest submissions! The City thanks Shore Cultural Centre and Euclid Art Association for their added support, as well as everyone who submitted a photograph to make the contest and art walk possible.



Fire prevention exercise



Summer at Sims.

Silhouette Productions and the Shore Cultural Centre Proudly Presents "The Music Man"



by Charlotte Mirabile

By turns wicked, funny, warm, romantic and touching, The Music Man is family entertainment at its best. Meredith Wilson's six-time, Tony Award winning musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation.

The Music Man follows fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band

he vows to organize this despite the fact he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian the librarian, who transforms him into a respectable citizen by curtain's fall.

Directed by Douglas F. Bailey II

Musically Directed by Matthew Steven Grittner

Choreography by Tara Mirabile

Evening Performances Oct. 14, 15, 21, and 22 at 7:30 PM

Sunday Matinees: Oct. 16 and 23 at 2:00 PM

Shore Cultural Centre, 291 East 222nd Street, Euclid, Ohio

Intersections of 222nd Street, Babbitt Road & Lake Shore Blvd.

Tickets in advance: Adult \$14.00(Over 60/Under 17- \$12.00)

At the door: Adult \$16.00( Over 60/Under 17 - \$14.00)

Groups of 20 or more \$12.00

For tickets call 216-219-3630 or 216-289-8578

HGR



by Gina M. Tabasso

Cleveland historically has been a town of entrepreneurs, startups and family businesses, especially in the manufacturing and industrial sector. In this column, each month we continue the manufacturing conversation, because manufacturing is what this town was built on, and manufacturing continues to sustain it.

Another company right in your backyard that you probably are not familiar with is Euclid Heat Treating. Heat treaters harden, test and package metal parts that have been stamped, machined, cast or forged. It was started in 1946 by John J. Vanas, a metallurgical engineer and graduate of Case School of Applied Science. He grew up in Euclid, on E.222nd Street, and in 1945, he started his business in the garage behind his home. Originally called The Engineered Heat Treating Company or "THETCO," the primary focus was to service the growing tool-and-die manufacturing in the area.

Three generations later, John J's son, John H. Vanas, his grandson, John E. Vanas, and two granddaughters lead the company; and, there's a fourth generation, John A. Vanas, who still is too young to come work for his great-grandpa's enterprise. John E. says, "East 222nd Street was a major industrial artery for the city and for Euclid, a hub for such industries as automotive, aerospace, machine tool, and heavy equipment manufacturing..

Euclid Heat Treating Keeps it Local

As these core markets declined through the 1980s, Euclid Heat Treating already had strategically diversified as heat treating technology advanced. Processes evolved and differentiated from the rudimentary, but no-less critical, pack carburizing and salt bath hardening, to controlled atmosphere hardening, vacuum hardening, nitriding, and induction hardening. Further diversity was achieved by adding specialized machinery that could accommodate parts of vastly different geometries and sizes. They continue to reinvest in emerging technology and state-of-the-art process controls to ensure the best possible results. The company that built its foundation on heat treating tool steel maintains that focus but has its fingers in many diverse processes, and it claims to be the most diverse and versatile heat treater in Ohio.

John E. explains that heat treating, though rarely recognized or understood, is fundamental in all of our lives. Heat treating plays a role in the design and function of products we rely on every day, from such ubiquitous items as gas pump latches, automotive hood locks, seat anchors, bearings, axles and shift levers, to more unusual applications like metal injection-molded parts used in compact handguns, specially blended alloy parts for use in the hazardous environments of the nuclear and chemical industries, and locomotive engine components.

While speaking with John H., he mentioned that although Cleveland no longer is the heart of the machine tool industry as it was before business started going to Japan and China, it was at one time so important that it was worth protecting with Nike missile silos positioned throughout the area. He also says the industry still is thriving. "A lot of big companies are gone, but the business has been spread out to subcontractors. The large companies had their own heat treating facilities that often were not cost effective; so,

the industry has benefitted. There's still a concentration of heat treating companies in Cleveland and a robust market due to manufacturing in the area," he states. "We've developed a reputation for being quality oriented and for taking on higher-risk jobs. Customers contact us on referrals from other heat treaters if it's not in their wheelhouse. We are specialists rather than generalists or parts pushers. We pay attention to details, controls and customers' needs through precision and diversification over volume."

When asked about his greatest challenge, he says emphatically, "Finding employees, not just skilled employees because we can train our own people, but self-starters with a good work ethic and mechanical aptitude. There are few related industries to similarly prepare talent with the skills they need to apply in heat treating."

John E. says, "We built our business by rebuilding, and that's how we tie into HGR. My father is hands on and buys preowned equipment from auctions and HGR. In the early days he and his Maintenance Superintendent Roger Robbins would buy scrap steel to build stairs, mezzanines, and other necessary structures in the plant. It was not uncommon for them to buy a government auction lot, sight unseen, several states away. They would drive a tractor trailer to the site, rig out the equipment, haul it back and rebuild/install it. He is a grassroots, DIY person. We



rebuild and refurbish where and when we can and will always have a shade-tree mechanic, bootstrap mentality."

John E. shops at HGR once or twice a month and says there is something in every building on his campus from HGR. What has he bought? Mostly the "typical" items that a heat treater would use, such as pumps, breakers, panels and sometimes even furnaces.. Then, there are the items that come along maybe once in a lifetime, such as the leather hides he used to upholster a couch and the seats in his father's Mercury. Yes, you heard that right. He told the story of the day he walked into HGR as they were unloading boxes of leather upholstery hides from Ford Motor Company. There was a huge array of colors (red, yellow, blue, silver, grey, saddle). Each box contained enough leather to upholster an entire vehicle, and was selling for \$40-50 per box.

He closes the conversation by reiterating, "Because of our association with Euclid and Cleveland, we go to great lengths to buy locally and help local commerce. This is our first priority when purchasing supplies and equipment." Gina M. Tabasso, marketing communications specialist, HGR Industrial Surplus, [www.hgrinc.com](http://www.hgrinc.com)

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School News

Students Visit Local Long-Term Care Facility



Students of Mrs. Miracle's class participate in an activity with residents of the Slovene Home for the Aged.

by Yoellie Perez

JAfter a long summer break, the teachers and staff at Lakeshore Intergenerational School could not be more thrilled to welcome students back to our building. We have many things to look forward to this year, but we are most excited to begin our classroom Intergenerational Visits.

Each one of our classrooms is partnered with a local long-term care facility for the

school year. They visit these facilities once a month and participate in activities that are designed to create meaningful interaction with residents, as well as reinforce their classroom learning.

We are fortunate to include the Slovene Home for the Aged in our list of local partners. They have done a tremendous job ensuring that our students and their residents are able to make the most of their time

together. They generously offer their space and resources to host two of our Primary Cluster classrooms, one of which belongs to Kristin Miracle.

Mrs. Miracle's Primary Cluster class will return to Slovene Home for a third year this Fall. In preparation for the start of the program, she has already begun planning lessons and activities that her class will share with their residents. "I especially enjoy times of the year when we have practiced a song or poem to perform for the residents. The children work very hard to memorize them and get the motions just right."

Her enthusiasm has quickly traveled throughout her classroom. As she reminded children of their upcoming visit, students were eager to share their own experiences with their newer classmates.

"I like to ask them questions because they can tell you about what happened in the past," says a beginning stage student. "I like to write with them and help them," adds another.

These testimonies serve as perfect examples of the growth and development our students can achieve from our Intergenerational Partners. Teacher Vaiva Neary has

also had the pleasure of collaborating with the Slovene Home for the Aged and, after serving with The Intergenerational Schools for 9 years, her passion for our mission is unwavering.

"The students are able to participate in an authentic community-building experience and get to know people they may not interact with otherwise. They are able to gain respect for all types of people and all stages of life," says Neary. "As the teacher, my favorite part of the visit is seeing my young students share smiles with the residents! I know my students love our visits and constantly ask when we are going on the next one. Our mission is to create, connect, and guide, a multi-generational community of lifelong learners and spirited citizens. Where better to live out this call than at an Intergenerational Visit, where our youngest generation works and plays alongside our eldest?"

We are so grateful for all of our community partners who make these valuable experiences possible for our students and cannot wait to embark on another year of multi-generational learning.

2016 Local High School Football Schedules

by William McCulloch

Collinwood Railroaders:

Date:	Time:	Opponent:	Location:
8/26	7:00 pm	Crestview	Columbiana, OH
9/02	5:00 pm	Lutheran Eas	Cleveland Hts.
9/09	7:00 pm	Green	Uniontown, OH
9/16	3:00 pm	Young	Home
9/24	12:00 pm	Lincoln West	Home
10/01	12:00 pm	John F. Kennedy	Home
10/07	3:00 pm	John Adams	Home
10/14	12:00 pm	Glenville	Glenville
10/21	3:00 pm	East Tech	East Tech
10/28	3:00 pm	John Hay	Home

Euclid Panthers:

Date:	Time:	Opponent:	Location
8/25	7:00 pm	Glenville	13-7 Win
8/28	7:00 pm	Benedictine	Bedford, OH
9/01	7:00 pm	Aurora	Home
9/09	7:00 pm	Souith	Willoughby, OH
9/15	7:00 pm	Mentor	Home
9/23	7:00 pm	Solon	Solon, OH
10/01	1:00 pm	Strongsville	Home
10/07	7:00 pm	Elyria	Elyria, OH
10/20	7:00 pm	Brunswick	Brunswick, OH
10/29	1:00 pm	Shaker Hts.	Shaker Hts, OH

Villa Angela-St. Joseph Vikings:

Date:	Time:	Opponent:	Location:
8/27	7:00 pm	University School	Home
9/02	7:00 pm	Elyria Catholic	Elyria. OH
9/10	7:00 pm	Kirtland	Home
9/16	7:00 pm	Shaw	East Cleveland, OH
9/24	2:00 pm	Gilmour Academy	Gates Mills, OH
10/01	7:00 pm	Aquinas	Home
10/08	7:00 pm	Trinity	Garfield Hts.
10/14	7:00 pm	Valley Christian	Home
10/22	7:00 pm	John F. Kennedy	Warren, OH
10/28	7:00 pm	Central Catholic	Home

Glenville Tarblooders:

Date:	Time:	Opponent:	Location:
8/25	7:00 pm	Euclid 13-7	Loss
9/02		Olentangy Liberty	Powell, OH
9/10		St. Edward	Lakewood, OH
9/16		Rhodes	Home
9/23		John Adams	Home
9/30		East Tech	Home
10/07		John F. Kennedy	John F. Kennedy
10/14		Collinwood	Home
10/21		John Hay	Home
10/29		John Marshall	John Marshall

Community

LaRiccia Barber Shop Teams Up with Beachland Hair Design



by Susan Brandt

Daniel LaRiccia closed the doors to LaRiccia's Barber Shop on E. 200th Street at the end of July to join forces with Beachland Hair Design, located at 18324 Lakeshore Blvd..

After 40 years of service to the Collinwood and Euclid area, Danniell decided to go into Semi Retirement mode, working just Thursday, Friday and Saturday, from 8 a.m. til 2 p.m. Daniel will still be able to offer all of his clients and friends the same quality services, and traditional barbering hair styling

Originally from the South Collinwood

area Danny attended Collinwood High School , went into the barbering trade and worked side by side with his father At LaRiccia Barber Shop then located near London and St. Clair, sometime in the late 70's eary; 80's Danny and his father moved to the Euclid Ohio area and remained on E. 200th Street for almost 30 year.

We welcome Danny to Beachland Hair Designs , and hope that we see you there someday for a classic barber hair style.

For more information on our services at Beachland Hair Design please like our page on facebook.



What's New at the Y?

by Emily Christyson

The beginning of the month always brings the same question.... what's new at the Y?!

Well, look no further because that's what we are here to answer!

Not only do we have exciting new programming such as the Outdoor Aerobics Marathon at Hillcrest Family YMCA on September 17th, but classes and membership opportunities galore!

Please keep in mind for programming as well as classes, pre-registration is not only required- but strongly encouraged, as we do fill up quickly!

For any information regarding activities at Hillcrest Family YMCA (5000 Mayfield Road, Lyndhurst, Ohio) do not hesitate to

contact the Member Service Desk at: 216-382-4300, or Membership Director, Emily Christyson at: echristyson@clevelandymca.org (216)382-4300.

For any information regarding activities at Euclid Family YMCA (631 Babbitt Road, Euclid, Ohio) do not hesitate to contact the Member Service Desk at: 216-731-7454.

As always, do not hesitate to stop into your nearest YMCA and see what's new and what the Y can do for you!

All of the very best,  
Emily Christyson  
Membership Director, Hillcrest Family YMCA

Help with Adult Education

by Donna Fornadley and Christine Semick

St.Noel Church in Willoughby Hills is offering free individual tutoring for adults wanting to get their high school certificate (GED). The Adult Education Resource Center can help with Math and English (Language Arts) studies. Or, if someone would just like to improve reading, spelling or math skills for personal or employment reasons, the AERC can help as well.

Sessions are available on Monday and/

or Thursday evenings from 6 to 8 pm at the Church, 35200 Chardon Rd., Willoughby Hills. Transportation can be arranged upon request. Child care is available for the little ones. School-age children may also be brought along for homework help.

For more information or to arrange for tutoring sessions, please send an email to AEResource@stnoel.org or phone 440-946-0887.

“Charity Tuesday” at Beach Club Bistro

by Angela Ferritto

The Beach Club Bistro at 21939 Lakeshore Blvd. in Euclid (216-731-7499; http://www.bcbistro.biz/) is a wonderful locally owned and operated independent restaurant in Euclid. They have a program that gives back to the community called “Charity Tuesdays”.

Addie Broach operates “Addie's Pet Protection”, a dog rescue and sanctuary. Addie has worked closely with the communities of Euclid, Collinwood, and the city of Cleveland, helping both animals and people. She has helped countless animals, mostly the ones who are too sick or old to be adopted; the ones who have nowhere to go. She is also very involved with feeding the homeless. Addie has given selflessly all of her life to animals and people who need help. Now Addie is facing a very grave illness. Her husband has taken off work to care for her and run the sanctuary on his own. But his leave from work is unpaid. Their family currently has no income and mounting medical bills. For the month of September, “Charity Tuesday” at the Beach Club Bistro will help raise funds for Addie. Please bring the flyer seen in this article



with you when you dine in on a Tuesday in September. Present the flyer to your server, and 20% of your check will be donated. It doesn't cost you a penny extra while you enjoy the delicious offerings of this fabulous restaurant!

Try one of their unique specialty pizzas or contemporary American cuisine dinners on their beautiful outdoor covered patio. Please support “Charity Tuesday” this month of September for Addie, while also supporting a local, independent business. Please print this flyer, bring it with you, and specify that it is for Addie Broach.

Thank you and hope to see you there!

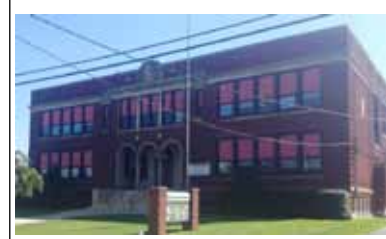
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# St. Jerome Church

## Collinwood's Catholic School

15000 Lakeshore Blvd. Cleveland, OH 44110



## Dr. Seuss ROCKS! Newly Renovated St. Jerome School Library



Sam and Isaac can't wait to use the newly renovated St. Jerome School library

by Marguerite DiPenti

It's back-to-school time at St. Jerome's and all the students and teachers will be excited when they see their newly remodeled library. Mrs. Stephanie Uzomah, the school librarian, has been hard at work most of the summer putting a bright face on her favorite space. A grant from the Catholic Community Foundation made possible the purchase of new carpet, as well as tables and chairs, and other equipment. The library is especially enjoyed by the younger students, but the updates include a smart TV with educational apps that will benefit every age group. Recently acquired accelerated reader books will appeal, especially, to the upper grades. The loft has been redesigned to make it more kid friendly than ever before with bean bag chairs for reading relaxation, and floor-size puzzle building will be fun on the fresh carpet. Appealing and educational recent book acquisitions have expanded the offerings on the loft's book racks.

Mrs. Steph, as she is known by the students, will begin her fifth year as school librarian. Her daughter, Sophia, graduated from St. Jerome and is now a senior at Villa Angela-St. Joseph High School. Sixth grader, Sabrina, said she enjoyed helping her mother redecorate the library this summer in between a trip to Philadelphia with her grandparents and time at Girl Scout Camp Timberlane near Oberlin. Sabrina attended

camp with classmate Cristan Williams who also belongs to St. Jerome Girl Scout Troop 70457. Sabrina's brother, Isaac, will be a second grader this year. He liked spending time at the school this summer helping his mom with all the improvements that he will use when class is in session. Uzomah family members who also attend St. Jerome include several nieces and nephews.

Mrs. Uzomah rearranged her work area to better observe the entire library for effective interaction with the students. She created a bold and colorful new story area using a Dr. Seuss theme, because Dr. Seuss is a favorite of most of the students. The St. Jerome student body will be welcomed back this school year into an imaginative place of knowledge and wonder thanks to the efforts of their devoted school librarian.



Isaac, Sabrina and their cousin, D'Erra try out the new smart TV

## Anniversary Concert Performed by Beloved Musicians of St. Jerome



Lawrence and Julia Wallace with friends and family after their marvelous Anniversary Concert performance.

by Marguerite DiPenti

Lawrence and Julia Wallace delighted parishioners, family and friends who came to St. Jerome Church on Friday, August 19, by performing their first annual Anniversary Concert. The couple were married at St. Jerome in August 2016 and returned to present an evening of music as a history of song. The performance opened with a twelfth century troubadour melody and progressed through folk, liturgical, operatic, theater and popular genres. Julia, St. Jerome's current music director, demonstrated her remarkable vocal skills, often complimenting her song with her own accompaniment on the autoharp, guitar or tin whistle. Julia holds a bachelor's degree in vocal performance from Marietta



Lawrence and Julia Wallace with Deacon Pete Travalka after receiving her rose bouquet following their Anniversary Concert at St. Jerome Church.

College and this month begins pursuing a masters in music education at Case Western Reserve University. Lawrence, former St. Jerome music director and present music director at St. Luke's Church in Lakewood, performed brilliantly on the piano, organ and vocally. Lawrence, a graduate of both American Boys Choir School in Princeton, New Jersey, and Eastman School of Music in Rochester, New York, in addition to work in the Church, also is involved in theater productions. The St. Jerome school and congregation are positively grateful for the presence and talents of Julia and Lawrence Wallace at our parish.

## St. Jerome Clambake & Steak Dinner

by Marguerite DiPenti

Sunday, September 25 on the parish grounds

Dinner | Entertainment | Raffles | Fun

Catered by John Krann of Rockway Catering | Music by DJ Joel Scigliano

\$30 per person | \$10 for extra dozen clams

Tickets available in the parish office | Purchase your tickets by September 19

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## Award Winning School



Imagine Bella Staff attended the summer forum in Toledo, Ohio at Imagine Madison School of the Arts.

Imagine Bella was recognized at Imagine Schools Heartland Region Summer Forum with the following awards Academic

Growth top performer, A+ Excellence Award for Shared Values, and Runner-up for School of the Year in Academic Growth.

## First Day Style



Students grab their breakfast and find their homeroom.

Imagine Bella held it's annual meet and greet night before the first day for Kindergarten. Families walked in on the red carpet as our own Dean of Students Mr.



The red carpet was the perfect spot for photos for the first day of school!

Gamble greeted them as the DJ. Check out these red carpet photos from meet and greet and the first week of school!

## Class Pets



Class pets from Room 206 and 302.

Have you met our newest friends? Stop by Mrs. Karlovec's room in 206 or Mr. Musarra's room in 302 to see the newest members of the Imagine Bella Family!

Want to know more? Just ask the 2nd and 3rd graders and they will be glad to tell you.

## Morning Coffee



Our teachers can't wait to kick off the new year!

## Important Dates

Monday, September 5th, 2016  
 No School- Labor Day

Friday, September 16th, 2016  
 No School for Students

Tuesday, September 27th, 2016  
 Picture Day

Friday, October 14th, 2016  
 No School for Students

Friday, October 21st, 2016  
 Start of Quarter 2

October 28th, 2016  
 No School for Students- Parent Teacher Conferences 8 am-4 pm

October 31st, 2016  
 Annual Costume Parade

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For more information on the Neighborhood Stabilization Program, HOME program and available down payment assistance, go to: [www.cityofeuclid.com/community/development/CommunityDevelopmentDivision](http://www.cityofeuclid.com/community/development/CommunityDevelopmentDivision) or call (216) 289-8141.

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 Early Entrance: ..... **216.838.0131**

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- Proof of address
- Guardianship documents (if applicable)

## Immunizations required for enrollment:

- 5 doses DPT\* (Diphtheria, Polio, Tetanus)
- 4 doses IPV\* (Polio)
- 2 doses MMR (Measles, Mumps, Rubella)
- 3 doses Hepatitis B
- 2 doses Varicella (Chickenpox)

*\*An additional dose is required if all doses were given prior to the 4th birthday.*

Children must be 5 years old by **Sept. 30, 2016** to attend kindergarten. If your child will be 4 years old on or before Sept. 30, 2016, he/she may be eligible to enroll in our free pre-kindergarten program.



Visit [ClevelandMetroSchools.org](http://ClevelandMetroSchools.org)



Faith | Academics | Community

## OLL Turns on the Water

Water has a central place in the practices and beliefs of many religions for two main reasons.

First, water cleanses. Water washes away impurities and pollutants. Water can also make a person clean, externally or spiritually. Our life in the church begins with the waters of baptism.

Secondly, water is a primary building block of life. Without water there is no life.

Here at Our Lady of the Lake we are especially blessed with the gift of water. As we get ready to celebrate our Parish Feast Day which begins down at the lake, we are especially reminded of this.

Lake Erie provides water to:

- Quench our thirst so that our we can live
- Clean our bodies and food so that we can stay healthy
- Provide sanitation and sewage treatment which helps prevent disease

Not only are we fortunate enough to have water for our needs, we are also lucky enough to have water to play in!

We are so very blessed....all we have to do is turn a handle and we have an unlimited amount of water at our fingertips!

In many places around the world, that is not the case. Women and children must walk many miles daily to draw water from

a well or stream and then carry it home. There is little or no water to wash hands or food or to treat sewage. This often contributes to the spread of disease and illness. The effects of these diseases and illnesses are magnified when you consider that children cannot attend school and receive an education if they are ill.

In gratitude for the gift of water, we are working through Catholic Relief Services to share the gift of water with others less fortunate than we are. During this week and throughout next weekend, we will be collecting donations to provide some of the following:

A hand washing station to reduce disease and increase student attendance and academic achievement. Basic hygiene education is also provided.

A community watering station which will bring fresh water to a central location and alleviate the hours spent carrying heavy jugs of water that are unsafe to drink.

A community latrine which will conserve resources, protect underground water reserves and prevent disease.

Tools to dig a well.

A family wash kit.

Pump mechanic training to ensure that latrines, wells and pumps keep running.

## Wednesdays on the Porch Bring Neighbors Together



Several years ago, Barb Pistillo started gathering neighbors on her porch in Euclid, as a fun way to get to know each other. She'd put out a little sign, and that was the signal to gather and share refreshments, stories and a little time together. Anyone was welcome – no formal invitation required – and it became a great way to meet new people, learn about good things happening in the neighborhood, and build a sense of community.

Barb wanted that same sense of community for others in Euclid – so she's taking Wednesdays on the Porch city-wide. She teamed up with Kathy Benda, another Our Lady of the Lake parishioner, and they successfully sought funding from Engage Euclid's grant program. With \$500 fund-

ing, they were able to print yard signs and share the idea for this fun, easy program. Already, six households have signed up to host – several Porch sessions have already happened – and with beautiful Fall weather in the forecast, they look forward to seeing many more.

This idea is beautiful in its simplicity – welcome neighbors to your porch or yard, and get to know each other. Neighborliness is one of the wonderful things to love about this community, and we look forward to seeing many more neighbors enjoying time together!

If you'd like to host your own Wednesdays on the Porch gathering, or would just like more information, contact Kathy Benda at Our Lady of the Lake, (216) 486-0850.

## Celebrating Gifts As We Return to School

Our 2016-2017 school year at Our Lady of the Lake has gotten off to a wonderful start! We have added classrooms and now have two classes in each grade. We will introduce our new teachers in the next edition. Our preschool is nearly at capacity and it has been wonderful to see all of our returning families and to welcome all of our new families.

Our theme for this school year is: "Though many...we are one in the Body of Christ." We will be talking this year about each person's uniqueness and the special gifts that each of us brings. We need to help our children understand that they are part of this wonderful community, that we celebrate our differences, that each of us is needed and valued.

At one of our opening parent meetings, I read the inscription off a plaque that hangs right outside the main office. Though I pass it every day, I never really stopped to ponder the message. It goes like this:

Be it known to all who enter here,  
 That Christ is the reason for this school,  
 The unseen but ever present Teacher in its classes,  
 The model of its faculty and  
 The inspiration of its students.

What a truly beautiful message and so true. During our curriculum night, the parent of one of our new students stopped in the office and remarked how happy she was

that they were now part of our school. She felt that presence of Christ and she wanted that for her daughter. We talked about how important it is for our children to have that relationship with Jesus Christ. It is the most important lesson that we will ever teach.

## Lunchroom Cuteness

During these first few days of school, our children are asked to pack their lunch. As the children were eating, one of the kindergarten teachers packed up her lunch box, got up from the table and started to walk toward the door. We asked her where she was going and she looked up and said, "I'm going to finish my lunch at home." It does not get any better than that. She had been here long enough and it was time to head home!

We explained to her that the day was just a little bit longer and she would be going home soon! Our children are so precious. These first few days can be stressful and overwhelming. Everyone needs just a little bit more love and attention-even the grown-ups in the building. I love this quote and always try to remember it: "If we are depressed, we are living in the past. If we are anxious, then we are living in the future. If we are at peace, then we are living in the present." It is always good to truly present to the moment that you are in – to be aware of the presence of God and of the people and beauty that surrounds us. We are looking forward to a wonderful year!



## Family Sports

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V

Villa Angela-St. Joseph High School

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# VASJ event reveals new chemistry lab

VASJ's newly renovated chemistry lab was revealed at the Look At Us Now event held on August 21, just days before students returned to the school for the 2016-17 school year.

Prior to receiving student-led tours of the school, attendees gathered in the school's gym where Pastor of Our Lady of the Lake, Fr. Joe Fortuna, opened with a prayer and blessed the new lab.

Also speaking was VASJ President and former Euclid Mayor, Bill Cervenik '72. Cervenik acknowledged the many donors spanning the last few years who made the chemistry renovation possible.

The project began with phase one taking place two years ago when the school received a grant from the Lubrizol Foundation as well as donations from numerous alums.

That phase included new perimeter cabinetry, a new ceiling, new fume head, new sinks, bulletin boards and improved lighting as well as several safety features including new eyewash stations and safety showers.

Phase two of the project couldn't begin until all funds were raised, as it required a complete overhaul of the lab. With funds from a second Lubrizol grant as well as a \$50,000 grant from the Diocese of Cleveland's Rooted in Faith campaign, the project was about halfway to realizing its goal when the Spotila family (Sr. Loretta Spotila,

CSA '59, James '62 and John '64) announced their donation challenge.

The challenge was met and the family's generosity resulted in over 80 other individual donations being made to the school for this project.

VASJ Science Chair Melissa Grai explains that the new workstations will allow more time to be spent on curriculum instruction and less time collecting and cleaning materials and will be equipped with larger surface space with room for more advanced experiments and demonstrations.

"They will model what students should expect to see in college labs and in the business world," Grai says.

The renovation will also allow VASJ to reorganize the layout of the lab to include a teacher workstation more centrally located in the room to enhance learning and understanding.

"The new layout will allow me to enrich the lessons by giving more engaging demonstrations and explaining the labs more fully while the students have the materials in front of them," Grai adds.

With much emphasis placed on STEM courses (science, technology, engineering and math), it is Grai's hope that a new lab will inspire students to spend more time in the lab and get them excited about science.

"I want to see excitement in their eyes and hear them say, 'This is a place I want to be,'" Grai says.



VASJ's newly renovated chemistry lab features new, state-of-the-art workstations which model what students will see in college labs and in the business world.



VASJ chemistry teacher and science department chair, Melissa Grai, speaks to guests at the Look At Us Now event about what the new chemistry lab will mean for students.



VASJ President Bill Cervenik '72 (far right) poses with three generations of VASJ chemistry teachers: James Thomas (retired), Ken Prince '64 (retired) and Melissa Grai.

VASJ is a *faith-based* educational community that accepts you for *who you are* and helps you become the person *you want to be.*

*Open Houses:*  
*Oct. 5, Nov. 3, & Mar. 21 at 6 p.m.*

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The Euclid Panther Booster Club is proud to present the third annual  
**Euclid Panther Home Days**  
at Euclid High School!  
Thursday, September 8, 2016 4-9 pm

Friday, September 9, 2016  
4-10 pm

Saturday, September 10, 2016  
10 am- 10 pm

Sunday, September 11, 2016  
12-8 pm

\*Students must have school ID  
or a parent present to enter (includes parochial & charter school students ).

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\*Limited time only. Terms and conditions apply. Call or visit [clevelandymca.org](http://clevelandymca.org) or a branch location for complete details.



Events

### Collinwood Slovenian Home “Purse Auction”

by Bob Podlogar

Collinwood Slovenian Home 15810 Holmes Avenue Cleveland, Ohio 44110  
Purse Auction

JOIN US FOR A FUN FILLED AFTERNOON...  
BID ON A VARIETY OF PURSES...  
AND SEE WHAT'S INSIDE.

Sunday, September 25, 2016 2PM to 5PM Everyone Welcome!  
RAFFLE, PRIZES, COMPLEMENTARY FOOD & FUN  
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7PM-10PM

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CLEVELAND, OH 44110

## Children Needing Grief Support Can Find Help at Overnight Camp

by Laurie Henriksen

Registration Now Open for “Together We Can Overnight”

Support is available for children ages 8-14 who are coping with the death of a loved one. “Together We Can Overnight,” a children’s grief support camp hosted by Hospice of the Western Reserve, is planned from Saturday, Oct. 15, 9:30 a.m., to Sunday, Oct. 16, 10:15 a.m., at Red Oak Camp, 9057 Kirtland-Chardon Rd., Kirtland. The registration fee is \$25 per camper; scholarships are available. Space is limited and completed registrations are due by Monday, Sept. 26. For more information and to receive a registration packet, call 216.486.6838.

Planned activities such as commemorative crafts, drum circles and storytelling encourage memories, coping skills and the expression of feelings in a safe and supportive environment. Plenty of time is also set aside for fun recreational activities and creative play, allowing children to enjoy the beautiful natural setting.

“We have hosted bereavement day camps for many years,” said Karen Hatfield, Team Leader for Counseling Services, Hospice of

the Western Reserve. “Our campers have frequently asked us to consider an overnight event. We’re excited to offer one for the first time this year. Staying overnight enables children to participate in traditional camp experiences like spending time together around the campfire and sleeping in the cabins available at Red Oak. The outdoor setting allows them to feel comfortable sharing their thoughts and asking questions in a safe, supportive environment among other children who are coping with similar feelings.”

For the convenience of Euclid and North Shore area families, camp transportation will be provided from Hospice of the Western Reserve’s Lakeshore Campus, 300 E. 185th Street, Cleveland. Drop off times and additional camp details will be included in registration packets.

Generous gifts from the community make it possible for Hospice of the Western Reserve, a nonprofit agency serving the Northern Ohio region, to offer a variety of grief support camps for children. For more information or to make a donation supporting the camps, visit [hospicewr.org/donate](http://hospicewr.org/donate).

Children and counselors gather to get acquainted and sing camp songs on opening day of “Together We Can.”

Commemorative craft projects help with healing by providing children with a safe and comforting way to express their intense feelings.

## Spaghetti Dinner Benefit Saturday September 17th

by William McCulloch

There is going to be a spaghetti dinner benefit at The Olde Collinwood Tavern Saturday September 17th for John “Peanut” Arnold, who was injured in a trench collapse at work. The dinner is a \$10.00 donation and starts at 2:00 pm till whenever. They will also be having chinese & 50/50 raffles.

The Olde Collinwood Tavern, 15507 Saranac Road, Cleveland, OH 44110, phone (216) 417-4740

The Olde Collinwood Tavern on Saranac Road



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Events

### BlabOnAir Relaunches “On-Air” Programming Near Euclid Ohio

by Amir Saleem

BlabOnAir re-launches “On-Air” programming near Euclid Ohio. BlabOnAir Communications (formerly of Lakewood Ohio) brings numerous programs to Chandler Park, blocks from the Euclid Border. Maintaining 1400 sq ft of space, BlabOnAir is poised to be a major contributor to Businesses, Organizations and Schools alike. With five (5) converted offices, 12 cubicles (each outfitted with a Mac or Windows-Based computer), sufficient High-Speed Internet and other useable real estate, our entry into this region will be a huge success for all involved. Below are some of the services BlabOnAir Communications will provide:

- Hardware and Software Computer Training
- On-Air Media Development
- Literacy Training
- Community Workshops

Class size range from 10-22 individuals at a time. For additional information, call 216.200.7373 or email us at [info@blabonair.com](mailto:info@blabonair.com)



Lincoln, One Of The Students In Our Out Of School Time Programs Photo Cred: BlabOnAir Media Dept

### I Can’t Wait to Welcome You to Girl Scouts!

by Erin Randel

Everyone knows Girl Scouts and their three C’s: cookies, camping and crafts. But did you know there’s a method to the cookie madness? The way that all these activities happen is the secret of Girl Scouts’ success for more than 100 years. Whether they’re learning new skills and earning badges, designing their cookie booth, or deciding how to spend their profits, Girl Scouts are girl-led. By giving girls a chance to explore different perspectives and opportunities to make a difference, Girl Scouts inspires girls to give back and share the good.

Back to school time is also Back to Troop time for Girl Scouts, and troops are forming right now in Euclid. Whatever your age and wherever you go to school, you can join now and get in on the fun. We’ll be forming troops at a meeting on Thursday, September 22 at 6:30 pm in the famous E Room at Euclid High School, 711 E. 222nd Street. (Use the rear entrance closest to Tracy Avenue—and look for green balloons!)

Now, you may be wondering, how much does Girl Scouts cost? It’s only \$15 to belong to the biggest girl-led organization in the world. Financial assistance is available

## Fall into Amazing Programs at Collinwood Library!

by Kiaira Jefferson

**YOUTH PROGRAMS:**

*Popsicle Stick Flags!*  
For Labor Day help us celebrate the achievements and contributions made by American workers!!  
Thursday, September 1st \* 4:30pm

*Kids Café*  
Visit the Collinwood Branch Library after school for Kids Café!  
Monday – Friday beginning September 12th 3:30pm-4:30pm

the branch for details. Every other Saturday beginning September 17th 10:30am-1:30pm

**ADULT PROGRAMS:**

*Free Computer Classes*  
Internet Basics, Digital News and Searching, Email Basics, Resume Workshop, and Improve Your Job Search!  
Fridays beginning September 2nd 11:15am-12:45pm

*Chronic Disease Self-Management Workshop*  
Learn how to get the support you need and make a step-by-step plan to improve your health. To register contact Rose Bobbitt by phone 216-421-1350 ext. 183 or email: [programs@fairhillpartners.org](mailto:programs@fairhillpartners.org)  
Wednesdays, September 7th & 14th \* 1:00pm-3:30pm

## Creative Drone Program Allows Hospice Patients to “Fly Back in Time”

Hospice of the Western Reserve patients will be able to “virtually visit” their favorite places streamed live on large screen TVs thanks to a generous donation from Hyland Software. Pictured at Ames Family Hospice House (left to right): Bob Phillips-Plona, Dir. of Residential Services; Tom Davis, Hyland’s Manager of Solution Engineers (and owner of Aerial Anthropology); Lori Scotese, Volunteer Service Manager; Lisa Scotese Gallagher, Dir. of Volunteer Services; Jenny Stonebrook, Dir. of Access to Care; Debbie Connelly, Hyland’s VP of Human Resources; Lisa Jackman, Hyland Employee Engagement Leader and Kathleen Vegh, Employee Engagement Manager.

by Laurie Henriksen

A walk along the beach to capture a spectacular Lake Erie sunset, a visit to a much-loved family vacation destination... Hospice of the Western Reserve has found a way to allow patients and families at David Simpson Hospice House and other locations to re-live memories like these in real time through a program called A Flight to Remember.

The innovative program – the first of its kind in the United States – is offered in partnership with Aerial Anthropology, a

Cleveland-based provider of aerial videography and photography. It allows hospice patients to experience a live, bird’s-eye view of a place that is meaningful to them using drone technology. The experience is offered at no cost to patients and families cared for by Hospice of the Western Reserve and its affiliate, Hospice of Medina County.

How does it work? The hospice team works individually with patients and their families to determine the location they would like to “visit.” Fly over zones must comply with FAA safety guidelines, so Aer-

Hospice patients and their families can re-live special memories by “virtually visiting” places meaningful to them.

ial Anthropology works with the agency and the family to determine whether the desired site is feasible, and to coordinate arrangements with facilities on the ground. At a scheduled time, the family receives an email with a link to connect to a live feed of the drone video. The hospice patient or a designated family member serve as the “virtual pilot,” providing direction to the drone pilot by phone about what he or she would like to see. The flight can be viewed on laptops, tablets, or a Smart TV with Internet access. Experiences typically last 20 to 25 minutes.

**Hyland Donates Equipment to Support Program**

to those who qualify, and there are lots of free and fun activities in our area for troops to participate in. Plus, as the girls raise money, they’ll have funds to pay for badges and to explore and do even more.

But we’re not just looking for girls. The girls need compassionate adults to guide them toward reaching their full potential. Take a chance on the amazing opportunity to empower girls right here in Euclid. Volunteer roles range from tracking paperwork, keeping the books, helping with badgework, to driving and being a helping hand. We have cookie dads, leader-aunts and big sisters, and even a few ladies who don’t have a daughter of their own but want to be a part of this powerful movement.

One benefit of being among the first to volunteer is that you get to set the time, place and frequency of meetings that works for you. Some troops meet once a week after school for 45 minutes, some meet once a month for 90 minutes, it’s all up to those who take that first critical step forward. And, best of all, you’re not taking that step without a safety net! You’ll have the support of experienced leaders here who can share resources, tip & tricks, and include you in fun traditions like the annual World Friendship fair.

If you can’t make the meeting on Sept. 22nd, or want to get a jump on forming a troop, visit [gsneo.org/join](http://gsneo.org/join). I can’t wait to help you find the fun in Girl Scouting!

### My dream is of a place and a time where America will once again be seen as the last best hope of earth.

**Abraham Lincoln**

Join the Discussion at: [www.collinwoodobserver.com](http://www.collinwoodobserver.com)



Community

## Balance Training in the Older Adult

by Heidi Shenk

Most people take balance for granted, assuming that navigation occurs without effort, thinking or fear. When a child falls, he is able to shake it off and continue moving. When an older adult falls, however, there are often consequences. Sometimes a broken bone might be the result. A broken bone limits mobility, which can lead to a general decline in health. Thousands of older Americans die each year as the result of a broken hip due to a fall. Even if a recovery is made from a broken bone, a resulting decrease in confidence and independence can still occur.

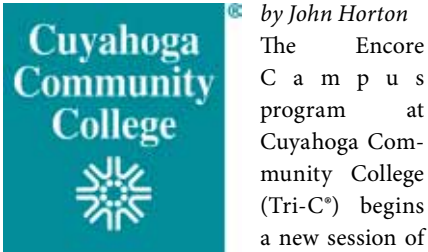
Structured exercise with balance training helps to reduce falls and to maintain independence. Balance training exercises involve stretching and strengthening muscles while challenging balance. These exercise programs allow an increase in reaction time and improved coordination. Exercise programs also contribute to stronger bones and an increase in muscle bulk, which can protect bones and joints. Better brain function always occurs with physical stimulation and may allow for clearer thinking and the ability to avoid situations that increase fall risk.

Many exercise classes are available in the community to improve fitness and balance.

Always check with your doctor before starting a new class, however. If balance is impaired significantly, initiating balance training with a physical therapist is the safest and most beneficial approach. Home health organizations, outpatient therapy clinics, and rehab centers such as Mount St. Joseph Rehab Center in Euclid, have the therapy staff available to provide these services.



## Tri-C's Encore Program Offers Learning Opportunities for Senior Adults Age 55 and Older



to enrich the minds and lives of those ages 55 and older.

The fall program runs every Friday for seven weeks at Eastern Campus in Highland Hills and Western Campus in Parma. Age-eligible students can enroll in one to six classes for one low fee of \$99.

The course catalogue features more than 100 options on a wide variety of subjects, including art, cinema, computers, history, music, religion, science, yoga and more. Classes are taught by Tri-C faculty, retired educators and subject experts.

"Senior adults can get out and meet new people while learning new things and chal-

lenging their minds, with no homework or exams included," said Suzanne Ortiz, who oversees the program.

Interested in classes but can't make it to Encore Campus? Then check out Tri-C's Neighborhood Scholars senior adult education courses, which take place at museums, parks and other locations around Greater Cleveland.

Neighborhood Scholars includes the Chamber Music Ensemble performance group; classes on ethnic foods and culture; and "Coffee with a Curator" sessions, which provide behind-the-scenes looks at exhibits and collections at University Circle institutions.

These alternate-site classes occur throughout the week and vary in length. Costs range from \$15 to \$65 per class.

For detailed information on Encore Campus or Neighborhood Scholars courses or to register for classes, visit [www.tri-c.edu/encore](http://www.tri-c.edu/encore).

Potential students can also call 216-987-2274 for information.

## Rain Barrel Workshop on September 15th at Euclid Senior Center

by Claire Posius

Learn how to harvest rainwater for all of your garden needs and to combat stormwater pollution in your community by constructing a rain barrel! Cuyahoga Soil & Water Conservation District, City of Euclid and Friends of Euclid Creek are hosting a Rain Barrel Workshop on Thursday, September 15th from 6:30-8:00pm at the Euclid Senior Center (1 Bliss Lane, 44123). The \$60 fee includes a 60 gallon barrel, all materials and downspout diverter, but it is

free to come and listen. Registration is required by Thursday, September 8.

A rain barrel is a container used to collect and store rainwater that would otherwise be lost to runoff and likely diverted to a storm drain. Collected water may then be used to water lawns and gardens.

To register for this workshop online go to [www.EuclidCreekWatershed.org/events](http://www.EuclidCreekWatershed.org/events), or by phone or email at 216-524-6580x10 or [m david@cuyahogawcd.org](mailto:m david@cuyahogawcd.org) by September 8.

FOEC Presents the Euclid Creek Watershed 2016 Event Series

## Rain Barrel Workshop

Thursday, September 15, 2016  
6:30 - 8:00 PM  
Euclid Senior Center  
1 Bliss Lane  
Euclid, 44123  
Cost: \$60

Reduce Your Runoff Footprint!

SAVE THE RAIN FOR A SUNNY DAY!

RAIN BARRELS harvest rainwater for all your garden needs and combat Stormwater Pollution in your community! Each workshop participant will construct a rain barrel to take home and install. Price includes a barrel, downspout diverter and all materials. (\$10 discount for Friends of Euclid Creek members) Registration required by September 8.

Workshop Sponsors:

Register by Sept. 8: Online at [www.euclidcreekwatershed.org/events](http://www.euclidcreekwatershed.org/events) or contact Megan David at 216-524-6580 x10 or [m david@cuyahogawcd.org](mailto:m david@cuyahogawcd.org)

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- Interactive health kiosk and wellness programs
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Senior Page

Senior Page

Bob’s Corner



by Bob Payne

He had just lost the love of his life, and he came to the Center because he didn't want to be alone. His feelings and emotions were raw. They went from relief that the suffering was over, to anger and a horrible feeling of emptiness. Twenty-six years together is a long time.

During that time, they had shared everything in life. Good times, and bad. Happy and sad. It has been said that everyone needs a witness to their life and his had died, just this morning.

We talked about the belief that birth and death are opposites, but there is no opposite to life. We talked about life going on, but in a different form that we cannot see. We spoke about the gift that life together had been, and how it is better that the suffering is now over.

I told him to be gentle with himself. For some reason people think they should be able to bounce back immediately and that they should get back to normal. What is normal after you lose your love of 26 years? I told him to grieve at his own pace. I reminded him that he would have good days and bad. I advised him to laugh whenever he can, and cry whenever he needs to. I listened. I validated his feelings. We shared thoughts about love and life. His pain was obvious. My heart went out to him.

Life is too short. Twenty years, forty years, sixty years – it's all over in the blink of an eye. His loved one had left him behind. In a very real way, life as he knew it was now ended. He will no longer hear the laughter, share the deep meaningful conversations, or enjoy the touch of his beloved. Life has changed.

The tears in his eyes were real. The anguish in his voice heartbreaking. Should it make any difference at all that he is mourning the death of his male partner?

Though we may be different - pain is still pain, tears are tears, loss is loss, and love is love. Bob Payne, Manager

Euclid Senior Center

All the programs listed are available at Euclid Lakefront Community Center 1 Bliss Lane, Euclid, OH 44123 216-289-2985 www.cityofeuclid.com



Thank you Mayor Kirsten H. Gail for providing the wonderful BBQ lunch on August 17th. Everyone enjoyed the food and your visit. WE REALLY APPRECIATED ALL YOU DO



ENTERTAINMENT

Name That Tune

Thursday, September 8th at 10:45 – 11:45 Enjoy music, trivia, light refreshments and prizes! Laura Blair from Kindred – The Greens/The Fountains is your hostess.



Fun BINGO

September 13th & 27th Bingo for Prizes - 1:00 – 2:00 p.m. – FREE Sponsored by Rx Home Healthcare and Mount St. Joseph.



**BIRTHDAY DAY- September 21st** Cup Cakes Sponsored by Grande Pointe Ice Cream Sponsored by Euclid Senior Programs.

Fundraising

We will be conducting various fundraising activities to support our Lunch Program. We need to raise \$10,000 to ensure that we will be able to offer meals Monday – Friday through the end of 2016.

Yes, that is a lot of money! We will do our very best. If you have any ideas, please let us know. You are appreciated and wanted here. Thanks for being part of Euclid Senior Programs. The Staff

Muffins with the Mayor

Monday, September 26th – 11:00 a.m. in the dining room. Here is your chance to sit and enjoy conversation and muffins with our Mayor, Kirsten Holzheimer Gail. Stop by and say “Hello”.

TRIPS



JACK Cleveland Casino

Wednesday, September 7th Leave the center at 9:00 a.m. and return to the center around 3:30 p.m. \$10.00 per person, per trip. Drop off at casino front door. Register at the front desk. LIMITED SEATING; however we must have at least 10 people registered. No Refunds unless your spot is filled.

12th Annual Cleveland Senior Walk

Walk on Thursday, September 15th Rain or shine. Leave the Senior Center at 9:00 a.m. Additional information and registration forms available at the receptionist desk. FREE

Hospice Of The Western Reserve Warehouse Shopping Sales Trip

Friday, September 16th Leave the senior center at 9:00 a.m. and return to the center around 10:30 a.m. FREE No large items Please!

Grande Pointe Fun Bingo

Tuesday, September 20th – Leave the

Senior Center at 1:15 p.m. and return to the center around 3:00 p.m. Take a ride in our van to Grande Pointe in Richmond Hts. for a FUN BINGO including prizes & cookies. It's FREE – Register at the front Desk.

The Cleveland Museum of Art

Thursday, September 22nd Leave the center at 10:00 a.m. and return to the center around

2:00 p.m. \$5.00 per person. Lunch will be at your cost.

Greater Cleveland Aquarium

Thursday, September 29th Leave the center at 9:30 a.m. and return to the center around 3:00 p.m. \$20.00 member and \$30.00 non-member. Lunch will be at your cost. A big thank you to all of you who carpool together and offer others rides to the Center or to events. It's great to see. Thank you, thank you, thank you!

SPEAKERS

ESOP

Friday, September 9th – 11:00 a.m. Seniors are targeted by crooks to steal your money, credit, identity or even your medical benefits. Don't get ripped off. Find out how you can avoid scams, fraud and financial abuse. Come in join us for an informational workshop.

New Monthly Grief Support Group

Please join us for a new opportunity provided by the Euclid Senior Programs and Hospice of the Western Reserve. This monthly support group is for anyone who has experienced the death of a loved one whether it was a spouse, child, parent, sibling or friend. The topics to be discussed include normal grief reactions, complicated grief patterns, effective coping strategies, ways to honor and remember loved ones, and the importance of being heard. Please come and meet the group facilitator Kathryn Brown, Bereavement Coordinator on September 14th at 11:30 a.m.

Identity Theft

Friday, September 16th – 10:45 a.m. Gabby Jackson from Western & Southern Life will be here for a presentation to how you can “Protect Yourself against Identity Theft”.

Dementia Care

Thursday, September 22nd – 10:45 a.m. Hospice of the Western Reserve will discuss the causes of dementia and

prevalence of the disease, explain how person-centered care techniques can help manage difficult behaviors for patients with dementia and explain the benefits of hospice care.

Nutrition

Friday, September 23rd – 11:00 a.m. Ruth Rossi, RN from Mount St. Joseph Rehab Center will be here to talk to us about healthy nutrition, in the dining room.

Euclid Senior Center Hearing Clinic

Wednesday, September 28th – 11:15 a.m. Come learn about valuable services that can provide great benefits to your hearing health. Sponsored by: ClearCaptions, Holly's Hearing Aid Center, Medical Mutual and Exact Care Pharmacy.

Chair Exercise Presentation

Friday, September 30th – 11:15 a.m. Dr. Mary Carneval is a surgeon at Euclid Hospital and she will be here to talk about how to stay healthy after surgery. Come to this important and informative talk.

SERVICES



DPS

Tuesday, September 12th 10:00 a.m. to Noon & 12:30 – 1:30 p.m. 20 - Minute free consultations. Have a question for an attorney regarding estate planning, wills, trusts, Medicaid Eligibility, Long Term Care Needs, or Veterans Benefits? The attorneys at Daniel P. Seink Co. offer vast experience in the field of elder law. Founder and Managing Partner, Daniel P. Seink, is one of twenty Ohio attorneys certified as an Elder Law Attorney by the National Elder Law Foundation. Sign up for a 20 - minute time slot (FREE) at front desk. This service will continue on the second Tuesday of each month.

BENEFITS CHECK-UP - FREE

Monday, September 19th & 26th 9:00 a.m. – 1:00 p.m. Euclid Senior Programs also coordinates the Benefits Check - Up program at the Lakefront Community Center. Benefits Check - Up is a program to screen adults 60+ for over 70 money-saving programs:

prescription drug assistance, help paying Medicare premiums, helps with heating bills, phone discount, and much more. Call 216-289-2985 to schedule an appt.

Podiatrist

Dr. Hennie on Wednesday, September



14th 9:20 a.m. to 11:00 a.m. and House call Dr. Bangayan on Wednesday, September 7th & 28th at 9:20 a.m. to 11:00 a.m. Dr. Ferguson on Thursday, September 1st & 15th at 1:00 – 3:00 p.m. Call 289-2985 for an appointment at the center. Fee - \$20.00, with your membership.

HEALTH AND FITNESS

Chair Yoga - Mondays at 9:00 and 10:00 a.m. AC \$ 3.00 per class. Yoga – Thursdays at 9:00 a.m. Annex Room \$ 3.00 per class.

Tai-Chi – Tuesdays at 3:30 p.m. DR - Six week series - \$24, Drop-ins \$6.00 per class.

Billie Exercise Class – (Chair) Tuesdays & Thursdays 10:00 a.m. – Computer Room Line Dance - Thursdays at 1:00 p.m.

Free Blood Pressure Checks

Thursdays mornings 10:00-11:00 a.m. Please give your name to the volunteer and she will issue you a number. Wait in the hallway until your number is called.

Chair Exercise to Music – 11:00 a.m. DRA – Wednesday

Silver Sneaker Class - 10:00 – 10:50 a.m. – Dining Room Annex Mondays, Wednesdays and Fridays. Free with Silver Sneakers membership.

FUN AND GAMES

BEADING CLASS

Monday, September 12th -10:30 a.m. to Noon. FREE to members Sewing - 10:00 a.m. – Thursdays, AC

Quilting Class – 2nd & 3rd Thursdays - 12:30 p.m. – 2:30 p.m.

Pinochle Tournament – Fridays - 1:00 p.m. Computer Room.

Open Card Play –Wednesdays at 1:00 p.m. Card games Pinochle, Bridge & Rummy.

Bingo – Mondays, Wednesdays & Fridays 12:45 p.m. – Dining Room.

Pool Tournament – Friday, Sept. 16th 9:20 a.m. August winner – David Menefee

Crochet– 10:00 a.m. – Tuesday, AC

Adult Coloring - 12:45 Tuesday, AC

Chair Volleyball - 12:45 p.m. Dining Room – Thursdays

EDUCATION –SOCIALIZATION

Bible Study - non-denominational group is led by Artis Powell.

The group meets Tuesday mornings at 10:00 a.m. - Library.

Arts & Crafts - 10:00 a.m. Wednesday – AC

CARP Meeting

Thursday, September 22nd – 1:00 p.m.

American Red Cross Blood Mobile

Thursday, September 1st 1:30 p.m. to 6:00 p.m. Dining Room Annex.

AARP Meeting

Monday, September 12th – 1:00 p.m. Speaker Grace Wright, Manager of Euclid Hunger Center.

Book Discussion – September



12th

At 1:15 p.m. in the Senior Center Library. Jennifer from the Euclid Public Library will lead the discussion on the book,

“The Readers of Broken Wheel Recommend” by Katarina Bivald.

Post Office On Wheels Friday, September 23rd 10:45 a.m. -11:15 a.m. Special Services, Money Orders, Stamps & Packaging Supplies are available.

Learn Computer Skills

We have two opportunities for you to learn some computer skills. On Monday, September 19th at 1PM, join Autumn in the computer room to learn the basics. On Monday, September 26, at 1PM, join Joel in the computer room to learn a little more about computer use.

Low Vision Support Group Monday, September 26th at 10:00 a.m. If you or a family member suffers from Macular Degeneration, Diabetic Retinopathy, Glaucoma, Cataracts, Stroke to the Optic Nerves or other eye related problems. Ralph Johnson SW from Cleveland Sight Center

FLU SHOTS will be offered Monday,

October 3rd – 10:00 a.m. - 1:00 p.m. Flu shots will be FREE for any seniors who have Medicare (part B- the red, white and blue card).

Shots will be provided by Walgreens, but given at the Senior Center.

Nutritional Programs

Euclid Senior Center offers a lunch program Monday through Friday at Noon. We serve a nutritious meal that supplies 1/3 of your daily nutrition requirements. Our menus are written by a licensed dietitian to insure you receive a healthy lunch.

The suggested donation is only \$1.00. Reservations are to be made Monday, Tuesday or Wednesday, BY NOON for the following week. When reserving, please be conscientious and look ahead to make sure you reserve lunch for the days you know you will be here. We now have to report the number of no-shows and seconds. Please help us to lessen the no shows/seconds. You can help to make a difference. Thank you!

Get Well Cards

We will be glad to send a card to a member who is recovering, feeling down or just needs a little boost. Let Sylka know if you would like a card sent to another member to help brighten their day and give a little encouragement. 216-289-2985.

Welcome

We have a special group of seniors that join us every other Thursday. They are members of the Northern Ohio Senior Citizens of the Deaf (NOSCD), and they have chosen the Euclid Senior Center as the location for meetings. Please wave hello, and share a smile, with these awesome seniors. The Euclid Public Library recently

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Monday	Tuesday	Wednesday	Thursday
10:00 Coffee and chat with friends 10:30 Yoga/Meditation 11:30 Lunch 12:30 Line Dancing 1:00 Cards, puzzles, games	10:00 Coffee and chat with friends 10:30 SilverSneakers exercise 11:30 Lunch 1:00 Knitting group	10:00 Coffee and chat with friends 10:30 Various Activities 11:30 Lunch 12:30 Bingo	10:00 Coffee and chat with friends 10:30 SilverSneakers exercise 11:30 Lunch 12:00 Bible study 1:00 Computer lab open Movie afternoon
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