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The

Collinwood

Observer

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Volume 11 • Issue 2

February 2019

Oliver H. Perry students get with the times



by CMSD News Bureau

Students from Oliver H. Perry PreK-8 School moved just across the property to a new building on Jan. 24.

But the upgrade advanced their educational environment by nearly a century. The school they left behind dated to 1927.

“That really was an old building with old problems,” media specialist Virginia Weedon said. “The media center was boiling hot. Sometimes you had to open a window in the freezing cold, and it was hard to get the window down again.”

Students had waited and watched the construction next door for months, then a weather-related closing pushed back the move-in date another 24 hours.

Jaden, an eighth-grader who has attended Oliver H. Perry since kindergarten, described coming to the new building as “a relief.” The first child through the door, a kindergartner named Makiyah, was awed by what she saw.

“It was amazing,” she said. “I love my new school.”
(continues on page 3)

Say Yes to bring scholarships, services for students

by CMSD News Bureau

Cleveland has been become the fourth chapter of Say Yes to Education, a historic development that will bring college scholarships to CMSD students while also providing services designed to keep them on track to graduation.

For a city with the nation’s second highest rate of child poverty and a low percentage of college graduates, the move promises to be a game changer. Besides opening doors for students who may have once dismissed post-secondary education as unaffordable, creating Say Yes Cleveland has the potential to attract new residents and spur economic growth.

Philanthropist George Weiss, who founded the national nonprofit Say Yes organization 31 years ago, announced Cleveland’s selection Jan. 18 at the John Marshall Campus. Students who packed the gym stood and cheered, while others saw the event live-streamed in an overflow area and high schools across the District.

“Say Yes to Education is the right thing at the right time for the Cleveland schools, for the city of Cleveland and for you,” said Mayor Frank G. Jackson, who joined other community leaders in applauding the news.

How the scholarship plan works

Starting this spring, students can receive
(continues on page 3)



CLEVELAND PUBLIC LIBRARY COLLINWOOD BRANCH IS BACK!

Cleveland Public Library completes important branch repairs in time for the new year.



by Caroline Peak

January 24, 2019 COLLINWOOD, OH – On Saturday, December 29, 2018, the Collinwood Branch of Cleveland Public Library reopened its doors and welcomed patrons back following a temporary closure for repair work. Coffee was served with a side of light refreshments as community members viewed the important maintenance work completed during the closure (see below for more details).

Many patrons noted the improvements along with County Councilwoman Yvonne Conwell, President of the Bond Accountability Commission-CMSD Don Brown, and members of National Congress of Black Women Greater Cleveland Chapter. An outreach representative from the Library’s longtime community partner, the

Greater Cleveland Food Bank, stopped in to say hello and bring fresh fruit for all to share.

“We are so pleased,” expressed Caroline Peak, Branch Manager at Collinwood. “The updates will help all of our patrons be more comfortable and help us better serve the Collinwood community.” The day was topped off with an interview by Manager, Caroline Peak with TV 5 to help spread the word on the re-opening

A larger grand reopening reception on Saturday, January 5 featured Ward 8 Cleveland City Councilman Michael Polensek; Ward 10 Cleveland City Councilman Anthony Hairston; County Councilwoman Cheryl Stephens; Harriette Parks, the Library’s Director of Branch Libraries; and Tana Peckham, the Library’s Chief Market-

ing & Communications Officer. During the reception, neighbors visited with one another while children were entertained with balloon sculptures. Mary Louise Dailey of Collinwood Reads and Elva Brodnick, Chair of the East 185 Block Association, provided free books and activities at the event.

Collinwood was the last of nine Cleveland Public Library branches to undergo important maintenance work in 2018, ending an initial stage of the Library’s branch revitalization project.

“This is just the beginning,” said Felton Thomas, Jr., Executive Director and CEO of Cleveland Public Library. “When the public renewed and increased our levy in 2017, they allowed us to reimagine our branch
(continues on page 3)

REC CENTER

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Bumblebee and Spiderman into the Spider Verse
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COMMUNITY

News You Can Use From North East Shores Development Corporation



by Board of Directors
Northeast Shores Development Corporation
Here's the Update . . .
Without a doubt, the last few years - and especially this past summer - have been a whirlwind of rumors, conjecture - and questions - about the Northeast Shores Development Corporation, and its future.

Prior to the resignations of the former Board of Directors of NSDC, which took effect on October 31, three new Board members were elected for terms, which began on November 1, 2018, and the new Board elected one additional member. We are:

- Caroline Peak- President
- Elva Brodnick -Secretary
- Rhonda McLean -Treasurer/ Vice Chair
- Crystal Williams-Property Expert

At our Annual Meeting on January 15, 2019, consisting of 2018 members in good standing approved the following:

1. NSDC's bylaws were revised to accommodate the work of the group to comply with Ohio Secretary of State minimum

standards and approved by the body.
2. Current Board of Directors were unanimously voted into office again.

After the balloting, the floor was opened to Q&A. Answers were:

- Cleveland Neighborhood Progress (CNP) is supporting the Board of NSDC in developing a property disposition plan for the properties in the NSDC portfolio (many of which are encumbered by a \$1.5 million blanket lien incurred to fund renovation of the LaSalle).

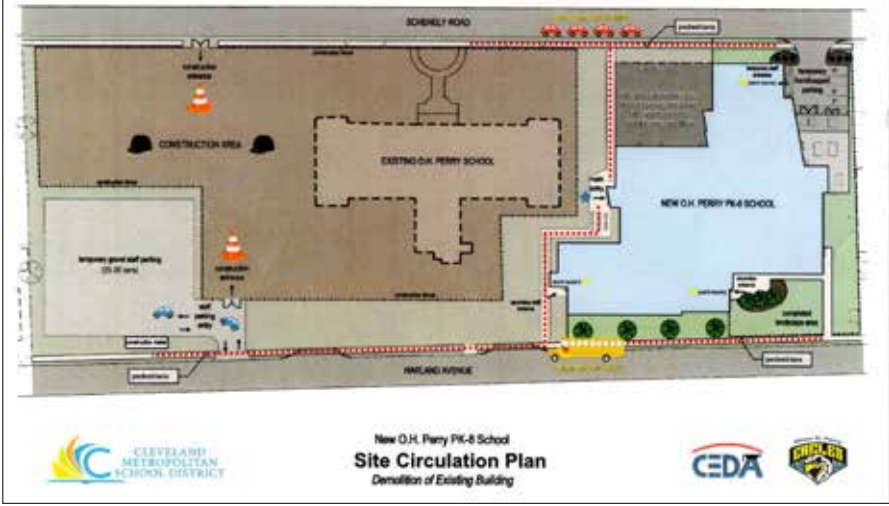
- That NSDC is vacating their office space at Hospice by the end of March and no longer has staff;

- That the Councilman Polensek, the City of Cleveland and CNP are working closely together through this transition; Rest assured that this Board is working hard to resolve NSDC's affairs. We will, of course, report on our progress in doing so, as our work continues.

Meanwhile, we thank you for your patience, and support, as we go thru this process.

Sincerely, Board of Directors
Northeast Shores Development Corporation

E 185th Neighborhood Association All About Our New O H Perry School



by Elva Brodnick

Our January meeting featured Patti Choby, from the Cobalt Group, who has been coordinating the planning and building of our new Oliver Hazard Perry School.

Best news is, the students at O H Perry move to their new school on January 24th. Because of the needed timeline to begin demolition of the old building, this will be a "soft" opening, with a full Grand Opening, and formal dedication, happening come spring (after the old building is down, hopefully.) And, the build project is done ahead of schedule!

Other details going forward about the new O H Perry School covered:

1) Navigating around the school: buses will be using Harland Ave to access the school, while student drop off will be on Schenley Rd. This plan is to keep traffic off the streets. (The traffic plan is included here.)

2) Certain architectural details of the old school are earmarked to be salvaged, and will be incorporated in the new school. Meanwhile, the pre-demolition abatement will begin, as soon as the new school is open.

3) There will be a temporary banner with the school name, for just a while. The Board of Education has to formally pass a resolution to open the school, at which time the permanent name sign goes up. The name, of course, will stay the same, as this community wanted. (It was also noted that CMSD does not change school names,

when new schools are built; this is CMSD's regular policy with new school buildings.)

4) CMSD will be launching a Long Term Planning initiative, to get community input into CMSD's future. (The E 185th Neighborhood Association has offered to be one of these meetings. Stay tuned for future details!)

The meeting continued with our local Fifth District Community Engagement Officers (CEOs) Sabrina Walker and Aarius Waters updating members on recent crime in our neighborhood, and taking questions to follow up with.

Councilman Polensek then had news about several upcoming projects. First was that the redevelopment of Longfellow School into senior housing is on track. Then an update on the upcoming sewer and road project down E 185th, from Pawnee to Marcella. This \$14 million project will be done entirely by boring underground, to keep traffic moving, then the street will be redone from curb to curb.

As always, we invite you to check out your local Neighborhood Association - the meetings are always listed in the Community Meetings calendar here in the Collinwood Observer. This is your regular chance, to talk to both the Councilman, and our local Police District - and it's a great way to be active in this community of ours. Look forward to seeing you! (And bring a neighbor!)

Hiring Be a part of the solution

by Breana Sweeney

Young Leaders Program is hiring for different positions for our non profit organization. We are looking for individuals who have a passion for their community and

really want to make a difference. We are looking for things such as service specialist, treasurers & co treasurers for more info on our positions call us at 216 6225849

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COMMUNITY

Clevelanders Banking on Food Bank to Hear Them

by Jordan Moul

Imagine, for a moment, that you cannot afford to purchase food for yourself or your family. With food stamps providing enough to get about \$15 each month, there is often very little that people can buy with that much money, as it only provides \$.50 each day if they are used evenly throughout the month. For many Cleveland families, this is not imagination. These hardships are equally met

Since it was founded in 1979, the Greater Cleveland Food Bank has grown into the largest hunger relief organization in Northeast Ohio. According to their website, the Food Bank has delivered 57 Million meals in 2018 alone, they are connected with 940 local food pantries. The organization has grown significantly in their time. Inevitably, with service come complaints from those being served. These complaints were typically about food going bad too fast for people to eat it. Still others were in regards to those providing service, and how the consumers are treated rudely, particularly in East Cleveland.

When we asked residents of apartment complexes in East Cleveland about their experiences with the Food Bank, we saw a pattern. One was that the meals being distributed are rarely, if ever, adjusted for dietary restrictions. Others said that there was very little concern for cultural sensitivity in their meals. A resident of the Terrace Towers apartment complex, Mallronda M., went so far as to say "Cultural sensitivity is

there, but it isn't...In slavery time, they gave us the scraps, and the scraps were leftover from dinner. So, whatever you had that day from the high class people, it just came down to us. And that's what it is. It is culturally sound, but it's only culturally sound with slavery." While it may seem like this is a harsh comparison, the fact that rotting food seems to be a common complaint among the consumers gives Mallronda's claims merit.

Similarly, another Food Bank consumer, Nicole S., also felt that both the cultural sensitivity and regard for the consumer's mental health were lacking. "Spices should be culturally thought about when they supply the food. Also, some food comes in big piles that can be overwhelming and not useful...if you're already stressed and depressed, you can't figure out what to do with a pile of food. There should be a helping process from the distribution by them providing spices, a pot or pan, or spoons or anything."

One resident of the Kingsbury community, William Y. gave a differing, but balanced opinion on the subject. He did agree that food is occasionally rotten, or growing mold upon arrival, he said such problems are minimal compared to the good food banks and food pantries do for the community as a whole. He said food on the verge of going bad could be a blessing to those who really need the food. His rationale behind this is because people who need these organizations typically don't have the luxury of

being picky about what food they're given, they just need food.

William also mentioned a few problems he's noticed while he's been a consumer of the Food Bank. Namely, a lot of people who complain about what is being given can afford to buy food on their own, so they can afford to waste food. To paraphrase his words, those who use the food bank while they can afford their own food are really only there to get more, due to a sense of entitlement. While it is difficult to verify William's claims, he does provide food for thought on the matter. If a high number of people are taking advantage of a charity being provided, then that makes it harder to provide enough fresh and healthy foods to those who really need it.

When looking at how food banks and food pantries operate, it is important to note a few things. A food bank has the role of wholesale and distribution to the food pantries. It's the food pantries that distribute meals and groceries directly to the consumers. Additionally, these organizations are non-profits, relying on donations, and government funding to operate. Those donations can take the form of money, or food and other groceries.

When they donate, individuals, restaurants, canned food drives, and grocery stores have a tendency to send what would normally go unused. This typically means food that is close to its expiration date, or canned goods with very poor nutritional value. As non-profit

organizations, food banks don't have the luxury of being too picky about what food donations they accept, so, after inspecting the goods to make sure the packaging isn't damaged, and the food isn't going bad, whatever passes that process is added to what is distributed.

There were a few other issues, brought up during the interviews at Terrace Towers and Kingsbury Tower, that should be questioned. Is it really the responsibility of a Food Bank/Food Pantry to consider the cultures of the consumers? And if the consumers are throwing away food based on brand recognition, do they truly need the food bank to afford food? The role of a food bank is to provide charity for those who cannot afford to buy their own food.

There are a number of ways the food bank can improve, which the consumers mentioned during our interviews. First, food donations need to be more thoroughly checked, and leftovers from restaurants should only be accepted if they're non-perishables. If food would not pass health codes for restaurants, then it should not be accepted as a donation. For the complaints that food is worse than what would go to a dog, while the food being donated does not need to be the highest quality, nor does it necessarily need to be the greatest brands. It should, however, be adequate for human consumption.

Friends of Euclid Creek Announces Environmental Studies Scholarship



by Elizabeth Hiser
South Euclid, OH, January 07, 2019 - The Friends of Euclid Creek (FOEC), a grass-roots, non-profit charitable organization

which advocates for the health of the Euclid Creek watershed is pleased to announce its sixth annual scholarship in environmental studies. This scholarship was created to aid at least one deserving student in his/her pursuit of a degree in environmental science, including engineering, hydrology, ecology, geology, biology or other fields related to environmental studies.

FOEC is currently seeking applications from high school seniors or college students who are passionate about their study of the environment. At least one \$1,000.00 scholarship to pay for tuition of books will be awarded in May 2019.

Applicants must not have received a previous scholarship from the Friends of Euclid Creek. FOEC could give preference to a student who attends or has attended a school located in Beachwood, Cleveland, Euclid, Highland Heights, Lyndhurst, Mayfield Heights, Pepper Pike, Richmond Heights, South Euclid, Willoughby Hills, or Mayfield Village - the communities in the Euclid Creek watershed. Applicants will be evaluated on the basis of their background and their potential to make a contribution to environmental studies or a related field.

Interested students must submit a one to two-page letter describing their career goals, past volunteer work related to environmental studies, and significant achievements to date. Applicants also must provide a minimum of one letter of recommendation from a teacher, counselor or community member. The scholarship winner(s) must agree to provide a written report by February 1, 2020 describing how they spent their scholarship money to advance their education. Additionally, FOEC will invite all past and future scholarship winners to attend the FOEC annual meeting and picnic in order to report on their accomplishments.

All application materials must be postmarked on or before April 1, 2019. They should be mailed to the Friends of Euclid Creek at P.O. Box 21384, South Euclid, Ohio 44121, unless the applicant has reached an agreement with FOEC to submit them via email. Applicants must also be willing to interview with FOEC members, upon request.

Questions concerning the scholarship or application process may be directed to FOEC member Jeanette Evans via email at: jeanette.evans@sbcglobal.net. Information may also be obtained at the organization's website: <http://www.euclidcreekwatershed.org>, click on 'Programs' and 'FOEC Scholarship'.

The Friends of Euclid Creek organization is again delighted to offer this scholarship opportunity and looks forward to helping a passionate student realize his or her educational aspirations.

The Friends of Euclid Creek's mission is to raise awareness about and preserve the natural features of the Euclid Creek watershed.

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EVENTS

Nan’s Notes

by Nan Kennedy
THE STREET IS COLD. GALLERIES ARE WARM. TO DO THIS Month
Monday and Tuesday, go to the Young Playwrights performances at Waterloo Arts. Eat Citizen Pie’s calzones and Callaloo’s grilled chicken and Bonn Rassavong’s Hokkido bread sandwiches.
At Praxis ‘A Commonplace’ - Opening Feb 1, 6-9pm. Closing reception March 1st, 6-9pm
A show of fiber and paper works by Melina Bishop from Portland, Oregon, and Cleveland artists Rebekah Wilhelm and Ash Fiasco.
Tie-Dye Fun with FOEC Thursday, February 7, 2019 at 6 PM – 8 PM
FOECPresident@gmail.com or call 440-605-1543 and please include your shirt size.
CityMusic Friday, February 15, 6:30 p.m. Studios for Rent
AT THE BEACHLAND
The 9th Annual Sweetheart Showcase – Broadway Friday February 8
Ohio Burlesque is bringing a fun Broadway-themed burlesque show to the Beachland. Reserved seating is available, and cabaret VIP tables will be on sale January 10th.
Concert for Truth – Plain Dealer News Guild Saturday February 9
Tickets off sale. Alex Bevan, Rachel Brown, Michael Stanley, Austin Walkin’ Cane, Diana Chittester, Leonardo DiCosimo, Afi “I Play Bass” Scruggs, Tony Erba, Dr. Joe and the Squeeze Play, Colin Dussault, John Handy, Brent Kirby, Ray Flanagan. All proceeds will benefit Local 1 of the Northeast Ohio Newspaper Guild and its Plain Dealer union members.
Northeast Ohio Drum & Music Jam –

February 21
At BRICK Ceramic: Love After Babylon Friday, February 1; Free Ceramics Classes for Kids BRICK
ALONG THE STREET
At Classics Bar and Grill
The Gold Building . . . Will Rise Again! STAR POP vintage + modern: Barbie Dolls!
AROUND THE NEIGHBORHOOD
Free Housing Clinic February 6
Free Foto Class at the Rec Center
Humphrey Popcorn Is Back in the Neighborhood
The Standard Bistro has changed owners. At GamerHaven: Resume Pros and Wine Down Wednesdays
OF INTEREST TO THE NEIGHBORHOOD
Youth Poetry Slam Finals at CPT Sunday, February 3
Polka Hall of Fame Ball Friday, February 15
2019 Zerolandfill Dates
Collinwood Takes MLK Day Seriously Give Box - Cleveland
UpStage Players “The Lion King “ March 22, 23, 24 and 25
At the Libraries
At the Market
AND IN EUCLID
The Lake Erie Folk Fest February 23
The Gold Building . . . Will Rise Again!
You can’t tell by looking, but progress is being made (if you peer very closely, you’ll see that some of the windows are no longer covered by gold paint; that’s because work has started on the inside). The roof is patched and the gutters and downspouts set up to take water away from the building. Electricity should be installed any day, water is in process. Mike is working with an architect and engineer on a permit set

of plans to address the renovation. Some units are being cleaned out, and a sort of “model suite” will be set up soon.
What is even more invisible is the effort it took to save the building from being torn down. Talks. More talks. Phone calls. Emails. A walk-through. More talks. Thank you, Councilman Polensek, Mike McBride, Jamar Doyle and Amy Callahan, and finally Gus Frangos of the Land Bank, for going on talking till you got it figured out. The Land Bank has released the Gold Building to CNVDC, which will sell it to Mike McBride, a neighborhood developer with a great record and even greater patience. If you know a maker or a business who yearns for space on Waterloo, put them in touch with McBride in a month or so, when the model suite is ready.
STAR POP vintage + modern
The creator and producer of Netflix’s The Toys That Made Us, Brian Volk-Weiss, visited Cleveland’s STAR POP vintage + modern and picked up some vintage toys for his personal collection! We had a great time talking toys with him and we’re definitely looking forward to season three of the show. We just put out a ton of vintage magnets at Cleveland’s STAR POP vintage + modern. Most of the magnets were souvenirs from cities and states around the USA, but there’s other fun stuff mixed in as well. We did markdowns on almost all of our existing magnets before we added this new stuff. Most, but not all, of the magnets are either \$0.50, \$1, or \$2 each.
We have almost eighty Barbie dolls in stock (do I detect a note of panic? 80 Barbies coming alive at midnight?) that are between \$4 and \$10! That’s not counting the other six shelves of dolls, organized by price, so that it is easy to stay on budget,

or to find a real treasure! Valentine’s Day is approaching and we definitely have some great gift worthy dolls in stock! The dolls in the photo are \$10 each.

Free Housing Clinic February 6
6 – 8 pm at the Rec Center. Judge Ronald J H O’Leary will cover landlord and tenant rights, eviction, programs for homeowners, purchasing vacant homes and many other issues. A long list of other city agencies will also be on hand. For details, go to clevelandhousingcourt.org; the Rec Center event is the first on the 2019 list.

Humphrey Popcorn Is Back in the Neighborhood
The Humphrey Popcorn shop at the LaSalle will hold a grand opening on January 26; expect many popcorn flavors and lots of vintage photos. Hours will be Tuesday-Friday 11-5; Saturday 11-2.

At the Market
On the day of the Big Blizzard (otherwise known as Cleveland in winter), I got butter, eggs, cheese and coffee at the market, while passing up apples, spinach, salad greens, tiny potatoes and – a lot of other stuff. Kevin and Andrew, meanwhile, were getting ready to discourse of fried chicken. More demo’s coming up:
February 9th tamales
February 23rd pretzels /bagels
March 9th sausage and corned beef
March 23rd mozzarella and paneer
March 30th French toast breakfast
April 13th pasta
April 20th natural egg dying

Lake Erie Folk Fest returns to Shore this month!



The Chardon Polka Band will perform in the evening concert at the Lake Erie Folk Fest, and play for a Community Dance during the day.

by Chris Cipriani
Once again, the halls, classrooms and auditorium of the Shore Cultural Centre will resonate with folk and traditional music on Saturday, February 23 from 1:00pm-10:00pm. The fourth annual Lake Erie Folk Fest will take place throughout the building with 40+ FREE Community Concerts, music and dance workshops, community jams, kids’ activities, dances and more, 1pm – 6pm, including:
– Community concerts with Gretchen Pleuss, Olivia Martinez, Lea Marra, Eden & Lukas Pool, Bob Frank, Paulo Costa Trio, Thor Platter Trio
– Special Performance by the Euclid High School Drumline
– Dance workshops: Dance Calling with Emily Rainbowface Able, Classical Indian Dance with Shri Kalaa Mandir, African Dance with TamTam Magic
– Shapenote singing
– Old-Time Banjo Summit with Richie Stea-

rns, Lukas Pool, Mark Olitsky and Doug Ungar
– Irish Whiskey and Flute jam with Brian Bigley
– Fiddle from Scratch with Bruce Tackett
– Spoken Word workshop and open mic with Twelve Literary Arts
– Music workshops in ukulele, guitar, song-writing, mandolin, more!
– Polka with the Chardon Polka Band
– Old-time, bluegrass and Irish community jams
– Kids workshops & activities
That evening at 7:30pm, the Shore Auditorium comes alive with an eclectic array of music in a day-ending concert. Featured that night will be New York-based Americana duo Richie & Rosie. Before joining forces, both members were well established within the Ithaca, N.Y. old-time music community. Rosie has toured with multiple bands, including an appearance while she was in high school with



Robin Echols Cooper will present “More than a Story!” for kids during the day at the Lake Erie Folk Fest.

folk-rock band The Mammals, and Richie has performed internationally with bands such as Bela Fleck, Pete Seeger and David Byrne.
Sharing the bill that night will be Journeywork, a traditional Irish band, and also guitarist Jim Volk who incorporates traditional fingerstyle and electric guitar techniques for a truly “modern acoustic” presentation. Shri Kalaa Mandir, with classical Indian music and dance, will perform in the evening concert. Their dancers have been featured at the Cleveland Museum of Art, Playhouse Square, Cleveland Public Theatre, and more. The Chardon Polka Band brings modern polka music to a new generation and will join the lineup. They have become a well-known act in the fall Oktoberfest circuit, headlining at some of the nation’s largest seasonal events. General admission tickets for the evening concert are \$10 in advance and available online at www.shoreculturalcentre.com. Tickets are \$15 the day of the show.

EVENTS

Swing Your Sweetie at the Polka Hall of Fame Ball, February, 15

by Joe Valencic
Waltz away your winter blues with the Eddie Rodick Orchestra at the National Cleveland-Style Polka Hall of Fame Sweetheart Ball, Friday, February 15th, 2019, at the American Croatian Lodge Party Center, in Eastlake, Ohio. You can swing your sweetie to the finest Cleveland-Style polka music.
Treat your date to dinner, 5:00 until 8:00, and stay for the dance, 6:00 to 11:00. Enjoy schnitzel dinners, sausages and many nationality treats catered by Dubrovnik Gardens. In appreciation of all the continuous support at all our events, this night we will be giving away more than sixty prizes. Your entrance ticket could be a winner.
Eddie Rodick is a Polka Hall of Fame legend, so you can expect an evening of potent polkas and elegant waltzes, sure to delight the most discriminating dancers.
The American Croatian Lodge is located at 34900 Lake Shore Boulevard, Eastlake, at Route 91 (SOM Center Road). Save \$2 on each advance ticket, \$10 through the Polka Hall of Fame, 605 East 222nd Street, Euclid, next to Euclid City Hall. (Open Tuesday, Wednesday, Friday and Saturday from 11:00 to 4:00.) \$12 dollars at the door. Din-

ners and sandwiches sold separately. 18 and under free. Call (216) 261-FAME. Online at Polkashop@aol.com.



Accordion legend Eddie Rodick leads his orchestra at the Polka Hall of Fame Sweetheart Ball at Eastlake’s American Croatian Lodge, Friday, February 15.

Register Today for the 3rd Annual “Big Clean”



Registration for individuals and organizations - in both Euclid and Collinwood - will be hosted on the City of Euclid’s website, cityofeuclid.com. Simply click the “Big Clean” icon to be routed to the registration page.

by Allison Lukacsy-Love
In December 2017, Euclid City Council The snow has fallen, trapping wrappers, bottles and other litter until the spring melt when the trash reappears along city streets. It is not a pretty visual, but YOU can help make a difference in the appearance of a cleaner, more beautiful Euclid.
Register today for the third annual Euclid v. Collinwood “Big Clean” Great American Cleanup on Saturday, April 6th, 2019 from 9am to 1:30pm at Villa Angela – St. Joseph High School.
Euclid volunteers are the undefeated champions so gather your family, friends, coworkers, neighbors – EVERYONE – and let’s sweep the Collinwood “competition” again this year!
Registration for individuals and organizations - in both Euclid and Collinwood

- will be hosted on the City of Euclid’s website, cityofeuclid.com. Simply click the “Big Clean” icon to be routed to the registration page.
Want to help plan the “Big Clean”? Join us for an upcoming “Keep Euclid Beautiful” meeting on Wednesday, February 13th, 2019 at 6pm at Euclid City Hall (585 East 222nd Street).
The “Big Clean” is a free event made possible through monetary and material (trash bags, gloves, t-shirts as well as food and drink) donations. If you would like to sponsor the “Big Clean”, please visit the City of Euclid’s website or contact Linda Beck at the City of Euclid. For more information on how to get involved in creating a beautiful Euclid, email Linda at LBeck@cityofeuclid.com to join the KEB mailing list.

National Cleveland-Style Polka Hall of Fame Sweetheart Ball

Friday, February 15, 2019

Featuring the Eddie Rodick Orchestra

American Croatian Lodge Party Center
34900 Lake Shore Boulevard Eastlake, Ohio

Dance Ticket Admission \$10 in advance \$12 at the door
Advance tickets available at The Polka Hall of Fame Call (216) 261-FAME

Dinner by Dubrovnik Gardens for Purchase from 5:00 pm to 8:00 pm
Polka Music from 6:00 pm to 11:00 pm

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SCHOOLS

You're invited to New Tech Collinwood's Parent Happy Hour

by Sharon Kidd-Lewis

We are delighted to invite you to our very first "Parent Happy Hour" at New Tech Collinwood. The event will be held on Friday, January 25, 2019 from 4:00-6:00PM in the Multi-purpose Room. At this event the first 50 parents and/or guardians will receive a "Carry Bag Kit", filled with carefully selected resources to help parents and their scholar make a smooth transition to high school. The carry bag kit includes the following resources:

Parenting Corner -- Plan For High School Success! Your Guide To Helping Your Teen Succeed In High School
Starting High School -- Keeping Tabs On

Your First Year And Beyond

Study Skills -- Keeping Tabs On Ways To Boost Your Success

Help Your Teen Succeed In High School!

This event is completely free to parents and guardians and students are welcome. Appetizers and Mocktails will be served.

Following the "Parent Happy Hour" Collinwood's Varsity Basketball team will compete against the East Tech Scarabs. Tip-off is at 6:30PM

For more information please call 216-838-0500.

We would like to thank you in advance for your support to make this a very valuable and worthwhile experience.

Scaffolding in the Classrooms of New Tech Collinwood



by Sharon Kidd-Lewis

In preparation to welcome our scholars back from winter break to New Tech Collinwood, Principal Mary E. Miller organized an amazing professional development on "Instructional Scaffolding", with guest speaker, Drew Schrader from the New Tech Network.

Instructional Scaffolding is a process through which a teacher adds supports for students with the goal of enhancing student learning which aids in the mastery of tasks. A teacher does this by systematically building on students' experiences and knowledge as they are learning new skills. Scaffolding allows scholars to build confidence that helps them tackle more difficult tasks and can help

motivate students to succeed. As students become more proficient, they desire to learn more and more about the subject. Rather than becoming overwhelmed by a task that seems impossible, students are motivated to prove themselves.

Instructional Scaffolds promote learning through dialogue, feedback and shared responsibility. Through the supportive and challenging learning experiences gained from carefully planned scaffolded learning, New Tech Staff can help our students become lifelong, independent learners. Principal Miller is leading her staff through a yearlong focus on analyzing student work and implementing supports, to increase student achievement.

Lakeshore Intergenerational School is now early enrolling students for the 2019/2020 school year!

by Kaitlyn Taranto

Lakeshore Intergenerational School has begun Early Enrollment for students entering Grades K-7 for the 2019/2020 school year! Attend one of our upcoming information sessions to learn more about the school, and take a tour!

February Information Sessions:

February 6 @ 8:30am

February 9 @ 2:00pm

February 12 @ 6:00pm

February 21 @ 11:30pm

February 28 @ 6:00pm

About LIS:

Lakeshore Intergenerational School is the Collinwood campus of our three city-wide

Intergenerational Schools, nationally recognized for our innovative intergenerational approach to learning. The school opened in 2014, with plans to grow to serve over 250 students in grades K-8. Our school was founded on two mainstay principles: 1) learning is a lifelong developmental process, and 2) knowledge is socially constructed. Our students are challenged, nurtured, and encouraged by teachers, peers, and senior mentors in multi-age clusters on their journey to becoming lifelong learners.

Interested in enrolling your student and want to learn more? Reach out to Kaitlyn Taranto at KTaranto@igschools.org or 216-586-3872.

Without Tri-C®, I wouldn't be where I am today.

SUPPORT

Valencia Collins enrolled at Tri-C to earn a nursing degree, and today she has a job doing what she loves.

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A CMSD Communications Publication



“All Are Welcome”



OLL Welcomes New Members on their RCIA Journey

RCIA (Rite of Christian Initiation of Adults) is the preparation process by which the Catholic church assists those who feel called by God to become a Christian (through baptism) or a Christian who de-

sires to become Catholic (through a profession of faith).

To mark and celebrate special stages or moments of their journey, we celebrate special “rites” in which we publicly pray together for and with those preparing for baptism (known as “catechumens”) and



those who will make a profession of faith as a Roman Catholic (known as “candidates”).

Below are photos from the first of our special “rites” we recently celebrated with our parish “catechumens” and “candidates” Our parish “catechumens” preparing for baptism include: David & Miranda Emick,

Gabriella Nichols and Miranda Speck. Our parish “candidates” are: Ryan Zimmerman and Elyse Keefe.

We welcome anyone, at any time, who feels called to learn more about our Catholic Christian faith community and tradition.

Science Fair Shows Strong STEM Skills



The 8th Grade students at Our Lady of the Lake got the chance to show their science skills in January, when they shared their projects at the school’s annual Science Fair. This year’s projects were particularly strong, and judges were impressed by the quality of the work, and the amount of time and atten-

tion that went into the presentations.

STEM remains an important focus in an education that prepares students for today’s jobs and technology. OLL students are fortunate to have STEM programs at all grade levels, as well as technology in every classroom.

OLL Signs 10th Microloan



Three years ago, Our Lady of the Lake began the process of creating their innovative Microloan Program, looking for a way to offer more than just a hand out to hard working people in the community who wanted ways to better their lives. Since then, the Microloan Program has supported an array of small local businesses and start-ups, from a thrift store to a cleaning service, and much more.

In January, OLL kicked off the new year

by making their tenth Microloan, to Asu Pelima at African Variety Market on Lakeshore. Asu has plans to expand his business, bring more unique African products to the community, and possibly explore other delicious options like ready-made meals. Customers travel from throughout the area to get his products, and neighbors also love to stop in for his friendly service. If you haven’t met Asu, stop in the shop and join us in wishing him well as he grows his business!

Join Us for Ash Wednesday

Ash Wednesday will be on March 6 this year. All are welcome to join us at Our Lady of the Lake, as we begin the season of Lent.

For information about Mass times, please visit our website at www.OLLEuclid.org.



State Testing Practice



We are getting ready for the state test. Go to the Ohio State Tests Portal and click on “Students and Families” for many resources. Click on the bicycle to take practice tests!

Preschool Visitors

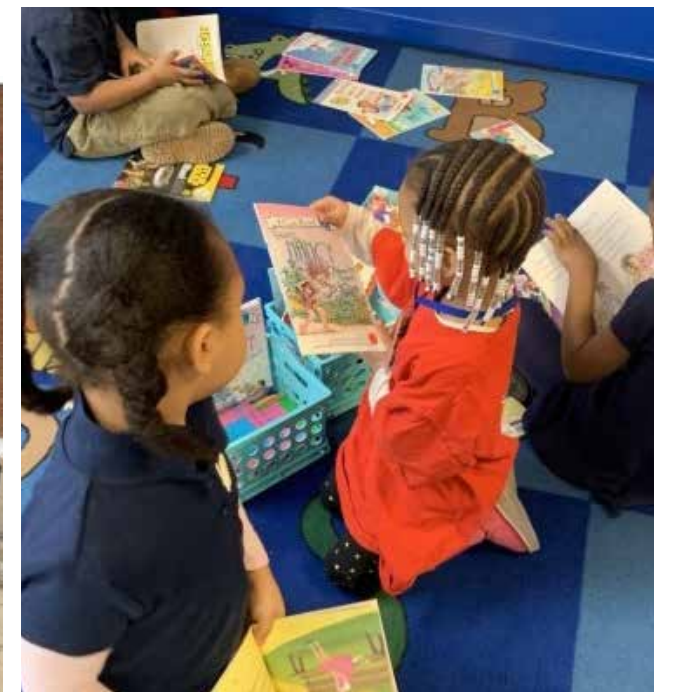


Students, Parents, and Teachers from Carl B. Stokes Head Start visited Imagine Bella Kindergarten Classrooms

Students from Carl B. Stokes Head Start came to visit Imagine Bella and learn more about Kindergarten. Our Kindergarten students loved showing off their classroom to their visitors and telling them all about

school at Imagine Bella. We can’t wait to see them join the Imagine Bella family soon! If your preschool or daycare would like to schedule a day to visit Kindergarten, call the main office at 216-481-1500

Sign up now for Kindergarten at Imagine Bella! We also offer an early Kindergarten program for students who turn 5 by December 31st. Stop by the office or call 216-481-1500 to sign up today!



Kindergarten students enjoyed reading to our preschool visitors.

National School Choice Week



Imagine Bella students participated in National School Choice Week this year with a big parade! All students received a yellow school choice week scarf which was just in time for the snowy and cold weather! Since it was chilly outside, students paraded through the halls of the school. As students

visited each floor they said cheers, carried banners, and signs they made about how much they love their teachers and school.

Thank you to all the parents, students, and teachers who choose Imagine Bella and make it awesome!! #NSCW

House Meetings



Adkeysiga house meeting in the dance room!



Self Ulwazi sending big smiles with Mr. Mathews!



Ujima teachers and students show their house pride!



Unhu house party in the cafeteria!

V Villa Angela-St. Joseph High School

Faith. Family. Future.

VASJ to hold gala at historic LaSalle Theatre

Villa Angela-St. Joseph High School has been a landmark in the North Collinwood area since it was built in 1950. Today, the school's President, Mr. Bill Cervenik '72, announced the school will be partnering with The LaSalle Theatre, a building with an even longer history in the area, for its annual Continue the Dream gala on Saturday, February 23, 2019.

The LaSalle Theatre, which was built in 1922 and closed in 2008, was recently transformed and reopened after undergoing a multimillion-dollar renovation. The brilliant LaSalle marquee and ornate interior have been restored, offering a unique space for weddings, performances, meetings and more.

"The LaSalle Theatre and Villa Angela-St. Joseph High School have long been area landmarks both of which have provided the community, our families, alumni, and friends with many wonderful memories," Cervenik says. "We are certain that the gala attendees are going to love being back in the theatre while raising money for a great cause."

The Continue the Dream event is Villa Angela-St. Joseph High School's biggest yearly fundraiser. The school has experienced tremendous growth over the past eight years, helping students to grow spiritually, academically, and personally.

The theme for this year's event, Red Carpet, promises to be a fun evening of glam and glitz, offering unique and desirable auction items along with a delicious assortment of food provided by Taste of Excellence, all focused on a great cause: The continued success of Villa Angela-St. Joseph High School and its students.

This year's Red Carpet event is sure to make guests feel like royalty, beginning with complimentary valet parking.

Thanks to the generous

support of sponsors, donors, bidders, and guests, last year's event was a huge success.

In order to make this year's event just as successful, the school is asking for support in the form of auction item donations, event sponsorships, and advertisements

in the event program booklet.

More information on ticket sales and support opportunities can be found at vasj.com/continuethedream.

By supporting VASJ's Continue the Dream annual gala, you are helping the school continue to

educate students and transform lives through faith and academic excellence, making the Euclid and Collinwood area a better place to live and work.

For more information, contact Director of Communications Emily Robinson at erobinson@vasj.com.

VASJ is a *faith-based* educational *community* that accepts you for *who you are* and helps you become the person *you want to be*.

OPEN HOUSE
March 21
6 p.m.

VASJ.COM/ADMISSIONS

VILLA ANGELA-ST. JOSEPH HIGH SCHOOL
18491 Lakeshore Boulevard • Cleveland, OH 44119 • 216-481-8414 • www.vasj.com

Catholic education in the Ursuline and Marianist traditions

Join the Discussion at: www.collinwoodobserver.com



St. Jerome Church

The Beacon on the Boulevard
Collinwood's Catholic School

15000 Lake Shore Blvd., Cleveland, Ohio 44110



The Way We Were



Camp Christopher was always an adventure. From zip-lines to many hands on science projects to singing around the campfire, it was a great time.



On the way back from Gettysburg students stopped to tour Hershey PA. YUM!



Is it musical chairs? Is it tag? Is it just crazy fun? Who knows we were building trust.



The annual Junior High trip has taken students to many locations, this trip brought students to Gettysburg for some up close history.

by Adele Markert

So many memories, junior high trips, Camp Christopher, pajama day and other fun during Catholic Schools Week, friends, we celebrate them all.



It wasn't all fun and games. We studied hard.



One of these people grew up to become Principal of St. Jerome School. Can you guess who?

Wide Horizons



The first Japanese and youngest ever to win the prestigious Paganini Competition in Genoa, Italy, Sayaka Shoji will perform at St. Jerome March 13th at 7:30pm.

by Adele Markert

City Music Cleveland will present the World Premier of Avner Dorman's Still (Violin Concerto No. 3) which will be performed by the delightful Sayaka Shoji. Miss Shoji thrilled audiences here in 2016 and we are very excited to welcome her back. The concert series will open at St. Je-

rome on Wednesday, March 13 at 7:30pm. Free and Family friendly this concert is not to be missed.

The program will open with a Waltz by Takemitsu and close with Poulenc's Sinfonietta. Doors open at 7pm and donations are gratefully accepted.

St. Jerome Christmas Pageant



Preschool and Kindergarten classes

by Anna Keller

On Wednesday, December 19, the students at St. Jerome School performed a Christmas Pageant that they worked together to create throughout the month of December. This pageant told the first story of Christmas, and featured classic Christmas songs as well as original songs created by the school music teacher, Harmon Hill. The nativity cast was played by different students in the school, and included Mary, Joseph, Shep-

herds, Angels, The Three Wise Men, King Herald and a gladiator. St. Jerome School prides itself on creating a strong community environment and the Christmas Pageant is a great way to get the community involved. Members of the parish along with family members in the day school were invited to the pageant. The production turned out beautifully and it was the perfect way to end school before a lovely Christmas break.

CONTACT US | stjeromecleveland.org | Follow us on Facebook | Phone: 216-481-8200

Join the Discussion at: www.collinwoodobserver.com

FAITH

We are excited to introduce our new Faith Page that will list the services of the churches in the neighborhood. To have your place of worship listed on the page at no charge, please email us at collinwoodpublishing@gmail.com

St. John Nottingham Lutheran Church
17403 Nottingham Road Cleveland, OH
Worship With Us
Sunday Worship
9:45 AM (Holy Communion is celebrated on the 2nd & 4th Sundays of month)
Adult Bible Study
Sunday 11:05 AM
Tuesday 1:00 PM

St. Mary’s Parish
15519 Holmes Avenue, Cleveland, Ohio
Mass Times
Sunday Vigil: Saturday, 5:00 P.M.
Sunday: 8:00 AM, 10:00 A.M. (Slovenian), and Noon (NOTE: NO Noon Mass in July and August)
Holy Day Vigil: 7:00 P.M.
Holy Day: 8:00 A.M. (Slovenian) and 7:30 P.M.
Monday - Saturday 7:45 A.M.

New Praise Ministries
18100 Canterbury Rd. Cleveland, Ohio
Service Times
Sunday Prayer Service - 9:00 am Discovering God’s Word - 10:00 am
Morning Worship Service - 11:00 am
Tuesday Bible Study "A Walk through the Bible" - 7:00 pm
Wednesday Interactive Bible Study - 7:00 pm

The Novena to Divine Mercy

Today bring to Me the souls of those who separated themselves from the Church
Most Merciful Jesus, Goodness Itself. You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart the souls of those who have separated themselves from Your Church. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but bring it about that they, too, come to glorify the generosity of Your Mercy.

Eternal Father, turn Your merciful gaze upon the souls of those who have separated themselves from Your Son's Church, who have squandered Your blessings and misused Your graces by obstinately persisting in their errors. Do not look upon their errors, but upon the lover of Your own Son and upon His bitter Passion, which He underwent for their sake, since they, too, are enclosed in His Most Compassionate Heart. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

Saint Casimir Parish
18022 Neff Rd Cleveland, Ohio
MASSES
Saturdays 5:30pm (En)
Sundays 8:00am (En), 10:00am (Lt), 12:00 noon (En)
Mon. through Fri. 7:30am (En)

ST. JEROME'S CATHOLIC CHURCH
15000 Lake Shore Blvd. Cleveland, OH
Mass Schedule
Daily 8:30 am
Saturday 4:00 pm
Sunday 10:00 am

Come celebrate the world, with Girl Scouts at the

World Friendship Fair

Current, former & future Girl Scouts, their families & the community are invited!

Saturday, February 23rd
1-3 p.m.
Euclid High School Girls Gym
Opening ceremony, 1 pm
Admission 50¢

Booths feature food, crafts & games inspired by the countries adopted by Girl Scout troops in our area at prices ranging from 25¢ to \$1.

Proceeds benefit local girl programs, leadership opportunities and community service projects.

Girl Scout troops are still forming—We need girls, parents, and caring adults to get the adventure started.


Every girl has a sparkle that's her own. But to truly shine she needs a circle of friends that accepts her for who she is and always has her back.

Together, they can share more, be heard, and enjoy friendships that last a lifetime. With Girl Scouts, she'll laugh, explore, and make strides—all with friends by her side. It's only \$25 to belong to the biggest girl-led organization in the world!

A membership with Girl Scouts of the USA is a valuable investment in your girl's future. Financial assistance is available to those who qualify. Visit gsneo.org/join to learn more.

Every girl has the potential to achieve her dreams. All girls need is a place where compassionate adults guide them toward reaching their full potential. With Girl Scouts, you'll have the amazing opportunity to empower girls in your community.

Serving as a role model for Girl Scouts is a rewarding experience. You'll have the chance to share your knowledge with girls, teach them new skills, and watch them learn and grow (and, you might learn something new that you love, too!). Start making a difference by visiting gsneo.org/volunteer.

 Collinwood Recreation Center
16300 Lakeshore Blvd
216/420-8323

Aquatics Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap and Instructional Pool	12:00-2:30pm Adult Lap Swim Water Walking 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+	10:00am-12:00pm Adult Lap Swim Water Walking 18+
		12:15-1:15pm Water Exercise	12:15- 1:15pm Water Exercise	12:00-1:15pm Water Exercise		11:00-12:00pm Water Exercise
	3:15-5:15pm Open Swim	3:15-4:30pm Open Swim	3:15-5:15pm Open Swim	3:15-4:30pm Open Swim	3:15-5:15pm Open Swim	12:00-2:00pm Open Swim
	5:30-6:00pm Learn to Swim Adult	*4:30– 7:30pm Lifeguard Class Jan 2– March 2	5:30-6:00pm Learn to Swim Adult	*4:30– 7:30pm Lifeguard Class Jan 2– March 2	5:30-6:00pm Learn to Swim Parent/Tot	3:00-5:15pm Open Swim
	6:00-6:45pm Water Exercise 18+		6:00-6:45pm Water Exercise 18+		6:00-7:15pm Family Swim	
	6:45-7:15pm Adult Lap Swim 18+		7:00-7:30pm Family Swim			
Water Slide and Kiddie Pool	3:15-5:15pm Open	3:15-5:15pm Open	3:15-5:15pm Open	3:15-5:15pm Open	3:15-5:15pm Open	12:00-2:00pm Open
		6:45 -7:15pm Family Swim	6:45-7:15pm Family Swim	6:45-7:15pm Family Swim	6:00-7:15pm Family Swim	3:00-5:15pm Open

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30pm Open Gym Adults	12:00-2:30pm Open Gym Adults	12:00-2:30pm Open Gym Adults	12:00-2:30pm Open Gym Adults	12:00-2:30pm School Group 8-17	10:00am-2:00pm NCT Cheerleaders
3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	1:00pm-2:30pm Pee Wee Basketball Program 4-7 years old
4:30pm-5:30pm Girls Basketball Skills and Drills 12-18	4:30pm-5:30pm Kickball 8-18	4:30pm-5:30pm Youth/Junior Girls Basketball Skills 8-14	4:30pm-5:30pm Dodgeball 8-18	4:30pm-5:30pm Kickball 12-18	2:30pm-3:45pm Open Gym 8-17 years old
5:30pm– 7:30pm Juniors In-House Basketball Practice 12-14	5:30pm-7:30pm Youth In-House Basketball Practice 8-11	5:30pm-7:30pm SR/JR In-House Basketball Practice 15-18	5:30pm-7:30pm Youth In-House Basketball Game 8-11	5:30pm–7:30pm Seniors vs Juniors In–House Basketball Game 12-18	4:00pm-5:30pm Golden Oldies Basketball 25+/30+

<u>Adult Fitness Activities</u>			<u>Open Track</u>			
Senior Fitness (Bands, Weights, Balance) M,W,F	7:30-9:30am		Monday - Friday	7:00am-3:00pm	Adults Only	
Floor Exercise	Monday, Wednesday, Friday	9:10-9:30am		3:00pm-7:30pm	12+	
Hula Hoop	Monday, Wednesday, Friday	9:30-10:00am	Saturday	10:00am-12:00pm	Family Time	
Step, Kick, Crunch	Mon, Wed, Fri	10:00-11:00am		12:00pm-5:30pm	12+	
Step, Kick, Crunch	Tuesdays	6:00-7:00pm				
Walking Club	Monday, Wednesday, Friday	7:00-10:00am				
Senior Line Dance	Mondays	11:00-12:00pm				
Senior Drama Club	Fridays	8:00-10:00am				
Cross Fit Boot Camp	Tues/Thurs	11:00-12:00pm				
Cross Fit Boot Camp	Saturdays	10:00-10:55am				
Computer Basics	Tues/Wed/Thurs	10:00-12:30pm				
Dance Aerobics	Wednesdays	6:00-7:00pm				
Strength Training	Tuesday	6:00—7:30pm				
Strength Training	Thursday	6:00-7:30pm				
Zumba	Monday	6:00-7:30pm				
Ballroom Dance	Friday	6:00– 7:30pm				
<u>Game Room</u>			<u>Fitness Room</u>			
Monday-Friday:	12:00-3:00pm	18+	Monday - Friday	7:00am-12:00pm/1:00pm-7:30pm	18+	
	3:00-6:00pm	8-17	Saturday	10:00am-5:30pm	18+	
	6:00-7:30pm	Family	<i>*NO ONE UNDER 18 years of age permitted to use fitness equipment*</i>			
	(Adult & Child)		<u>Cultural Arts</u>			
Saturday:	10:00-2:00pm	8+	Ceramics	Monday	12:00– 2:30pm	Seniors
	3:00-5:30pm	Family	Arts & Crafts	Monday	4:00-5:30pm	8-17
			Ceramics	Monday	6:00-7:30pm	Family
			Arts & Crafts	Wednesday	9:30am-11:30am	Seniors
			Arts & Crafts	Wednesday	12:00-2:00pm	Adults
			Arts & Crafts/Meditation	Wednesday	3:00-5:00pm	8-17
<u>During all family activities.</u>			<u>Youth Activities</u>			
			Karate	Saturdays	1:00-4:00pm	8+
			Afterschool meals	M-F	4:30-5:30pm	8-18
			YLP Mentoring	M,T,TH	4:00-7:00pm	11-18
			In-House Basketball	Mon-Fri	5:00-7:30pm	8-18
			Youth Advisory Board	Mondays/Thursdays	5:00-6:00pm	11-18
			Sewing Class	Wednesdays	6:00-7:00pm	8-Adults

During all family activities, children must be accompanied by a parent / guardian

Schedule subject to change without prior notice

No pets allowed in City of Cleveland facilities.

All children under 8 years old & under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult. Children using the slide must be at least 48 inches tall

HEALTH & WELLNESS

Who is Happy Hippy Mama?



by Emily Holody
Hi Readers,

Welcome to a new space dedicated to all things health. My name is Emily and I am a health conscious, yoga loving, Whole30 (The Whole30 is a 30-day food plan that emphasizes whole foods and the elimination of sugar, alcohol, grains, legumes, soy, and dairy.) supporting, walking/running, mama to 4 (smart, wild, and free) daughters.

My life changed in 2016 when I lost my best friend, Heidi to Cancer. Following this devastating loss, I lost my uncle Greg and both of my grandmothers. In one short year, my life was flip turned upside down.

I survived the 1st year, which was difficult. As time passed, I began to realize I was no longer thriving, and dreaming. I gave myself space, to pause and breathe. I then realized I wasn't living my best life.

I sought counseling, started a walking group in my community, and re-dedicated myself to a cleaner whole30(ish) lifestyle. I refocused on what brought me joy: my husband and girls, my family and friends, gardening, reading, being physically active, and our community. As I did the hard work, my life began to change. I paused more, took deep breaths, and found ways to give myself more love. Sharing my story and helping others gave space to heal. Once I made steps in the right direction, good things started happening. It was as if I

Medicare & Medical Marijuana



Laura Mutsko.
Owner and Agent.
Mutsko Insurance Services.

by Laura
Mutsko

In mid-January, four dispensaries opened in Ohio for the sale of medicinal cannabis (marijuana) to residents over the age of 21 who have qualifying medical conditions.

There appears to be a growing interest among older adults who are hoping medical marijuana may be a viable alternative for pain relief. If you are among those interested, there are a few things you need to know before you drop by to shop at one of the dispensaries.

First, a certified physician must verify in writing that you have a qualifying condition. He or she must then create a profile for you in the Patient & Caregiver Registry after which you will need to complete your registration. Once this is done, you can bring your certification (also called a recommendation) to the dispensary and make a purchase.

Unfortunately, some people think of the doctor's certification as a 'prescription' for marijuana. They are under the mistaken belief that their Medicare will cover all or part of the cost. It won't. Medicare does not

good choice brought 10 positive outcomes.

If you have suffered loss or feel alone know that you are not.

All you need to do TODAY is breathe and pause. Take a moment and give yourself love. Take a warm bath, eat a yummy meal, or call an old friend. Pause and connect with YOU. See what questions come up, and what dreams might be hiding. If you would like to continue the conversation, feel free to email me at: HappyHippy-Mama@yahoo.com or visit us on Facebook at: Happy Hippy Mama.

This month's mantra: Breathe in Sunshine, Breathe out Negative Feelings.

Healthy opportunities in your neighborhood:

See It Be It Vision Board Party at The Green House 20150 Lakeshore Blvd, Euclid, OH 44123 on February 22, 2019 at 7 pm. Join Emily Holody and Pam Turos for a night of dreaming, community building, and vision seeking. (More Details can be found on Facebook at the See It Be It Vision Board Party Event)

Sunshine Yoga. Join Christine Mcintosh for an all levels FREE yoga class at The Green House 20150 Lakeshore Blvd, Euclid, OH 44123 Saturday February 23, 2019 from 8am- 9am. More information can be found at the Euclid Recreation Department.

Open Women's Circle at Circle of Renewal Yoga Studio (located inside Shore Cultural Center) the First and Third Fridays of each month from 7-8 p.m. \$10 per circle. (More details can be found on Facebook)

Join us next month, when we dig deeper into how moving our bodies and nourishing them with healthy foods heals our minds and souls.

Until next time...Namaste

cover medical marijuana.

At this time, neither Medicare Part D, nor any other health insurer that I am aware of provides assistance for medical marijuana. One of the main reasons is the U.S. Food and Drug Administration (FDA) has not approved the use of medical marijuana. Without FDA approval, marijuana will not be added to your Prescription Part D formulary.

The entire medical community has not embraced the idea of using marijuana for medicinal purposes. Some insurers note there are other FDA-approved drugs that can be used in place of medical marijuana. And, because marijuana is still illegal at the federal level, insurance companies are reluctant to risk prosecution.

Medicare Advantage Plans and Medicare Supplements are following the official Medicare lead and are not providing coverage. The official Medicare website, www.Medicare.gov, does not even address this question. At this time, those who buy medicinal marijuana will be responsible for 100% of its cost.

I welcome your questions concerning life, health, Medicare Advantage plans, Medicare Supplements and other insurance. Please contact me at 440-255-5700 or Lmutsko@mutskoinsurance.com to discuss your needs.

Bombshell Beauty Tips



by Liz Healey

5 Top Hair Wellness Tips

1. Are you wondering why your hair is feeling so dry and damaged? TURN DOWN THE HEAT!! Yes, you will get the same results just less damage

when using your hot tools (irons, blow dryers etc.) Low settings are ideal for keeping your hair soft and shiny. And please make sure you are using a heat protectant as well. You can always call and ask me about our Olaplex restructuring treatments!! They are the newest science behind prevention/repairing hair damage! Worth every penny. 2. Does your scalp ever get too dry? Sometimes the opposite even too oily?? Either way these are all tell tale signs of your PH balance being off. To balance that out try a apple cider vinegar wash! It will revitalize your scalp and bring back shine to your hair.

Is it time to Change your Game?

by Natalie-Jo Flynn

Health Hugs
Its Game Changer Time!

If you are not winning your New Year game, lets change the rules!

Welcome to February! Are you one of millions who welcomes A New Year making a resolution, such as; weight loss, eat better, workout EVERYDAY, ditch a bad relationship, look for a job, get out of debt...Maybe you just want to sleep more, walk your dog, get a haircut, or write that book you've been meaning to get to. So ready and super excited to see the changes you will make!

If you on your goal and success is going strong, I would love to hear about it, Also If you are still in the planning phase of getting going or started and something came up and you just can't figure out how to get back on track, maybe you are stuck in a rut and need a tow truck to pull you out? If Yes, I really want to hear from you.

I was once stuck like that, I have had all the best intentions, all the tools, videos, books, treadmill, gym memberships, friends lined up for 10,000 steps a day, A notebook to write down my every move, all my meals, I knew just what to do, BUT, I didn't know how to get started and keep on going. It was like I had glue holding my butt to the couch, I had all kinds of ideas but made no moves into Action. Then I learned about this Life coach and she worked with horses and I love horses and snap, I met her, was able to change the way I was looking at certain things in life, meanwhile I was taking all the little steps and under 1 year saw my dreams can come true.

I soon became a coach myself and Now as a coach with a medical background, I am able to hold that space for you to accomplish the goals set by you, get to the why you get stuck and what is stopping you from following through with the plan to win your game.

As the founder of Move That Mountain Health and Wellness Coaching, I work on habit change, transforming lives through nutrition and self-awareness to empower you to live out your health and wellness goals.

I love teaching and giving information so you can have all you need to get your health on track, I did it for 25 years in nursing and healthcare HOWEVER,

I am writing this to let you know, Know!

3. The PH Scale of your hair and scalp is between 4.5-5.5 (acidic). Check and make sure all your shampoo's and styling aids are in that range to keep everything in balance. That goes with your skin care as well!! 4. Normal hair loss is anywhere between 50-100 strands per day! It seems like a lot but that's the norm. If experiencing extra hair loss ask yourself... Am I stressed? 5. Am I taking any new medications? Am I pregnant or a nursing mother? Hormones, medicine, and environment Copic of big changes lots half of the all play roles in your hair cycles. Taking Biotin vitamins can help strengthen your hair and nails. These are recommended time frames for up keep on your locks

Haircuts 6-8 weeks (depending on shortness/style)
Color Retouch 5-6 weeks
Highlights 6-8 weeks
Toner Refresh 4 weeks
Schedule your next visit with
Liz Healey (216) 215-1896
Independent Hairstylist at Bombshell Beauty Salon and Spa
21900 Lakeshore Blvd, Euclid, OH 44123

edge does not make change.

You can Google all the Information you want to know about health issues, you can watch Saturday morning yoga-mercials while drinking coffee, download endless eating healthy shows, you can even use your fitbit to make sure your BP is ok All day long, driving you crazy because it goes up and down every 5 minutes, and you can wait forever for your workout buddy to get back on track.

Or you can give yourself permission to be your best self NOW.

I have to say the real way to get what you want and make it last, long past the end of the challenge at the office, is going to be with a Plan, Support, Accountability and Stretch. A real person asking real questions about you, a real person to focus on what you want and do without judgement and be fun about it, that's what I do and I love it!

My mission is Desire to Inspire you. My health Hug for this month:

1. Picture yourself living as you have achieved your goal for your future self already, what does that look like, sound like, smell like, or feel like or taste like? 2. Take advantage of a Free Gamechanger coaching session by me, so we can:
a. Discover what it is you want.
b. Uncover what is holding you back or stopping you from living the life you want.
c. Decide what your next best step is toward success in your goal.

It is easier to Stay well than to get well, and if we want to we can feel better than do.

I am personally Grateful to share this with you and am looking forward to helping you change your game to one you will win!

I provide 1-1, group coaching sessions, as well as educational wellness talks for any size groups!

For more Inspiration to making heathy habits now to last through the year and your lifetime, email me For your FREE Gamechanger Session and turn those "Maybe I will do it someday" goals into Done Today.

Let's Move That Mountain! One little Push is all it takes.

Natalie-Jo Flynn, MSN, CHC, Personal lifestyle Coach 216-406-0154
nataliejo@mtmcoaching.net
www.MTMhealthcoach.com

Pacers On The Shoreway – A Great Neighborhood Bar And Restaurant



The Trifecta



Stuffed Cabbage Soup

by John Copic

Pacers has been through a lot of changes. If you haven't stopped it in a while you need to give them a try. If you are a regular you know why.

We can start off with the fact that the place is really clean. My Mama always taught me to first thing you do in a restaurants is go to the bathroom. Same person that cleans the kitchen, cleans the bathroom. Well the



Chef Salad

bathrooms are immaculate.

I have stopped in a half dozen times over the past couple weeks and the service has always been excellent. The fresh brewed iced tea is fresh indeed and very strong. It's worth going there just for the homemade soup. I had Donna's stuffed cabbage soup last week and it was the perfect lunch on a winter day.

If you are on a diet, I can testify that the

Ludwig's Lives On



Franks jacket

by John Copic

The bar has had many names. Most recently it was called Gostilna. Before that it was Shirley's and the Brickhouse. The new name for this location is Ludwig's. And it is a very special place.

The original Ludwig's was across the street and probably goes back a hundred years. Back to the time when everything around East 200th Street was grape vineyards. Ludwig's was a gathering place and it became very special to many of us from Euclid.

Pat Delaney has kept that essence of Ludwig's alive at 768 E. 200 Street, at the corner of Arrowhead and East 200. You'll see that the sign says Cut street. That is the old name for East 200th.

Ludwig's was owned by Frank Zigman. Frank was born in 1934 in Strabane, PA and

salads are fresh and delicious. Not on a diet? I highly recommend the garlic bread sandwiches. The Trifecta is my favorite! I always get mine with the onion rings, although the French fries are great.

Pacers is always been famous for their ribs. I think their ribs are some of the best in the neighborhood. I'm also a big fan of their wings and pizza.

They have dinner specials, Monday



became a legend in Euclid. Frank passed in 2014 and Ludwig's has been demolished, but thanks to the tireless efforts of Pat Delaney, Ludwig's lives on.

I could tell you stories. But Pat tells them way better than I ever could.

Stop in Ludwig's. The place is a comfortable neighborhood beer joint. Friendly people, excellent service, good bar food and a history museum.

Frank's jacket is in a shadow box on the wall. Joey Miskulin's accordion is above the bathroom. Memorabilia and pictures are everywhere. Everything has a story and you owe it to yourself to hear Pat Delaney tell those stories.

Ludwig's is open 11 am till whenever Pat feels is right to close - usually midnight or 1 am Monday through Saturday. You should stop in.

is burger night, \$7.50 and Wednesday is pizza night, large one topping \$7.50. They open Monday through Saturday at 11 AM and Sunday at noon. They close on Sunday through Thursday 11 PM stay open until 1 AM on Friday and Saturday. Pacers on the Shoreway is located at 19800 South Waterloo Rd. 216-486-7711. Stop on in you will not be disappointed.



Chef Kevin Reid

on Fridays.

Be sure to finish off your meal with one of the world-class desserts made by a Cleveland legend, Miss Vickie.

Great Scott is located at 21801 Lakeshore Blvd. in Euclid. Call 216-417-3019 to make your reservations, especially for Valentine's Day weekend.

The hours are Tuesday, Wednesday, and

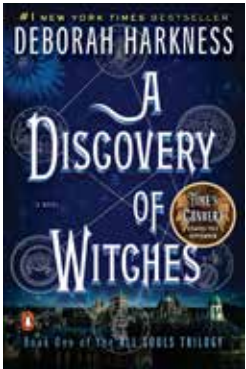
ENTERTAINMENT

Book Reviews Wanted

by Janeen Copic
The Observer is starting a new feature in the paper, a book review section. Do you love to read and are always looking for a new author or genre to read, but don't know where to look? As an avid reader, I am always looking for something new, or old to read. For me reading is like going on a vacation without ever leaving my home. I can visit faraway places or worlds and make new friends and sometimes enemies between the pages of a book. We

are encouraging our readers to submit a review of their favorite (or least favorite book) to share with our readers. It can be a new release or an older book that perhaps many of our readers have never read before. Please submit your 200 to 400-word review by becoming a member online at Collinwoodobserver.com. We will publish at least one review each month. We are starting this month with a review of A Discovery of Witches, by Deborah Harkness.

Book Review: A Discovery of Witches



by Janeen Copic
A Discovery of Witches (All Souls Trilogy #1), by Deborah Harkness is one of the best books I've read in a long time. Once I started the book, I couldn't but it down and read the other two books in the series in two weeks. Once I finished the series, I was a little sad it was over, like when a good friend moves away, and you don't get to see them every day. Yes, it's another book about witches, vampires and daemons and their struggle in the human world, but it is not a copy cat of the books of this genre that have come before it. Deborah Harkness created a new way to look at these creatures, they aren't monsters, but the same as the humans that they live around.

The main character, Diana Bishop an alchemical history professor and witch with supposedly little magical powers that receives an ancient book, Ashmole 782 for her research. Once she realizes there is

magic bound to the book and accidentally releases the magic, she returns the book to the stacks of the Oxford library. From this point you begin the journey into the lives and worlds of witches, vampires and daemons living among humans. Matthew de Clermont, a biochemist and a neuroscientist and 1500-year-old vampire is the first creature to seek out Diana to convince her to retrieve Ashmole 782 as Diana learns to control her powers, all while keeping one step ahead of the Congregation who governs the creatures.

Paranormal fans will be instantly hooked. If you have never read this genre before, this book series will open you up to whole new world of books out there.

As a plus, A Discovery of Witches has been made into a TV Series in England. The series was released in the U.S. in January 2019 and is available to stream on Sundance Now and Shudder. I must confess that I binge watched the first season, and don't know how I will wait until the next season is available.

In the steps of Major Houts

by Claude Humbert
Arthur Samuel Houts was born in 1880, in Mount Vernon, IN.

In 1898, he served as a private in the U.S. Army during the Spanish-American war.

In 1901, he enlisted in the Ohio National Guard.

He also worked at the Brown Hoisting Machinery Company, in Cleveland, OH. He lived in Euclid with his wife Georgina, and their son Kenneth.

In 1918, Major Houts came to France, to serve in the American Expeditionary Force (AEF).

Decades later, I found his trunk at my

grand-aunt's house in Loison, a small village of the Meuse department, France.

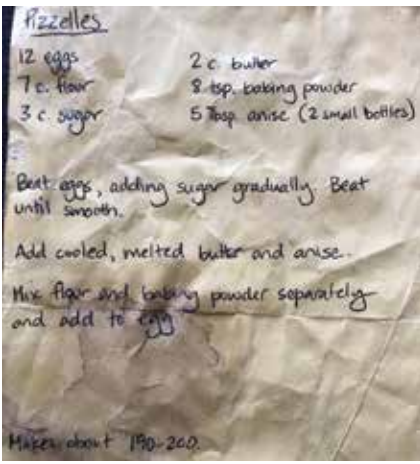
Little by little, I retraced most of his journey from Cleveland, OH, to Montfaucon, in the Argonne area, France.

In 2015, I followed his footsteps through the United States and France.

In 2017, I made the French version of the documentary film about Major Houts.

And in 2018, thanks to the Ohio State University Theater section, I made the English-language version of the film. You can watch it here: <http://hmbrrt.pages-perso-orange.fr/goodbye/index-en.html>

Recipes Wanted



by Janeen Copic
Do you have a favorite recipe for pot roast or that one delectable cookie recipe that has been passed down for generations? The Observer is starting a new feature where our readers can submit their recipes to share in

our member center at collinwoodobserver.com. The first recipe we are sharing is a Pizzelle recipe that I got from a long-time family friend. As you can see from the photo, this is a well-loved recipe.

Pizzelles
12 eggs
7 cups flour
3 cups sugar
2 cups butter
8 tsp baking powder
5 Tbsp anise (2 small bottles)
Beat eggs, adding sugar gradually. Beat until smooth
Add cooled, melted butter and anise.
Mix flour and baking powder separately and add to egg
Makes about 190-200

Bumblebee Movie review



by Brian Friedman
Bumblebee Movie Review - After the milking of the Transformers franchise, I went into this movie with low expectations. Well, I should have went in with much higher! The movie paced great and Bumblebee felt like a real character even though I am usually pretty critical of CGI "actors". Plus Hailee Steinfeld actually acts and emotes far better than her roles so far. She can sing AND she can act. Who knew? My grade - B (Get it? "B" = "bee")

Spider-Man Into the Spider Verse



by Brian Friedman
Spider-Man Into the Spider Verse Movie Review - Absolutely amazing AND spectacular! Perfect plot and story. Quick pacing. Great animation. High quality voice acting. I was blown away by the entire film. I can't believe it but I have to give the grade of ... A.

ENTERTAINMENT

Where Am I ?



This building is located somewhere in the Collinwood neighborhood.

If you detect its location, email the address to CollinwoodObserver@Gmail.com.

A selfy of you at the location will score extra points.

All correct entries will be entered into a drawing for the prize in this box, or.... you can chose the curtain where Carol Merrill is now standing.

Actually, the prize is a gift card to Great Scott.

Deadline for entries is Friday, February 22nd.

Fun Page

WORD SEARCH

AFFECTION
APPRECIATION
DEVOTION
FONDNESS
FRIENDSHIP
INFATUATION
LOVE
LUST
PASSION
RESPECT
TENDERNESS
YEARNING

H	M	I	B	I	B	T	Z	A	R	M	L	F	H	S
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EASY SUDOKU

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		2			5		
4	8					6	1
			4				
9	3					2	7
		1			7		
	7		8	4		9	
5			2	1			6

CHALLENGING SUDOKU

2							
		5	3	9		4	
	4				6	1	9
	6				8	4	
9				3			7
		4		6			
	3	8	2				
			9				1
		2		1		8	

Easy Sudoku

		9	3	1		5	6	4
7								5
5		1	2		9	3		7
2								3
	3	6	9		7	5	2	
9								1
3		2	4		8	1		9
6								4
	4	7	3		2	8	5	

Challenging Sudoku

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7			2					6
	6					2	8	
			4	1	9			5
				8			7	9

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& let us know what kind of puzzles you'd like to see here on the Fun Page.

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