



COMMUNITY

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# The Collinwood Observer

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**Volume 11 • Issue 4**

April 2019

# Annual Bunny Breakfast in Collinwood

by Collinwood & Nottingham Villages  
Development Corporation

Ward 10 Councilman Anthony Hairston and Greater Collinwood Development Corporation welcome residents to attend The 2nd Annual Ward 10 Bunny Breakfast. The event will be held on Saturday April 13 from 9:00am to 12:00pm at Aspinwall Outreach Center 14627 Aspinwall Ave Cleveland, Ohio 44110. Breakfast will be served promptly at 9:30am. Each family participating will receive a free picture with the Easter Bunny. There will be small crafts available for children two years and

older, such face painting, make your own bunny ears and much more. There will also be chances to win prizes through the Easter Coloring Contest and the Golden Egg Hunt. This is a family fun event that you don't want to miss. Each family member must be pre-registered. All children must be accompanied by an adult.

Please register at: <https://bunnybreakfast2019.eventbrite.com>. Registration is required.

If you need assistance with registration  
contact Kristian Hunter, 216-268-2138

## Plogging is Here!



*by Stephen Love*

Plogging is here, get used to it! Great turnout for the first official Cleveland Plogs plogging of the season. This motley crew covered close to 2 miles and hauled in 10

huge bags of trash! We'll be at it again every last Wednesday of the month at 6pm. Catch us (if you can!) on East 185th Street April 24th!



## St. Jerome Parish is celebrating 100 years



St. Jerome Parish, 15000 Lake Shore Blvd.

*by William McCulloch*

The gala celebration is scheduled for Sunday, July 21st, 2019. Join us for 10 am Mass with Bishop Perez, followed by a luncheon at the Irish American Club East Side. Visit [stjeromecleveland.org](http://stjeromecleveland.org) for more information or contact the rectory at (216) 481-8200.

If you graduated in the 1960's or 1970's, join us for 4 pm Mass, Saturday, April 27th. The school and convent will be open for tours.

# CMSD Names School Media Center For Voinoviches



*by CMSD News Bureau*

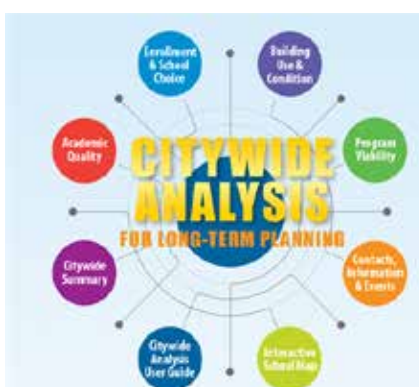
The Cleveland Board of Education has named the media center at the new Oliver H. Perry School in honor of Cleveland political icon George Voinovich, his wife, Janet, and their daughter, Molly.

George Voinovich, who died in 2016, served as Cleveland mayor, Ohio governor and a U.S. senator.

Along with his wife, he made annual donations to the school, where Molly, was a fourth-grader when she died in 1979. Molly was walking to school after lunch when she was struck and killed by a van that ran a red light. Each year, the school holds a Molly Day celebration in her honor.

The new school, located on Schenely Avenue, opened in January.

## Public Asked to Help With Long-Term School Planning



*by CMSD NEWS Bureau*

CMUSD will engage the community in planning the future of academic programs and buildings.

The Board of Education is revisiting the District's master facilities plan. Cleveland's population patterns have changed since the plan was last updated five years ago, and the board wants to ensure that the taxpayers' investment matches community needs.

The independent Bond Accountability Commission has called for a fresh look, citing trends in enrollment and construction costs. The BAC was created to monitor a

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( continued on page 6 )



# COMMUNITY

## The Collinwood Observer

The Collinwood Observer is a citizen-based news source published by Collinwood Publishing Inc., a local business dedicated to the development of grass roots media and increased connectedness of the citizens, civic groups, non profits, businesses and institutions in and around Cleveland Wards 10 and 11.

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To submit a story, go to [www.collinwoodobserver.com](http://www.collinwoodobserver.com), click on Member Center, sign in, click on Submit Story, and start writing.

Next deadline: April 25, 2019

You can mail your stories to the Collinwood Observer office at 1591 E. 230 Street, Euclid, OH 44117

“Baseball is 90% mental and the other half is physical.”  
— *Yogi Berra*

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## Councilman's Corner

by Michael D. Polensek



Spring is finally here! That being said, with Cleveland's weather we could still get a snow storm or two. So, don't relax, yet.

As I reported

last month, the potholes are popping up like dandelions in the Spring. Drive cautiously. Any road repair issues please call them into (216) 664-2510. Don't assume that someone else has turned in the road hazard. Be proactive.

On the issue of road repair, you may have been reading about the ongoing controversy surrounding the City of Cleveland's Residential Street Resurfacing program. The City has implemented a repair program based off of an outside consultant's study where they are allegedly targeting the "the worst-first" streets in the city for resurfacing. I have publicly questioned the accuracy of that report. I find it intriguing and suspect that virtually the same wards for the last three years seem to have the worst number of streets. How could that be? Yet, I know, that those are the same wards, for the most part, in the past, where councilmembers allegedly traded their resurfacing funds. So, those councilmembers and their wards, ours being one of them, who played by the rules, are now receiving less funds to upgrade their residential streets.

This in turn, impacts the citywide sidewalk replacement program, as well. So, the wards that receive the most resurfacing funds through this new so-called vision-ary plan, then receives the most sidewalk replacement dollars. Had I and our citizens been told in advance that with the passage of Issue 32 in 2016, the City's income tax increase, the Administration would create "winners and losers" with regards to street resurfacing and the replacement of dangerous sidewalks, I would have never supported Issue 32, nor would the overwhelming majority of our residents. I am sure of that. All we have ever asked for is fairness and equity in the distribution of capital dollars and city services. That, obviously, is not happening and you can see it in the condition of our streets throughout the city.

You have all heard the saying, "if it ain't broken don't fix it." Here is the complete opposite of that – the system is broken and must be fixed if we are to address deteriorating streets in our city. Watch for future updates. In the meantime, you can also call all bad road conditions into the Mayor's Action Center at (216) 664-2900.

As I have reported to you before, our community and this councilman over the years has taken a very strong position against criminal activity especially the perpetrators of violent crime. On Wednesday, March 13 through Friday, March 15, 2019 the U.S. Attorney's office, the DEA, 5th District Police, U.S. Marshall's Office,

Euclid Police, and other Law Enforcement Agencies including departments out of Lake County, conducted massive raids throughout the northeast side of the city including the surrounding suburbs and into Lake County. The raids came after twenty-two individuals were indicted by a Cuyahoga County Grand Jury pertaining to the dealing and distribution of cocaine, heroin, fentanyl and carfentanyl.

The gang's leader, out of Cleveland's Ward 1, on the city's southeast side, referred to themselves as the "GroveWood Boys." I don't have to tell you how troubling that was to hear, since several of them, unfortunately, trace their roots back to GroveWood Avenue between Lakeshore Boulevard and East 156 Street. As of this writing, a few of these "rats" are still on the run with U.S. Marshalls in active pursuit. These individuals, which included several women, could only be described as "Merchants and Peddlers of Death," for, their customers, which totaled at last count, over three hundred and many out of Lake County, thought they were buying cocaine and/or heroin to feed their addictions, and in reality were buying drugs laced with high levels of fentanyl and carfentanyl, which are extremely deadly.

As of my last briefing, authorities are actively looking at the drug overdoses and deaths in the areas in question to see if any of the drugs sold by these individuals, could be linked to any of the victims. Thus, if they can, additional charges will be forthcoming.

What is so critical in this case, is that a great deal of the information used to build these cases came directly out of the communities in question. So, when you hear 5th District Commander, Sammy Morris, and myself at neighborhood gatherings say "If you see something or know something - say something" – it does and will make a difference. I know, firsthand, that residents are reluctant to turn in critical information for fear of the unknown; however, when you do your civic duty and turn this information into the proper authorities, your name is not given out and your help goes a long way in cleaning up our neighborhood.

I can say without any fear of contradiction that several of the individuals arrested, and the information surrounding them, came into my office from concerned neighbors, who made it very clear, that they were not going to live by drug dealers and/or violent criminals. Let's step back for a moment, if we all do our part, pay attention and turn things in when your gut tells you that something is not right, what a difference it would make throughout our community. A community is only as good as those who live in it and care about it. Let's continue to set the tone throughout Cleveland's eastside that we will not tolerate criminal activity in our ward. Please join with me in sending that message and making our greater community the best it can be.

Watch for announcements as it pertains to neighborhood events and activities. This

### COMMUNITY MEETINGS

#### COLLINWOOD HOMEOWNERS MEETING

1st Wednesday of the month  
7:00 PM  
St Mary Church  
15519 Holmes Avenue

#### MyCOM MEETING

1st Thursday of the Month  
5:30 PM  
Salvation Army Temple Corp  
17625 GroveWood Avenue

#### EAST 185th STREET NEIGHBORHOOD ASSOCIATION

2nd Tuesday of the Month  
6:00 PM  
Lithuanian Hall  
877 East 185th Street – next to Post Office

#### DEMOCRATIC WARD CLUB

2nd Wednesday of the Month  
(September to June)  
6:30 PM  
Collinwood Slovenian Home  
15810 Holmes Avenue  
PRESIDENT: Councilman Polensek

#### FRIENDS OF COLLINWOOD RECREATION

2nd Thursday of the Month  
6:15 PM  
Collinwood Recreation Center  
16300 Lakeshore Boulevard

#### 5th DISTRICT COMMUNITY RELATIONS MEETING

3rd Wednesday of the month  
6:00 PM  
Collinwood Five Points Community Center  
East 152 Street except for:  
May (Murtis Taylor),  
July (St Clair Superior Dev Corp),  
October (Cleveland Job Corps Annual Dinner),  
November (Glenville Rec Ctr.)

#### EAST 156th STREET NEIGHBORHOOD ASSOCIATION

3rd Thursday of the month  
6:00 PM  
Collinwood Recreation Center  
16300 Lakeshore Boulevard

#### EAST 140TH STREET NEIGHBORHOOD ASSOCIATION

4TH Wednesday of the Month  
(March to November)  
6:00 PM  
Collinwood Five Points Community Center  
East 152 Street

#### CLEVELAND CITY COUNCIL

Monday night at 7:00 PM  
Please note – this is a public and an open meeting but does not take public commentary

Any questions about these meetings please feel free to call  
Mary Louise Jesek Daley,  
Councilman Polensek's office, (216) 664-4236

year, 2019, is going to be a busy and exciting year for our community.

As always, any questions or comments, please do not hesitate to call me. I may be reached at the office at (216) 664-4236 or by email at [mpolensek@clevelandcitycouncil.org](mailto:mpolensek@clevelandcitycouncil.org).

Sincerely yours,  
Michael D. Polensek

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## Laughs and life in the community

by YuShan Shakir

My neighborhood has gotten a bum rap for years. I am proud to say that I grew up on St. Clair and attended Collinwood High school. The lessons and skills I learned living in that neighborhood has followed me throughout my life. It has strengthened me throughout my travels in the United States and worldwide. From swimming at the Y.M.C.A. or skating at the Shaw roller rink. Today I live in Slavic Village quite a change from 117th and St. Clair. Slavic Village use to get a bum rap as well however has manifested into

something quite enchanting. On May 4th some friends and I are going to add to the enchantment in Slavic Village by putting on a comedy show at the Magalen 5203 Fleet Avenue Cleveland, Ohio. The doors will open at 7pm and show time is 8pm sharp. For tickets please Contact Yolanda 1-330-775-9027 or Shawn 216-254-5162. Like my old neighborhood is revitalizing itself with the Eastside Market and other projects in the works let's bring some of that positive Glenville energy to Slavic Village. Thanking you all in advance.... YuShan Shakir.

## Collinwood Connects: A Neighborhood Family Feud Game



by Collinwood & Nottingham Villages Development Corporation

Greater Collinwood Development Corporation was awarded a Neighborhood Solutions grant from Cleveland Neighborhood Progress to support creative efforts and programs designed to improve civic engagement among residents in city neighborhoods throughout Cleveland. We plan to bring Family Feud to the Greater Collinwood neighborhoods and

offer residents the opportunity to engage through a fun experience. We will host four neighborhood game nights in locations within our service area. We encourage residents to participate! Gather your team and have a chance to win a micro-grant to support neighborhood connectedness. Stay tuned for more information!

Feel free to visit our new website [www.greatercollinwood.org](http://www.greatercollinwood.org) or follow our organization on Facebook.

## Jim's Masonry Saves the Chimney!

by Janeen Copic

As luck would have it, Jim contact us to place an ad for masonry work in the Observer. It just so happened that we had been looking for someone to do repair work on our chimney, as the bricks were scaling. We had very little luck in finding anyone to even come out to give us a price for such a small job and if they did come out, they wanted to replace

most of the chimney at a huge cost. Jim came out the next day and immediately told us we did not have to replace many rows of bricks as we were told. He said he could replace the damaged bricks. The price he quoted us was very reasonable. He came back the next day and replaced the bricks and mortar in no time flat. I would highly recommend Jim for any work that you may need done.

## April is Youth Month!



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# COMMUNITY

## Join Cleveland Plogs for another plogging cleanup!



corner of Lakeshore Blvd. and East 185th St. The Plogging route will cover East 185th Street down to the I-90 and back. We will review the route before heading out. Best part of all, you don't have to run marathons to Plogg! This will be slow paced run - just under 2 miles - with plenty of stops along the way to pick up trash!

Please wear clothing you don't mind getting sweaty and a little dirty and please wear closed toed shoes - preferably shoes you don't mind running in! Water and light refreshments will be provided before we head out.

We'll cross the finish line around 7pm back at VASJ where we'll stretch out and take stock of the trash haul! We'll also talk about Cleveland Plogs and growing a plogging movement in the neighborhood and beyond. Best of all, ploggers will receive a coupon to Chili Peppers Fresh Mexican Grill - good for 1/2 off your purchase of a meal item and drink!

Still don't know what the heck 'plogging' is all about?

by Stephen Love

Cleveland Plogs every last Wednesday of the month through October for a neighborhood plogging cleanup!

Still don't know what the heck 'plogging' is all about?

Plogging is a fitness trend that originated in Sweden and is slowly spreading throughout the world. The term Plogging is derived from the Swedish phrase "plocka upp," which translates to pick up. Plogging involves a combination of jogging and picking up trash along your running route using a plastic bag to collect the litter you find along your route. Plogging is great exercise and a great opportunity to make a positive impact on our environment and our neighborhood!

Volunteers will meet outside Villa Angela St. Joseph High School at 6pm at the

For more info, check out our facebook event <https://goo.gl/t7x9Yc> email adopt. [euclidbeach@gmail.com](mailto:euclidbeach@gmail.com), or call 216-571-0685.

Happy Plogging!

### Jim's Masonry

Front Steps Missing a Brick?  
Chimney Repair  
Tuck Pointing

**Free Estimates call 216-233-4645**

### ST. MARY OF THE ASSUMPTION

Roman Catholic Church 15519 Holmes Ave. Cleveland

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Home fries or French fries, Coleslaw or Applesauce, Dessert, Coffee/Tea

**Fried Perch Dinner.....\$10.00**  
**Baked Cod Dinner.....\$11.00**  
**Shrimp Dinner.....\$10.00**  
**\*Combo Meals.....\$10.00**  
\*Choice of Two: Fried Fish, Shrimp or Crab Cake  
**Mac and Cheese Dinner...\$6.00**  
**Soup of the Day.....\$3.00**  
**Extra Fish (With Dinner).\$3.00**  
1 Fried Perch/ 3 Shrimp/ 1 Crab Cake  
**Extra Side.....\$2.00**  
Coleslaw/Applesauce/Home Fries/French Fries/ Mac and Cheese

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# COMMUNITY

## Nan’s Notes



**AT WATERLOO ARTS**  
**Our Neighborhood Theatre**  
Miles’ great love, of all the arts, was classical music. If composed by Mozart, so much the better. I’m more of a theatre person, especially if the plays involved are about interesting ideas and interesting people. I am, therefore, very happy to have Playwrights Local hanging out in the Creative Space at Waterloo Arts, doing their distinctive version of what’s going on in the lives of contemporary Americans in general, and Clevelanders in particular.  
Next month, we have two productions to look forward to: a staged reading (actors holding scripts, standing at lecterns, magically creating, say, a Brooklyn apartment during a power outage with nothing but their faces and voices), and a more fully staged production of a musical.  
Some Playwrights productions are not so much entertainment as opportunities to take part in workshops, some are pretty polished; all I have found engrossing.

**Staged Reading:** The Cardinal (Friday, April 5 at 7:00 pm) is about a holiday dinner gone awry. It’s a story of legends, legacies, and the complicated bonds that tie family members together (or don’t). The entirety of the play takes place in four rooms of one house: the dining room, the front porch, the bathroom, and the basement. All scenes transpire on Thanksgiving 2016 somewhere in Ohio. Admission to the reading is free.

**The Musical Tatterhood April 11 - 13**  
Playwrights Local & The Young Playwrights Collective have joined to present a workshop production of a new musical, Tatterhood, book and lyrics by Julia Fisher, music by Vickey McBride, direction by Tammy Shanley, Thursday - Saturday at 7:30 p.m., April 11 - 13.  
Tickets \$8 General Admission, <https://bit.ly/2SFmeXo>. For group sales or other information, email [info@playwrightslocal.org](mailto:info@playwrightslocal.org) or call (216) 302-8856.

The play is a reimagining of a Norwegian fairy tale about sisterhood, identity, and trust in oneself. Tatterhood and Sunniva think they understand why their mother never lets them leave their castle. But when the twin princesses set out on a quest to rescue their kidnapped goat, they learn there is much more to the story than the Queen let on. Magic and danger lurk in the forest as the sisters encounter conniving trolls, condescending townspeople, a kick-lining witch, and nefarious princes...all of whom force the sheltered girls to confront how the outside world really sees them. Featuring original songs, live musical accompaniment, and daring swordplay. Run time: 70 minutes. Waterloo Arts Creative Center, 397 East 156th Street.

**Music for Miles**  
Given Miles’ special fondness for music, Waterloo Arts is very happy to be spon-

soring an annual program of six intimate chamber concerts, held in the gallery – usually with a show on the walls to add to the occasion. That space has decent acoustics and brings players and audience so close that the occasions are more musical conversations than formal concerts.  
The April concert - “Anatomy of a Phrase: a Conversation between Player and Composer,” is particularly so. In what is, in effect, an extension of the spring concert by The Cleveland Chamber Symphony’s NeoSonicFest, composer Steve Stanziano and pianist Randall Fusco will deconstruct Steve’s “Four Miniatures for Solo Piano,” playing it in several different versions, giving a glimpse into the interaction between composers and the players who bring their work to life. Sean Gabriel. Flutist, with Mell Csicsila and Andrew Pongracz, percussionists, will join the conversation to play four or five other pieces. (Andrew and Mel have appeared before in Music for Miles, as the quirky percussion ensemble Duo Anime.)  
The program (not necessarily in order, and including an intermission):

**Howard Buss** - “Stellar Visions” for flute and marimba - Sean Gabriel, flute, Andrew Pongracz, marimba  
**Jeffrey Quick** - “For Vibraphone and Piano” - Mell Csicsila, vibraphone, Randall Fusco, piano  
**Lou Harrison** - “First Concerto for Flute and Percussion” - Sean Gabriel, flute, Mell Csicsila and Andrew Pongracz, percussion  
**Daniel Dorff** - “Dance Etudes for Marimba Duo” - Mell Csicsila and Andrew Pongracz



**Stephen Stanziano** - “Four Piano Miniatures” Randall Fusco, piano.  
Adding to the afternoon will be a show of emerging young artists curated by Orlando Caraballo hanging on the gallery walls.

**AT PRAXIS**  
As part of the lead-up to the 50th anniversary of the Cuyahoga River catching fire on June 22, 1969, the Cleveland Foundation’s Creative Fusion: Waterways to Waterways Edition will bring together a group of international and local artists to focus on projects that connect the regenerative efforts for the Cuyahoga to global waterways.  
Praxis is proud to contribute to this city-wide event by creating three 60-foot

banners made of fabric dyed with natural indigo they’ve have grown in their Natural Dye Garden. The finished banners will hang from the Detroit Bridge during the 50th anniversary summer celebration. Two Creative Fusion Fellows have designed banners, and Praxis staff will work with Cleveland residents in nine public workshops across the city to create these banners while learning about the process of natural dyeing with indigo.  
Tony Williams, a Cleveland-based book artist and art quilter, has shown his work in many local and national juried shows, and has worked on numerous public art projects. He is currently working with indigo on paper, and writing and illustrating children’s books.  
Rowland Ricketts, trained in indigo farming and dyeing in Japan, utilizes natural dyes and historical processes to create contemporary textiles that span art and design. He planted an indigo crop at Indiana University and has mentored Praxis in our own indigo garden.



**April 6: MOCA Cleveland**, 12:00pm – 4:00pm  
1400 Euclid Ave. Cleveland, OH 44106

**April 13: Morgan Art of Paper Making Conservatory**, 10:00am – 2:00pm  
1754 E 47th St. Cleveland, OH 44103

**April 18: Cleveland Public Library – Collinwood Branch**, 12:30 – 2:30 & 4:30 – 6:30  
856 E 152nd St. Cleveland, OH 44110

**April 19: W 78th St. Studios**, 5:00pm – 9:00pm  
1300 W 78th St. Cleveland, OH 44102

**May 4: Cleveland Public Theatre- Station Hope**, 6:00pm – 10:00pm  
St. John’s in Ohio City and surrounding blocks

**May 11: Riverview Community Center**, 10:00am – 2:00pm  
1725 W 25th Street Cleveland, OH 44113



Alt Default

**Underground Classical presents: atl Default Friday, May 24**  
The alt Default is an eclectic trio that plays everything from Nathaniel’s alternative and rock influenced original songs to Dave’s arrangements of classical and jazz tunes to Hannah’s unique interpretations of folk music from all over the world. 8 – 11 pm. Praxis Fiber Workshop, 15301 Waterloo Rd

**AT BRICK**  
**Stamp-making April 6**  
Learn how to make your own stamps at the next workshop on April 6th with artist Holly Holladay, @pots4purpose. Holly’s solo show opens the night before - on April 5th - in the gallery. Registration for her workshop is now up on website [www.brickceramics.com](http://www.brickceramics.com). Materials and instruction included. You get to keep the stamps you make. Hope to see you there, spread the word! #ceramics #classes #workshop #stamps #clay #texture #pattern #learn #grow

**AT THE BEACHLAND**  
**Cleveland Arts Prize Honors Michael Stanley** Saturday, May 4  
Cleveland Arts Prize will give Michael Stanley a Special Lifetime Achievement Award to celebrate his remarkable 50-year career in music, local media, and philanthropy. And where more suitable than one of America’s iconic music venues, The Beachland Ballroom, co-owned by 2007 Arts Prize recipient, Cindy Barber? Festivities will begin at 6pm with a pre-show VIP party in the tavern, silent auction in the lobby (which will include rock n roll memorabilia) and a special CAP benefit concert featuring An Acoustic Evening with Michael Stanley & Friends at 8pm. General Admission, doors open at 7pm. For additional information visit: [www.cleveland-artsprize.org](http://www.cleveland-artsprize.org).  
2019 Lottery League Season is coming! Save the dates!  
Registration for currently active area musicians has begun, with orientation dates to follow. All past participants looking to participate again can contact The Council at [lottoleague@gmail.com](mailto:lottoleague@gmail.com). And as always, all new participants must receive a referral from previous participants to be considered. 10 year anniversary of the first ever Lottery League Draft! Held at the old Asterisk Gallery in Tremont (and simulcast at Edison’s Pub!), one decade ago this crazy art project randomly drafted together 33 all new bands in Cleveland, and the rest is as they say, history.

**April 5-6 Beachland fundraiser showcase**  
It all starts with a Showcase Fundraiser/Pre-Draft Party and the Draft, which take place on Friday, April 5 and Saturday, April 6, in both rooms at the Beachland Ballroom and Tavern. The BIG SHOW, the season-ending day-long free festival showcasing the first live musical performances for all the 2019 season’s newly formed bands, will take place on June 8 at the Hamilton Collaborative warehouse. The event will feature more than 150 active musicians from Northeast Ohio. They’ll be randomly drafted into about 30 all-new four piece bands. No participant can be placed into a group with anyone that he or she is currently, or has previously, collaborated with musically. In the previous four seasons, 499 participants have formed 150 bands.

**Get Hep Swing Prom April 27**  
Get Hep’s 20th anniversary and Swing Prom will be at the Beachland this year, with The Pitt Vipers and Sweet B, so get your dancing shoes on. The night will feature a jitterbug lesson, a performance from swing dance champions Alexis Davila and Cyle Dixon, and swing music from the Pitt Vipers! Tickets are \$15, or \$18 the day of the show, at [www.BeachlandBallroom.com](http://www.BeachlandBallroom.com).

## Nan’s Notes



Get Hep  
**ALONG THE STREET**  
**Vinyl cat’s 15th Birthday Party: Fund-raiser for MUSIC SAVES April 3**  
Join Vinyl Cat on Wednesday, April 3, 6 – 10 pm, at the Beachland, and help MUSIC SAVES recover from multiple debts. FREE admission. Come when you can, leave when you want. Beachland kitchen and bar open for food and drinks - get dinner! Raffle prizes & silent auction items! Schedule a visit with Vinyl! Donations for raffles and silent auctions will be warmly welcomed. For the full story of the changes in life and the music industry that led to this moment, go to Melanie’s eloquent explanation at <https://musicsaves.com/pages/music-saves-news>. There will be 4 fundraisers this year, each attached to its own special event.

**Rust, Dust & Other 4 Letter Words**  
“Oh Deer,” says Larry Fielder, describing the bike rack he concocted from – bike parts. “It’s not your normal indoor wall-mounted bike rack. Scetchy Walnut base holds a vintage bike saddle & handlebars. Store your bike on any wall in the house except the bathroom. Pretty sure there’s laws against that.”  
Larry has also finished a new floor lamp that sports a 1926 license plate, among other interesting bits&pieces. Industrial? Vintage? Steam Punk? You can decide if you visit Larry at his studio gallery on Waterloo - Rust, Dust and Other Four-letter Words 16608 Waterloo. [fishingoh@roadrunner.com](mailto:fishingoh@roadrunner.com). 385-7306.

**AROUND THE NEIGHBORHOOD**  
**Collinwood vs Euclid “The Big Clean” April 6**  
Register for the third annual competition between neighbors to see who can pick up the most trash! Bear in mind that Euclid has won every year so far – that should stop. All participants need to pre-register at [cityofeuclid.com](http://cityofeuclid.com), then turn up at VASJ at 9 am; trash-gathering goes on till 1 pm. This year there will be free T-shirts, lots of free food, prizes and music. April 6, 9 - 1, VASJ

**Clean & Green Cleveland 2019**  
If you want to organize your own neighborhood cleanup, you can borrow the Clean & Green trailer, which – thanks to the generous support of the Citizens Bank Foundation - is available to residents and community groups through Cleveland Neighborhood Progress. The trailer is stocked with landscaping tools and cleanup supplies to assist with beautification and clean-up efforts and events in Cleveland’s neighborhoods. It may be rented, free of charge, for projects taking place between April and October 2019. <http://www.clevelandnp.org/cleangreencleveland/>

**Finally the Flooding Will Stop**  
NEORS has announced a \$15 million dollar sewer project on E185th St. that should alleviate the water problems that have plagued the area; the old and new systems will be integrated, and the street will be completely resurfaced – although it will not be excavated and closed to traffic, because

the work will all be done below ground, boring tunnels. Depending on Dominion gas line issues, the project should begin in May. Take note that until both systems are completed, potential flooding will still be possible. But an end is in sight.

**The Grovewood Boys Are Gone**  
In mid-March, Operation Crazy Train, co-ordinated by Cleveland’s 5th District, the DEA, Euclid Police, the U.S. Attorney’s Office, U.S. Marshall’s Office and other police agencies, carried out raids in Ward 1 (on the city’s Southeast side), Ward 8, Ward 10, Euclid Park, the City of Euclid, and portions of Lake County. They arrested 20-odd members of a sophisticated and organized gang that was selling heroin laced with fentanyl and carfentanyl to over 300 drug users throughout the northeast section of the county and Lake County. Also an alligator. Councilman Polensek cites this operation as a shining example of police work based on information from residents.



2012 Lighthouse Rain Barrel

**The Collinwood Painted Rain Barrel Project CALL FOR ARTISTS**  
To honor the 50th Anniversary of the final Cuyahoga River Burning, The City of Beachwood, along with Friends of Euclid Creek and The Collinwood Painted Rain Barrel Project, are hosting a rain barrel painting competition for the Greater Cleveland region. There will be a culminating exhibit of designs and barrels in August at Beachwood Community Center.  
A jury will award prizes to the top ten professional entries, and prizes will awarded to amateurs and children as well. Design proposals due Friday May 3rd: for a pdf of this application, email: [SusanMerdler@susanmerdler@beachwoodohio.com](mailto:SusanMerdler@susanmerdler@beachwoodohio.com)

**At the Farmers’ Market**  
Northeast Ohio is not exactly a cornucopia of fresh vegetables at this time of year - but every week the Coit Road market manages to fill several stands (there’s something to be said for eating seasonally) and very soon the asparagus will arrive - plus bakery, eggs, butter, cheese, jams, pickles. Coming up are classes by the SpiceHound and Needham Farms, who do almost weekly demos on how to use what they’re selling – plus related topics like making cheese. April 13th pasta; April 20th natural egg dyeing.

# COMMUNITY



Gamerhaven

**GamerHaven and the Allen Wine Bar**  
Gamerhaven, home of the Allen, continues to evolve. It now lives in Gatewood Workshare. Allen Wine Bar also continues to experiment with formats, based on offering party services for events held at GamerHaven. On third Sundays, they’ll offer an old-fashioned family dinner; on Thursday, Friday and Saturday evenings, they’ll be a wine bar; and on occasion, the premises will be available for parties. And don’t forget the weekly karaoke and line dancing classes, Thursday and Friday nights.



Swingbone

**The Standard Has Music!**  
Swingbone is swinging with jazz standards at the Standard on Thursdays from 8-11. A great restaurant just got better! Come for the new menu, the live music with Swingbone and the coolest vibe in Cleveland. Live music lives at the Standard!



Baker’s chocolate whips

**Humphrey Popcorn, Baker’s Chocolate Back in the Neighborhood**  
Michael and Susan Prokop, with Mike’s sister Joanne, have set up the latest version of the Humphrey Popcorn stand in a shop-front adjacent to the LaSalle, where they’ll sell many flavors of the beloved popcorn along with the special-recipe Humphrey taffy kisses, Baker’s chocolate whips, and locally made products like OhFudge sweets and Cleveland Jam wine jellies. All heavily laced with memories.  
Dudley Humphrey was an entrepreneurial spirit who engaged in timbering (the family came west to Ohio for the quality of the timber) and horse training (at a time when Glenville hosted harness

racing) before he was inspired to take his grandmother’s uniquely delicious popcorn public – and eventually to surround it with an amusement park. Grandma Humphrey grew her own popcorn – a small, white variety imported from Japan - and popped it in a cast-iron kettle with a lid pierced by a hole through which she could keep stirring it, adding salt and oil as it popped; it needed less oil than most, and the constant motion made it unusually light and fluffy and almost hull-less. (I’ll bet the grandchildren were recruited for the stirring.)

Dudley translated the kettle into a commercial popper that kept the kernels in motion and seasoned as it popped, but it didn’t sell as well as hoped - so he used it to make popcorn, harnessed a horse and cart and drove round to Cleveland’s various parks, selling his grandmother’s popcorn. That sold very well, and the Humphreys opened a popcorn stand on Public Square. Later they followed the crowds out to Euclid Beach - where they did well again, and eventually bought the park with a view to encouraging wholesome family-friendly entertainment. Euclid Beach under their upright rule emphasized exciting rides over such attractions as gambling, and served coffee but no alcohol.

Eventually, of course, tastes changed again and Euclid Beach Park closed its gates – the year we arrived in Cleveland, sadly. But Collinwood continued to crave Humphrey popcorn, and the Humphreys went on making it – until Susan Prokop went looking for Humphrey popcorn balls for a high school reunion.  
She told her husband Mike what she’d found out, and Mike ended up buying the Humphrey company, for reasons not too different from those that moved Dudley Humphrey: a hope of reconnecting Collinwood to its old feeling of community. Then they went on to buy the recipe for Baker’s chocolate (the store on Holmes hung on a lot longer than Euclid Beach; on my first visit, when I mentioned Mitchell’s in Cleveland Heights, Baker’s owner assured me that his grandfather “taught George Mitchell everything he knew!”), particularly for the Baker’s chocolate whip, a deliciously messy confection of chocolate and marshmallow cream that is almost guaranteed to end up on your nose. They are now being stocked in the shop, along with seasonal chocolates (rosebuds when I visited in February, rabbits and eggs for Easter).  
You can buy these delights in the store or order from the Web site – [humphrey-company.com](http://humphrey-company.com). Humphrey products are available for special events like showers and fundraisers, and they’ll be at Eggshelland at Richmond Mall (over 16,000 original hand painted egg shells on display!) for the two weeks before Easter: Friday April 12th through Saturday April 20th. Times at: [www.theeuclidbeachboys.com](http://www.theeuclidbeachboys.com).

And you can keep up with popcorn news on the Humphrey Popcorn Facebook page. Baker’s had a sign behind the counter, “Good chocolate is not cheap. Cheap chocolate is not good.” The Prokops are honoring that motto by paying the higher cost of pure chocolate, made without the fillers that rising prices have persuaded some manufacturers to add. And the Humphrey farm has expanded to more than 1,000 acres, capable of providing a year’s supply to the current popcorn makers. Life is good.



# EVENTS

## Spring into Collinwood Library for Fun and Exciting Programming

by *Kiaira Jefferson*

### SPRING INTO COLLINWOOD LIBRARY FOR FUN & EXCITING PROGRAMMING

856 East 152nd St, Cleveland, OH 44110

Manager, Caroline Peak

216-623-6934

cpl-collwd@cpl.org

Take a look at what we've got coming up for you in April:

#### YOUTH PROGRAMS

##### Kid's Café Meal Program

In collaboration with the Cleveland Food Bank, Kids Café is being served!

Monday – Friday — 3:00pm-4:00pm

##### FREE Tutoring in All subjects:

Grades K – 8--one-on-one and/or group tutoring and homework help offered in partnership with Cleveland State Univer-

sity's America Reads tutoring services.

Monday – Thursday--3:00pm – 6:00pm

#### Spring Celebration Coloring Contest:

This is going to be fun and sweet! It's up to you to let your talents shine through! Winner wins an egg-celent prize and/or treat! Thursday, April 18th @4:30p

#### Community Art Project:

Join us at Cleveland Public Library, Collinwood Branch to participate in a city wide banner project. By dyeing squares of cotton in Indigo, you will learn a new art process, take a piece home, and a piece will be sewn into a banner with hundreds of others. The banners will hang from the Detroit Bridge in downtown Cleveland on June 22! WHEN: April 18, 12:30pm - 2:30 pm & 4:30 pm - 6:30pm

## Review on G230 Gaming Headset



by *Damien Hayes*

Recently I purchased the gaming headset called G230 by Logitech from Microcenter.

This headset ran me \$40 and for \$40 I'll give a b- grade. The reason I picked this letter grade? I'm going to get to the cons 1st. When I purchased the G230 headset I was unaware that the headset didn't come with a controller adapter end that plugs in the controller to the headset. Fortunately I had

an extra adapter so I was able to use them right away, if I didn't have this adapter I would have to buy it separately for \$10 from Microcenter.

Now that's the end of the cons, to the pros. Now the G230 has excellent sound to it. I have played with a lot of headsets and the sound on these is incredible. The sound is clear and powerful, the mic is clear and crisp when streaming. I didn't hear any feedback, no popping or static noises. This is an excellent price for these. I definitely recommend this headset for beginners and professionals.

## ARTiCLE has 5 new Artists

by *Al Fuchs*

Article has expanded to include five resident artists. They are: Kathy Skerritt, Kathy Skerritt, Rita DiCello, Al Fuchs, Diane Pinchot, Robert Marrone as well as Article owners Susan and Louis Ross

Please join us for our continuation of "The Artists of Article" as we celebrate Spring - Friday April 5, 2019 from 6-10 PM "Walk All Over Waterloo".

Link to show on Article's facebook page. <https://www.facebook.com/article/>

## Public Asked to Help With Long-Term School Planning

(continued from front page)

building and renovation program that has been funded by the state and local bond issues.

The District is responding to this call and taking the opportunity to better align its academic and facilities decision making.

"We are seizing this moment in time to plan not only new buildings but the improving academic programs that will inhabit those buildings," said Christine Fowler-Mack, the District's chief portfolio officer.

The public is invited to join the long-

term planning process, which will explore data reflecting academic quality, enrollment trends and forecasts, and building use and conditions across the city. The data is contained in a comprehensive fact base called the Citywide Analysis.

The Citywide Analysis will allow the community to use the same information considered by District and charter school leaders when assessing how best to plan for quality schools in every neighborhood. It provides data at three different levels — citywide, by region and at the school level

## Opening May 3 at Waterloo Arts: "Thiz Girlz Lyfe"



sheema Morgan, an exotic dancer in present-day Cleveland, Ohio. Nasheema appears to have everything she needs: a house, a handsome man, and a loving daughter. But beneath that facade, things are spiraling out of control. Nasheema's husband expresses his anger with violence and belittling. The party scene that she turns to puts her daughter at greater risk. Nasheema can only deal with so much before she must find a way out.

"We're proud to present this gritty, authentic piece by Ernesta Jefferson, an up-and-coming writer we have a lot of faith in," said David Todd, Artistic Director of Playwrights Local. "There were a couple of smaller presentations of 'Thiz Girlz Lyfe' before, but Ernesta has reworked the script in our Play Lab program this year. We think this will be an extremely compelling show, one enhanced by our partner, the Powerful Long Ladder Ensemble. This is a real story about life in Northeast Ohio -- the type of thing we at Playwrights Local want to bring

to local audiences."

The cast of "Thiz Girlz Lyfe" features Lorraina Worthen and Martin Rawls IV and includes Samone Cummings, Sean Dubois Day, Rochelle Jones, Irma R. McQueen, Shante Smith, and Nyrie Stallworth. Design for the production is by Harold Crawford (costumes), Marcus Dana (lights), Beau Reinker (sound), Prophet Seay (set), and Lisa L. Wiley (props). The staff includes stage manager Geraldine Harris, board operator Calvin Lane, and carpenter Tom Hayes.

"Thiz Girlz Lyfe" runs May 3 through 18, 2019, with performances Friday and Saturday at 7:30 p.m. and Sunday at 2:30 p.m. All shows will be at the Creative Space at Waterloo Arts (397 E. 156th Street, Cleveland, OH 44110). Tickets are \$18 for adults, \$15 for seniors and groups, and \$12 for students. Group packages can be arranged by contacting Tom Hayes at [hayes@playwrightslocal.org](mailto:hayes@playwrightslocal.org) or (216) 302-8856. For complete information, visit <http://playwrightslocal.org/>.

About Playwrights Local

Playwrights Local is a theater company based in Cleveland. As a playwrights' center, our goal is to provide a home for dramatic writing in Northeast Ohio. We offer classes and workshops, produce original plays, provide networking opportunities, and engage the community through outreach projects. Tax-deductible contributions to our 501(c)(3) group can be made at <http://www.playwrightslocal.org/donate/>.

Contact

Tom Hayes, Managing Director

Playwrights Local

(216) 302-8856

[hayes@playwrightslocal.org](mailto:hayes@playwrightslocal.org)

<http://playwrightslocal.org/>

— for both District and charter K-8 and high schools.

While the report presents data analysis, it does not make recommendations. The analysis will enable educators, community members and families to work from the same set of facts and engage together in thoughtful planning.

"We are presenting this without a point of view," CEO Eric Gordon said. "We were very deliberate in holding ourselves accountable to not saying, 'This is what we should do.'"

The Citywide Analysis is available at [qualityschoolsforCLEkids.org](http://qualityschoolsforCLEkids.org). The website also includes an interactive tool that will allow visitors to explore their own region, a user guide, a schedule of public meetings, frequently asked questions and a form for questions and comments.

Gordon will lead a series of six public meetings in April, beginning Tuesday, April 2 at East Tech High School. For a complete schedule, go to [qualityschoolsforCLEkids.org](http://qualityschoolsforCLEkids.org). The schedule is also on a postcard that is being mailed citywide.

# COMMUNITY

## Doggone Special: Linus Celebrates 10 Years of Comforting Hospice Patients



by *Laurie Henriksen*

They say that every dog has its day, and on March 19, it was Linus's turn to shine.

The gentle Golden Retriever therapy dog was honored for a very special milestone: 10 years of bringing comfort, compassion and smiles to patients and their families at David Simpson Hospice House.

Several of Linus's fellow therapy dog buddies and their volunteer owners attended a party in his honor complete with a cake, dog toys and treats for everyone and a four-legged pooch parade through the hallways.

Each day, Linus, along with his owner, long-time Hospice of the Western Reserve nurse Keli Keyes, arrive faithfully for their shift at David Simpson Hospice House, bringing comfort and smiles to patients, families and visitors. Linus provides unconditional love at a time when it is most needed and has the uncanny gift of sensing when others are in need. Last year alone, more than 1,300 patients received care at

David Simpson Hospice House, and they were visited by thousands of loved ones. Multiply that one year of service by 10, and you can see just how much love Linus and Keli have spread around.

What does Keli have to say about her beloved dog? "Linus will happily accept pets and hugs, and he especially loves to ask for belly rubs. Sometimes, his fur absorbs tears."

Linus has an amazing back story. In 2008, he was rescued by G.R.I.N. (Golden Retrievers in Need), an organization that provides forever homes to stray dogs from shelters, pounds and owner surrenders. Little did he know that he would ultimately be adopted by Keli and trained and certified to carry out a very special mission. The duo has been bringing comfort, love and joy to hospice patients since 2009.

Linus and Keli are not alone in their im-

portant pet therapy work. Hospice of the Western Reserve currently has 23 volunteers who visit patients with their certified pet therapy dogs in a variety of settings. The comfort they provide extends to thousands of people in our community every day. Experts say simply stroking a dog can reduce anxiety, lower blood pressure and heart rate and ease depression. Often, the dogs make a special connection with patients who once had beloved pets of their own. The comfort of a soft furry muzzle nudging their hand provides the best medicine of all.

Interested on becoming a Hospice of the Western Reserve volunteer? Sign up for a volunteer training session at [hospicewr.org/volunteer](http://hospicewr.org/volunteer), or call or email for more information: 216.255.9090, [volunteering@hospicewr.org](mailto:volunteering@hospicewr.org).

## Where is the Linda Mae?



by *Melissa Hollowood*

For forty years the Linda Mae has been an icon on the shoreline of Wildwood Park with her familiar green and yellow color scheme. Her home port next to the also familiar green and yellow pier at Gate 1 of the Nottingham Water Transfer Station will no longer be. Linda Mae's new home port will be at Chagrin Marine and with her will be the Popeye and Express boats. The move was necessary as Cleveland Metroparks dissolved their interests in the fishing charter business with Captain Vitas Kijauskas and his fleet. This is only the beginning of Linda Mae's long and arduous journey east.

On October 20, 2018 a violent storm blew in over the water of Lake Erie. Captain Vitas and a crew man remained vigilant through out the evening securing the lines of his fleet and the other boats moored at the floating docks. After monitoring the Wildwood Weather Station weather and wind all night the storm seemed to be subsiding and the winds taking a turn away from the harbor. In the early morn-

ing hours of October 21 Captain Vitas felt confident enough to temporarily resign his post at the dock.

As Captain Vitas returned to the dock he sadly discovered Linda Mae thrown into the gas docks with only her bow and windshield above water. An unpredicted four and a half foot storm surge that lasted for seven minutes as recorded by the instruments of the water plant nearby proved to be too strong for this glorious 67 year old green and yellow steel vessel. This was a sad and memorable day for all those who witnessed the aftermath of this pop up storm surge the left Linda Mae, for the first time in her career, submerged under water. Her recovery begins.

The recovery of the submerged and damaged Linda Mae proved to be a feat in itself that lasted three long days due to poor weather conditions. The job of bringing Linda Mae above water was a collaboration of the Coast Guard Marine Safety Office, underwater marine contractors and the expertise of those trained to perform such



a difficult operation. Once again, on the waters surface it was time to assess the damage done to this once magnificent vessel and devise a plan for the restoration of Linda Mae to get her back in Lake Erie again.

Now in dry dock, Linda Mae is on a long road to restore her back to her original glory. The restoration process is a combined effort of many experienced individuals from welders to clean up crew to diesel engine experts. Only the best for the 1934 Detroit Diesel which was built during the Great Depression to keep Americans employed. During World War II the Detroit Diesel was converted to water cooled to be used in vessels for the Normandy Invasion.

After World War II one of the many surplus engines was made available to Nolan Ship Builders in Erie, PA finding its way into the Linda Mae in 1951. Restoration is currently underway and soon the green and yellow steel icon of Lake Erie will be seen full of anglers or those just enjoying the afternoon on the water.

The new home port for Captain Vitas Kijauskas and his fleet will be Chagrin Marine located in Eastlake at 226 E. Island Drive. To make a reservation or book a private charter for the 2019 season please call 216-481-5711. Bait and tackle will be available for purchase at Chagrin River Bait and Tackle (140 Forest Dr., Eastlake).



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# EVENTS

## We're Hiring: AmeriCorps VISTA Position serving Greater Collinwood



by Collinwood & Nottingham Villages Development Corporation

Greater Collinwood Development Corporation is proud to announce we were awarded an AmeriCorps VISTA through Ohio CDC Association (OCDCA) AmeriCorps program. We are seeking a candidate for our new AmeriCorps VISTA position. This position will be one-year of service, the service year will begin June 10, 2019 and end June 8, 2020.

The VISTA duties will include:

- Coordinating the implementation of the neighborhood housing plan, focusing on the identified investment nodes, will integrate portions of CNVDC's expanded service area in north Collinwood into the existing plan.
- Assisting CNVDC staff cultivate greater communication between residents and CNVDC pertaining to housing needs/concerns in our community, foster a stronger relationship between CNVDC and other area organizations that work on housing stabilization / housing counseling, leading to greater



collaboration with other Cleveland organizations.

- Through use of the Case Western Reserve University's NST Web App, the VISTA will capture neighborhood housing data, thereby strengthening the relationship between CNVDC and the Center on Urban Policy at Case. This will result in a more data-driven approach to neighborhood housing policy. The data collected will help support the marketing of homes redeveloped through the neighborhood housing plan,
- Assisting CNVDC staff with employment resource development by scanning local resources for employment opportunities, and form partnerships for employment resources.

If you are interested and would like more information, please contact Kristian Hunter 216-268-2138 or email: khunter@greater-collinwood.org. If you would like to apply for this position and have an opportunity to interview, please apply online at <https://my.americorps.gov/mp/listing/viewListing.do?id=86476&fromSearch=true>

## The Haunting on 12817 Locke Ave.



by Dame Hayes

Welcome to a story about a the real life haunted house on Cleveland's east side !! On a long quiet street, where half of the houses are torn down, the street looks like a ghost town! There's a home that sits abandoned and haunted on Locke Ave, 12817 Locke Ave. is the address of the house where the residents of the street say this home is haunted. People have recalled hearing all kind of strange sounds banging, slamming, walking, stomping and moaning. I can vouch for those claims, because I witnessed it myself. All these unexplained sounds. I was there and heard them all. There was a tragic event that happened, a man was murdered in his house by a family member. The murder victim name was Paul Cotton, I had a opportunity to experience these strange but memorable activities. I had to clean and bag up Paul's belongings, while I was doing this I kept hearing a knock at the door.

I thought people in the neighborhood was knocking at the door because they wanted to find out what happened and asked questions about the murder. I'll go to the door nobody was there, I'll go back upstairs to continue cleaning out the house then I'll hear the

knocking again, I'll go back down to the front door where once again nobody was at the door, then i would hear a loud bang like someone slam something heavy on the floor. BOOM! BOOM! I heard it again. Now I'm wondering what's going on myself, I'll come peek out in the hallway where I heard the loud boom but there was nothing laying on the floor. No sign of what would make that sound, the next day i would come i encountered, the sounds plus weird smells, and one time i experience the most paranormal activity i encounter I have ever experienced. I was in the bedroom bagging up some trash, I heard what sounded like footsteps coming in bedroom what would follow was dramatic change in temperature , the room got extremely cold , so cold where i was blowing fog out my mouth and shivering from the temperate dropping it was something I can't explain like standing in a big freezer, then feeling like somebody's walking around you, but I wasn't afraid. It was a experience only a few will ever encounter, a real life hauntings. I still go to the house till this day where i almost every time encounter the spirit of Paul Cotton. I advise anybody who hasn't encountered a restless spirit or paranormal encounter to check out the house at 12817 Locke Ave. don't be afraid if you hear strange sounds, loud banging, moaning. If you experience the temperature dropping and you catch that quick glance of a dark shadow out the corner of your eye darting across the room just remember it's just the spirit of Paul Cotton wondering who's walking around his house.

You can follow me.

Instagram @ iamthegreatdame

Youtube @ i am the great dame

## Scoop on Summer Content Due by May 1



by Erin Randel  
ALL LISTINGS  
ARE FREE!

If you own an Eatery please verify your info on our website and submit changes by email, [hello@collinwoodcoop.org](mailto:hello@collinwoodcoop.org).

collinwoodcoop.org. If you have an event or a youth program, submit via the "Submit your event" button on our website [www.collinwoodcoop.org](http://www.collinwoodcoop.org). If you are a member of a Block Clubs or a Community Builders please submit or update your info by email, [hello@collinwoodcoop.org](mailto:hello@collinwoodcoop.org).

Not sure where your content belongs?

Want to volunteer to edit, proofread, or help with distribution?

Touch base with project organizer Erin Randel by phone at (216) 235-5009 or email, [hello@collinwoodcoop.org](mailto:hello@collinwoodcoop.org).

There are three levels of sponsorship available for the Scoop. You can be a \$100, \$250, or a \$500 Sponsor and receive Logo acknowledgement on the cover of the 2019 Scoop on Summer print edition and featured placement on the website through 2019. Contributions are tax deductible through our project's fiscal agent, Greater Collinwood Development Corporation and may be mailed directly to them at 15614 St. Clair Avenue, Cleveland, OH 44110, Attn: Scoop on Summer.

## E 185th Neighborhood Association Meeting Report: Good News with WPC Project Starting!

by Elva Brodnick

At our March 12th meeting, we welcomed Commissioner Rachid Zoghaib and his team, to explain the soon-to-begin E 185th St Water Pollution Control Project.

Points covered included:

- 1) Traffic will be basically maintained. This is possible, because the work will be done by tunneling, rather than by opening up the whole street.
- 2) Afterwards, the street will be redone.
- 3) Begins in June or July, and will take about 18 months to 2 years.

Councilman Polensek also talked about this project, along with other community news.

Our Fifth District Community Engagement Officers then took questions, about neighborhood concerns.

Mr. Greg Pollard brought along information, on different programs now offered by Greater Collinwood Development Corporation.

As always, we invite you to check out your local Neighborhood Association - the meetings are always listed in the Community Meetingscalendar here in the Collinwood Observer. This is your regular chance, to talk to both the Councilman, & our local Police District - & it's a great way to be active, in this community of ours.

Look forward to seeing you! (And bring a neighbor!)

See you next month!

Elva Brodnick  
Chair / The E 185th Neighborhood Association

## Community Fundraiser



by Gaylisa Carr

Dear Community Members,

I am pleased to announce that A.L.H.H. INC. will be hosting their first Community Fundraiser and Organization Introduction on Saturday April 13th, 2019 from 7pm- 12 am at Redeemer on the Avenue 15901 St. Clair

Avenue Cleveland, Ohio 44110.

This event will feature a night of honoring women who have successfully transitioned to productive members of society. The night will include live music, testimonials, raffles, live auction/silent auction, buffet dinner and cash bar. We are confident that this event will attract a diverse crowd that will support families affected by the epidemics of drugs and mass incarceration.

We invite you to consider joining us as a sponsor to ensure our mission will reach the needed communities. We are committed to actively promoting every sponsor who will commit to making this a much anticipated, successful yearly event.

If I can provide additional information, please feel free to contact me at 216-630-4805. We look forward to your help in promoting our vision of loving, advocating, educating and supporting our clients.

## QUALITY SCHOOLS FOR CLEVELAND'S KIDS

# Help us plan your schools



Cleveland's population patterns have changed over the last five years, and the Board of Education wants to ensure that the taxpayers' investment in their school facilities matches the community's needs. The independent Bond Accountability Commission has also called for a fresh look, citing trends in enrollment and construction costs.

Join us as we kick off this long-term school planning process and explore data reflecting academic quality, school enrollment and building use and conditions across the city.

Visit [QualitySchoolsforCLEkids.org](http://QualitySchoolsforCLEkids.org) and attend one of the regional planning meetings led by Cleveland Metropolitan School District CEO Eric S. Gordon.

## Join us at a regional meeting near you.



<b>EAST</b>	Tuesday, April 2	6:00 PM	East Technical High School, 2439 E. 55th St., 44104
<b>SOUTHEAST</b>	Thursday, April 4	4:00 PM	Third Federal Savings, 7007 Broadway Ave., 44105
<b>WEST</b>	Saturday, April 6	1:30 PM	Max S. Hayes High School, 2211 W. 65th St., 44102
<b>NORTHEAST</b>	Saturday, April 13	1:30 PM	Collinwood Recreation Center, 16300 Lake Shore Blvd., 44110
<b>SOUTHWEST</b>	Wednesday, April 17	6:00 PM	New Tech West School, 11801 Worthington Ave., 44111
<b>NEAR WEST</b>	Thursday, April 11*	6:00 PM	Garrett Morgan High School, 4016 Woodbine Ave., 44113
	Thursday, April 18	6:00 PM	Garrett Morgan High School, 4016 Woodbine Ave., 44113

\*This meeting has been added to accommodate members of our community who observe Holy Thursday.

To view the Citywide Analysis, request more information and provide feedback, visit [QualitySchoolsforCLEkids.org](http://QualitySchoolsforCLEkids.org) or call 216.838.0000 to speak with an engagement team member.



A CMSD Communications Publication





OUR LADY  
OF THE LAKE SCHOOL

Pre-K through 8th Grade

Faith

Academics

Community

OLL Rite of Election



Our Lady of the Lake's group at the Rite of Election at St. John Cathedral

The Rite of Election is a very special moment for those seeking to join the Catholic community. This is the day, during their journey of reflection, discernment and formation in the Catholic faith, that all the candidates preparing for baptism gather with those from other parishes to meet the Bishop in a special service called the "Rite of Election" at the cathedral. It was wonderful to share this moment with families joining Our Lady of the Lake parish, and a privilege to be welcoming them to our parish family.

Walkathon Is Valuable Tradition at OLL



Our Lady of the Lake School Ninth Annual Neighborhood Walkathon


It's an annual tradition that Our Lady of the Lake school kids know very well! Come May, the students don Walkathon t-shirts, decorate and post signs and are seen happily taking a walk around the neighborhood to help the PTO raise funds for new items the school needs. This year, the PTO is raising money for new safety items.

Although at first glance, the students look like they are just taking a stroll, there is a lot of planning that goes into the Walkathon! Sponsored by the PTO and in its ninth year, the Walkathon is a spring ritual for the school kids, faculty, and parents alike. But when all is said and done, the students help the PTO raise money for much-needed items that include awnings and safety measures, field trips for students, sponsored assemblies and band instruments.

Our Lady of the Lake School Principal, Mrs. Jenny Millett, once a student at the school herself, welcomes the neighborhood to join in the fun. "All members of OLL parish and the community are encouraged to come out and walk or cheer on the students," Millett said.

Mrs. Maryellen Cotter, a long-time neighborhood resident and OLL parishioner, said she watches for the students to come by each spring. "It's a wonderful tradition I look forward to each spring," said Cotter. "We parishioners who are lucky enough to live in the neighborhood enjoy watching the kids. This is a wonderful school and this neighborhood loves to support these young folks."

So if you spot a group of happy Walkathon t-shirt-clad students walking on Wednesday, May 8, give a honk of your horn or come out and greet them to let them know that you, too, support their efforts to take a spring walk for a good cause.



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Tri-C,  
I wouldn't  
be where  
I am today.

SUPPORT

Valencia Collins enrolled at Tri-C to earn a nursing degree, and today she has a job doing what she loves.

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College

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Join us at Easter,  
or any time!

All are welcome at Our Lady of the Lake

April 12: Living Stations, 8:00pm

April 13-14: Palm Sunday Weekend

April 17: Tenebrae, 7:00pm

April 18: Holy Thursday,  
Mass of the Lord's Supper, 7:00pm

April 19: Good Friday, Community Stations of the Cross, 12:00pm


Celebration of the Lord's Passion, 7:00pm

April 20: Holy Saturday Blessing of Food, 12:00pm Easter Vigil, 8:00pm

April 21: Easter 8:00am, 10:00am, 12:00pm

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April 2019


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RECIPROCITY



RESILIENCE



COLLECTIVENESS

Friday Clubs!

Block club- Let's get building!

Movie club- Let the show begin!

Superhero club- What's your superpower?

Yoga club- Stretch and breathe!

Friday clubs are a great way to end the week at Imagine Bella. Check out the photos from just a few of the club choices for students.

Upcoming Events

April '19						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

1 Classes Resume  
10 PTO Meeting  
10 5th Science OST and  
4th Social Studies OST  
16-17 3rd-6th English  
Language Arts OST  
19 No School – Good  
Friday  
22 No School – Monday  
after Easter  
24-25 3rd-6th Math OST  
29 Start of Spring STAR  
window

May '19						
S	M	T	W	Th	F	S
	1	2	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

9 STAR Spring window  
closes  
9 Spring Carnival  
10 No School for  
Students – PD  
15 Spring Concert  
20-24 Spirit Week  
23 Kindergarten Clap  
Out/6th Grade Promotion  
24 Last Day of  
School/Field Day  
31 Last Day for Staff

Mark your calendar for these important dates at Imagine Bella and stay connected to additional updates through ClassDojo!


Service Learning in the Community

First grade students participated in activities together with the residents.


Ms. Eucker's students read with the residents during their visit.

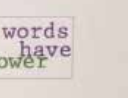
First grade students from Ms. Eucker's classroom visited a local nursing home as part of their service learning project. Students read books with the residents and made a snack together. Check out some of the photos from their visit.

Word Power



Reading is Our Super Power  
SEE IT! SAY!





Word Power Forever!

Parents/Guardians find out how YOU can coach your child to unlock their wordPower!

WordPOWER! Forever! April 10th 2:30pm – 3:30 pm.  
Bella Academy of Excellence – 19114 Bella Dr.

Kindergarten and First Grade parents, join us for an important session on helping your young reader grow!

Join the Discussion at: [www.collinwoodobserver.com](http://www.collinwoodobserver.com)

Join the Discussion at: [www.collinwoodobserver.com](http://www.collinwoodobserver.com)



# V Villa Angela-St. Joseph High School

*Faith. Family. Future.*

## VASJ Academic Decathlon team wins state

Villa Angela-St. Joseph High School's Academic Decathlon team added another state championship to the school's impressive list after winning the Novice Division at the 2019 Ohio Academic Decathlon State Competition on March 16.

"We are so proud of the students on our Academic Decathlon team," says VASJ Principal David Csank. "They worked hard all year and achieved the ultimate goal: Winning a state title in the competition. To win the championship in only their third year is an amazing accomplishment!"

This is not the first state win for VASJ's Academic Decathlon Coach Bob Seitz, who has been coaching for over 30 years. Exactly 10 years ago, he coached the Collinwood High School team to a state championship. Seitz knows the hard work and dedication it takes for students to achieve this level of success.

"These students are to be commended for undertaking a rigorous curriculum consisting of seven major subjects, two speeches, an interview, and an essay," Seitz says. "Attending after-school practice sessions, writing an essay, preparing a speech, and studying seven subjects is quite an undertaking for high school students. Their sacrifice and hard work has paid off and it is a proud moment for us to be associated with and supported by Villa Angela-St. Joseph High School."



Congratulations to Mr. Bob Seitz and the Villa Angela-St. Joseph High School Academic Decathlon team for winning the state tournament in the Novice Division and bringing home a total of 36 medals and the winning trophy to the school.

The team, comprised of Tyonna Davis '19, John Michalski '20, Tyler Matambanadzo '19, Nevaeh Jernigan '21, Clarke Moore '21, Matt Ballard '21, Mark Ballard '21, and '21 Michael Strother, earned a total of 36 medals (14 Gold, 15 Silver, and 7 Bronze) at the state tournament.

"It was awesome and I felt so proud of my team," says Team Captain John Michalski. "It was a great way to end the season. We all worked really hard and Mr. Seitz was a great coach and really inspired us to achieve our

potential."

Prior to winning the state competition, the team earned second place in the Novice Division at regionals. Mark Ballard achieved the highest overall score in the Scholastic Division and Michael Strother achieved the second-highest score of all the competing students in Interview with a 990 out of 1000.

"This is quite an accomplishment," says Seitz. "It has been my pleasure working with such wonderful students," Seitz says. "Through their

hard work and dedication, they have shown that VASJ is truly a school that can excel in academic endeavors."

The United States Academic Decathlon is a ten-event scholastic competition for teams of high school students. The topic for this year was "The 1960's, a transformational decade." Individual events included exams in Science, Economics, Social Science, Mathematics, Literature, Art, and Music. Also included in the competition was an essay, interview, and two speeches.

## Registration is now open for Escape on the Lake 5K Run

Spring is here which means summer is right around the corner. Registration is now open for VASJ's eighth annual Escape on the Lake 5K run and 1-mile walk.

The race will start at Villa Angela-St. Joseph High School and end at the Lake Erie shoreline, on the beautiful grounds of the David Simpson Hospice House. This is a rain-or-shine event!

Many have said this is one of the most scenic races in the area and we agree.

All pre-registered participants are guaranteed a t-shirt and awards will be given to the top three male and female runners in the following age groups: 9 & Under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over.

Pre-registration will be \$25 and ends Friday, July 12. (Mail-in registration must be received by Wednesday, July 10). Race-day price is \$30. For more info visit [vasj.com/escapeonthelake](http://vasj.com/escapeonthelake).



Villa Angela-St. Joseph High School is a Catholic, comprehensive college-preparatory school rooted in the Ursuline and Marianist traditions and committed to the spiritual, academic, and personal growth of each student.

VILLA ANGELA-ST. JOSEPH HIGH SCHOOL  
18491 Lakeshore Boulevard • Cleveland, OH 44119 • 216-481-8414 • [www.vasj.com](http://www.vasj.com)

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## St. Jerome Church

The Beacon on the Boulevard  
Collinwood's Catholic School

15000 Lake Shore Blvd., Cleveland, Ohio 44110



## Third Grade Fun!

by Sarah Lyons

April is a busy month for the Third Graders at Saint Jerome Elementary School. During this month we will be preparing for the Ohio State Reading test and MAP tests. We will be working towards mastering all of the skills that make us successful readers. On top of test preparation, we will be reading a novel called How to Eat Fried Worms by Thomas Rockwell. We will use those skills we have been practicing in Reading to really get deep into the book! We will even look at Earth Worms and learn about the interesting creature.

Everyone loves bubbles! Since we all love bubbles, we are going to be preparing for the Saint Jerome Science Fair that is happening in May by completing a Bubble Investigation based on The Scientific Method. The students will be answering the question, Does the surface that a bubble lands on affect how long it takes for the bubble to pop?

They will be testing this experiment using different types of variables: wax paper, construction paper, plastic trays, aluminum foil, etc. The students will complete the experiment, graph their findings and then interpret the data. They will then create a Tri-Fold board to share their test results with other students.

In Math, we will be studying area and perimeter and use our knowledge to complete a Project Based Learning assignment that will allow them to use what they know and see how it can be used in the real world with a real world problem. Their problem will be to create a Sport's Complex. They will have to create areas for people to walk, bleachers, the field, etc. that could be a design for a real sport's park. This is an engaging unit and will help the students to master the skills of area and perimeter and also see how it relates to real life scenarios.

## World Premier



City Music Cleveland Chamber Orchestra will perform again at St. Jerome Church on Sunday, April 19th at 4pm.

## Those Were the Days!

by Adele Markert

Sports and the Arts have always been part of the life of St. Jerome Parish. From CYO Sports to musical theater for young and old, there was always something to get involved in.



by Adele Markert

St. Jerome Was delighted to host the world premier of Avner Dorman's Violin Concerto No. 3 "Still". Mr. Dorman conducted and the peice featured the phenomenal violinist, Sayaka Shoji.

Conductor/composer Avner Dorman led the City Music Cleveland Chamber Orchestra featuring the sublime violinist, Sayaka Shoji, in the world premiere of his composition, "Still."



CONTACT US | [stjeromecleveland.org](http://stjeromecleveland.org) | Follow us on Facebook | Phone: 216-481-8200



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FAITH

St. John Nottingham Lutheran Church  
17403 Nottingham Road Cleveland, OH  
Worship With Us  
Sunday Worship  
9:45 AM (Holy Communion is celebrated on the 2nd & 4th Sundays of month)  
Adult Bible Study  
Sunday 11:05 AM  
Tuesday 1:00 PM

St. Mary’s Parish  
15519 Holmes Avenue, Cleveland, Ohio  
Mass Times  
Sunday Vigil: Saturday, 5:00 P.M.  
Sunday: 8:00 AM, 10:00 A.M. (Slovenian), and Noon (NOTE: NO Noon Mass in July and August)  
Holy Day Vigil: 7:00 P.M.  
Holy Day: 8:00 A.M. (Slovenian) and 7:30 P.M.  
Monday - Saturday 7:45 A.M.

New Praise Ministries  
18100 Canterbury Rd. Cleveland, Ohio  
Service Times  
Sunday Prayer Service - 9:00 am Discovering God’s Word - 10:00 am  
Morning Worship Service - 11:00 am  
Tuesday Bible Study "A Walk through the Bible" - 7:00 pm  
Wednesday Interactive Bible Study - 7:00 pm

Lake Shore Christian Church (Disciples of Christ)  
Rev. Denise Cunningham-Doggett, Senior Pastor  
28010 Lakeshore Blvd., Euclid, OH 44132  
Phone: (216)289-2226  
Sunday Morning Worship Service is 10:00 am.  
For the Lenten Season

The Novena to Divine Mercy

Today bring to Me the souls of those who separated themselves from the Church  
Most Merciful Jesus, Goodness Itself. You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart the souls of those who have separated themselves from Your Church. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but bring it about that they, too, come to glorify the generosity of Your Mercy.

Eternal Father, turn Your merciful gaze upon the souls of those who have separated themselves from Your Son’s Church, who have squandered Your blessings and misused Your graces by obstinately persisting in their errors. Do not look upon their errors, but upon the lover of Your own Son and upon His bitter Passion, which He underwent for their sake, since they, too, are enclosed in His Most Compassionate Heart. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

Saint Casimir Parish  
18022 Neff Rd Cleveland, Ohio  
MASSES  
Saturdays 5:30pm (En)  
Sundays 8:00am (En), 10:00am (Lt), 12:00 noon (En)  
Mon. through Fri. 7:30am (En)

ST. JEROME'S CATHOLIC CHURCH  
15000 Lake Shore Blvd. Cleveland, OH  
Mass Schedule  
Daily 8:30 am  
Saturday 4:00 pm  
Sunday 10:00 am

Shore Haven Lutheran Church  
280 East 222nd Street  
Euclid, OH 44123 216-731-4100  
website: [shorehaven.lutheran.com](http://shorehaven.lutheran.com) email: [office@shorehavenlutheran.org](mailto:office@shorehavenlutheran.org)  
Sunday: 8:45 AM - Adult Bible Class, Youth Bible Class, and Sunday School  
10:00 AM - Worship Service  
(Holy Communion on the 2nd, 4th and 5th Sundays of the month)

HAPPY EASTER

Free Easter Baskets  
(while supplies last)  
To All Children Who Attend  
Morning Service

ANOINTED GATES CHURCH  
800 E. 152nd St.  
Cleveland, OH 44110

Morning service begins at 11 am



Free Easter Dinner  
April 21, 2019

ANOINTED GATES CHURCH  
800 E. 152nd St.  
Cleveland, OH 44110

Morning Service at 11 AM.  
Dinner will be served immediately  
following service

ALL ARE WELCOME!!!!



 Collinwood Recreation Center  
16300 Lakeshore Blvd  
216/420-8323

Spring Schedule

Aquatics Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap and In- structional Pool	12:00-2:30pm Adult Lap Swim Water Walking 18+  3:15-5:15pm Open Swim  5:30-6:00pm Learn to Swim Adult  6:00-6:45pm Water Exercise 18+  6:45-7:15pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+  12:15-1:15pm Water Exercise  3:15-5:15pm Open Swim  5:30-6:00pm Learn to Swim 8-17  6:00-6:45pm Water Exercise  6:45-7:15pm Adult Lap Swim Family Open	12:00-2:30pm Adult Lap Swim Water Walking 18+  12:15-1:15pm Water Exercise  3:15-5:15pm Open Swim  5:30-6:00pm Learn to Swim Adult  6:00-6:45pm Water Exercise  6:45-7:15pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim Water Walking 18+  12:12-1:15pm Water Exercise  3:15-5:15pm Open Swim  5:30-6:00pm Learn to Swim 8-17  6:00-6:45pm Water Exercise  6:45-7:15pm Adult Lap Swim Family Open	12:00-2:30pm Adult Lap Swim Water Walking 18+  3:15-5:15pm Open Swim  5:30-6:00pm Parent/Tot Learn to Swim  6:00-7:15pm Family Swim	10:00am-12:00pm Adult Lap Swim Water Walking 18+  11:00-12:00pm Water Aerobics  12:15-2:15pm Open Swim  3:15-5:15pm Open Swim
Water Slide and Kiddie Pool	3:15-5:15pm Open  Water Flag Football League -April	3:15-5:15pm Open  6:45-7:15pm Family Swim	3:15-5:15pm Open  6:45-7:15pm Family Swim	3:15-5:15pm Open  6:45-7:15pm Family Swim	3:15-5:15pm Open  6:00-7:15pm Family Swim	12:15- 2:15pm Open  3:15-5:15pm Open

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30pm Men’s Open Gym 18+	12:00-2:30pm Men’s Open Gym 18+	12:00-2:30pm Men’s Open Gym 18+	12:00-2:30pm Men’s Open Gym 18+	12:00-2:30pm School Group 8-17	10:00am-1:00pm NCT Cheerleading/ Family Gym Time
3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	3:00-4:30pm Open Gym 8-17 years old	1:00-2:00pm Pee Wee Soccer 4-7 years old
4:30pm-5:30pm Dodgeball 8-17 years old	4:30pm-5:30pm Soccer Practice 8-12 years old	4:30pm-5:30pm Kickball 8-17 years old	4:30pm-5:30pm Soccer Practice 8-12 years old	4:30pm-5:30pm Girls Basketball Practice 12-17 years old	2:30pm-3:45pm Youth Open Gym 8-17 years old
6:00-7:30pm Open Gym 8-17 years old	6:00-7:30pm Girls Basketball Practice 12-18 years old	6:00-7:30pm Open Gym 8-17 years old	6:00-7:30pm Group Basketball Training 12-18	6:00-7:30pm Family Gym Night Parents/Children	4:00pm-5:30pm Golden Oldies Basketball 25+/30+

**Adult Fitness Activities**


Senior Fitness Monday, Wednesday, Friday Balance/Strength Monday, Wednesday, Friday Hula Hoop Monday, Wednesday, Friday Step Crunch Kick Monday, Wednesday, Friday Step Crunch Kick Tuesdays Senior Line Dance Mondays Cross Fit Boot Camp Tuesdays & Thursdays Cross Fit Boot Camp Saturdays Senior Drama Club Fridays Strength Training Thursdays Strength Training Saturdays Zumba Mondays Walking Club Monday, Wednesday, Friday Dance Aerobics Wednesdays Basic Computer Tuesday-Thursday	7:30--8:45am 8:30-9:30am 9:30-10:00am 10:00-11:00am 6:00-7:00pm 11:00-12:00pm 11:00-12:00pm 10:00-10:55am 8:00-10:00am 6:00-7:30pm 11:00am-12:00pm 6:00-7:30pm 7:00-10:00am 6:00-7:00pm 10:00am-12:30pm	Monday - Friday  Saturday  Monday - Friday Saturday *NO ONE UNDER 18 years of age permitted to use fitness equipment*	<b>Open Track</b> 7:00am-3:00pm 3:00pm-6:00pm 6:00pm-7:30pm 10:00am-12:00pm 12:00pm-5:30pm  <b>Fitness Room</b> 7:00am-12:00pm/1:00pm-7:30pm 10:00am-5:30pm  <b>Fitness Room is closed from 12-1pm Monday-Friday due to cleaning</b>	Adults Only 12+ 18+ Family Time 12+  18+ 18+  <b>Cultural Arts</b> Ceramics Mondays Arts & Crafts Mondays Ceramics Mondays  Arts & Crafts Wednesdays Arts & Crafts Wednesdays Arts& Crafts Wednesdays  Karate Saturdays Outdoor Soccer Tues/Thurs YLP Mentoring Mon/Tues/Thurs Youth Advisory Board Thursdays Sewing Class Wednesdays Crochet Class Wednesdays	12:00-2:30pm 4:00-5:30pm 6:00-7:30pm  9:30am-11:30am 12:00-2:00pm 3:30-5:15pm  1:00-4:00pm 4:00-6:30pm 4:00-7:00pm 4:30-5:30pm 6:00-7:00pm 4:00-5:30pm  Seniors 8-17 Family  Seniors Adults 8-17  8+ 8-12 11-18 11-18 8+ 8+
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**Tot Room** is available  
for ages 4-7 years during  
designated times only  
Monday–Thursday  
5:30-7:30pm

All children under 8 years old must be  
accompanied and supervised by an adult  
in the facility when not using the tot

Schedule subject to change without  
prior notice

No pets allowed in City of Cleveland facilities.



All children under 8 years old & under  
4 feet tall must be accompanied and  
supervised in the water by an adult.  
Two children per adult. Children using  
the slide must be at least 48 inches tall



# HEALTH & WELLNESS

## Willpower Gives You A Jumpstart, Not A Ride.



by Natalie-Jo Flynn

If I just had the WILLPOWER – I could?

A Quote by Jim Randall, author of The Skinny on Willpower, a short read, goes, “The faculty of voluntarily bringing back a wondering attention over and over again is the very root of judgement, character and will, this is the secret of life, the key to genuine, success, love and happiness, security, fulfillment, we live where our attention is, complete concentration is the secret of genius in any field, those who can put their attention on a task or a goal and keep it there are bound to make their mark in life”

He further quotes Teddy Roosevelt, “The quality which sets one apart from another, the key which lifts one to every aspiration while others are caught up in the mire of mediocracy, is not talent, formal education, nor intellectual brightness; it is SELF-DISCIPLINE. With self-discipline, all things are possible. Without it, even the simplest goal can seem like an impossible dream.

All success stories have self-discipline and a solid vision as the Key, no way around it.

Where we put our attention is where we go. Are you finding you plan to hold to a diet, an exercise program, stay off your social media until a certain time a day, prepare and study for that job you want or schedule time for yourself care.

You have the will power to set up yourself up to win, it's your rocket fuel to give you bursts of energy to accomplish a goal or a task, however that fuel burst runs out, it's enough to get you off the ground but not sustain your mission.

That's why, in order to sustain yourself with that energy we must set up our environment to keep up going when our high-octane fizzles down to regular.

Be crystal clear on what your vision or goal is for yourself.

Map out your plan- measure, schedule, calculate your steps.

Be willing to shut out those things /people that are pulling you in the wrong direction- i.e.- excessive social media rabbit hole diving.

Get an accountability person- someone who has YOU as their agenda such as a Wellness Coach, one who will non-judgmentally be truthful and keep you on task. Friends and family have their own agendas to tend

to and mean well and can support when time is handy.

As you go forward and your vision and imagination are working with you, you will build the momentum and Will power can go on reserve.

Why am I bringing this up?

I want everyone to succeed, live well, be well and enjoy the process.

My clients and patients commonly feel they don't have willpower or they say they lost their willpower.

It's true, like a sugar rush, it's there for a situation but your mind and body chemistry cannot sustain that type of “go”.

It's like starting the car with the battery but runs off the alternator, if the alternator is bad, the battery will only go so far then it runs out of juice.

Helpful Hint: With a coach in your corner you will be stretched, kept on target of your goal, keep your steps in line, not skipping steps, keeping you on task and held accountable, (By the way, That's what I do).

Today set a goal, set 2 hours aside daily for that life changing dream you envision, set up your surroundings, focus solely on that.

Where your mind goes the body follows. Willpower +Self discipline+ action and accountability= SUCCESS!

Announcement for Spring into Action, Move that mountain with a PUSH

I am currently taking 7 clients for the Top 2 PC challenge starting in May.

Be part of the Top 2 percent of people who lose weight and keep it off, It's a process, it is fun and it is good for a lifetime.

I will email all the info to you, you must contact me to make your interest known.

Feel free to contact me with any questions about this or any of the comments I have written.

Feedback is welcome.

Text, call or email for a complimentary easy, fun discussion session about your health goals and to making healthy habits last through the year and your lifetime.

Turn the “Maybe I will do it someday” goal into “Done” today.

Feel empowered to make decisions, and changes to your health and wellness.

I provide 1-1, group sessions, as well as educational wellness tips and talks for any size groups!

Let's Move That Mountain! One little push is all it takes.

Natalie-Jo Flynn, MSN, CHC, Personal lifestyle Coach

216-406-0154  
nataliejo@mtmcoaching.net  
www.MTMhealthcoach.com

## Mistaken Identity



by Deb Dobbs

Do you ever catch a glimpse of your reflection in a mirror and wonder who that person is looking back at you? Do you still feel anger about some

old situation? Your state of being can shift when you realize your patterns of thinking and behavior are not accidental. They are learned. As you mature and gain insight, it is up to you to continually evaluate how you think and act. Corrective steps are useful at any age. Here are some tips to help you take control of your thoughts and actions.

First, take note of what you think is true about yourself, your environment and other significant indicators influencing your sense of identity. To do this step determine

what is important to you and why. Next, consider what about yourself you withhold from others. Determine what you lose by withholding information. If a secret gets out, what could you risk? Then consider what others say to you about your situation or circumstance. Their feedback will help you understand how they interpret what you say and do. Finally, take an inventory of your thinking and actions that seem a mystery to you. List situational behaviors, attitudes or actions that happen automatically. Completing these steps will give you a process for self-reflection. You may need several iterations to thoroughly gain understanding and insight about how you interact.

Your insights will help you identify beliefs, attitudes and behaviors that no longer produce useful results. Your new-found awareness will highlight opportunities to change and improve how you interact with others. No one enjoys being stuck. Use your awareness to change how you think and act. Uplift your thinking. Reset your life goals and sprint toward them. Lean-in!

## Avoid These Medicare Mistakes



by Laura Mutsko

Medicare's rules are often confusing and mistakes can be costly. Make the wrong choice and you could end up with high premiums and unexpected out-of-pocket costs. Here are a few of the most common pitfalls for you to avoid.

1. **You assume Medicare covers 100% of your medical costs**

While Medicare will cover most of your health care expenses, it does not cover 100% of your medical costs. For example, Original Medicare does not cover most vision care, dental care or hearing aids. You should also anticipate paying deductibles, coinsurance and copays in addition to your monthly Medicare premiums for Original Medicare.

2. **You are not yet collecting Social Security so you don't think you have to enroll.**

Today, many people do not start taking Social Security at age 65. But, just because you are not collecting Social Security does not mean you should not enroll in Medicare. In most cases, it is best to enroll in Medicare during your Initial Enrollment Period, which is the three months prior to your 65th birthday month, the month you turn

65, and the three months after you turn 65. If you do not sign up when you are first eligible, you may have to pay a late enrollment penalty, an increase of 10% of your premium for each full 12 month period that you were eligible and did not enroll.


If you are working and covered by your spouse's or your employer's health insurance, you may qualify for a special enrollment period, allowing you to delay your enrollment. It is always best to check with Medicare or Social Security if you plan to enroll outside your Initial Enrollment Period.

3. **You choose an Advantage Plan or Prescription Drug plan because your spouse or best friend likes it.**

Just because a Medicare Advantage Plan or Prescription Plan works for your spouse or friend, does not mean it will automatically be good for you. You probably have different doctors or prefer a different hospital. You should choose a plan that fits your health care needs and budget.

You can avoid these and other costly mistakes by learning about Medicare before the time comes to enroll. Join me for my class, Getting Started with Medicare\*, where we cover all the basics. You will find a list of upcoming classes at [www.MutskoInsurance.com/seminars](http://www.MutskoInsurance.com/seminars). To set up an appointment to discuss your insurance needs call me, Laura Mutsko, at 440-255-5700.

\*These events are only for educational purposes and no plan specific benefits or details will be shared.



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## Tatterhood Opens April 11 at Waterloo Arts



by Playwrights Local 4181

PLAYWRIGHTS LOCAL & THE YOUNG PLAYWRIGHTS COLLECTIVE PRESENT “TATTERHOOD”

Special first-look workshop production of a new musical with book and lyrics by Julia Fisher, music by Vickey McBride, and direction by Tammy Shanley. Performances run April 11 through 13 at the Creative Space at Waterloo Arts.

Playwrights Local & the Young Playwrights Collective present a workshop production of “Tatterhood,” a new musical with book and lyrics by Julia Fisher and music by Vickey McBride. Directed by Tammy Shanley, this special first-look presentation runs April 11 through 13 at the Creative Space at Waterloo Arts in Cleveland.

“Tatterhood” reimagines a Norwegian fairy tale as a new musical with original songs and live accompaniment. At the top of this seventy-minute show, Tatterhood and Sunniva think they understand why their mother never lets them leave their castle. However, when these twin princesses set out on a quest to rescue their kidnapped goat, they learn there is much more to the story than the Queen let on. Magic and danger lurk in the forest as the sisters encounter conniving trolls, condescending townspeople, a kick-lining witch, and nefarious princes...all of whom force the sheltered girls to confront how the outside world really sees them. By the end of this journey, they've come to new insights about sisterhood, identity, and trust in oneself.

“This production of ‘Tatterhood’ follows our very successful recent staged reading of the play, so we're excited to take it to the next level,” said David Todd, Artistic Director of Playwrights Local. “It's also a chance to co-present with our Young Playwrights Collective. We've been looking for ways to produce more plays by having collaborators take on some of the workload. In this case, having the YPC and especially the playwright, Julia Fisher, onboard made this play

possible.”

The cast of “Tatterhood” features Sam Dee, Katie Huskey, Bri Lazarchik, and Carrie Williams. Live music for the production is by Vickey McBride and social media promotions are by Young Playwrights Collective coordinator Hannah Rae Leach. Additional designers and crew members will be listed on the event webpage at <http://www.playwrightslocal.org/tatterhood/>.

“Tatterhood” runs April 11 through 13, 2019, with performances Thursday through Saturday at 7:30 p.m. All shows will be at the Creative Space at Waterloo Arts (397 E. 156th Street, Cleveland, OH 44110). Tickets are \$8 for all seats and are general admission. Special accommodations, group tickets, and other requests can be arranged by contacting Playwrights Local at [info@playwrightslocal.org](mailto:info@playwrightslocal.org) or (216) 302-8856. For additional information, visit <http://playwrightslocal.org/>. For a direct link for tickets, visit <https://red.vendini.com/ticket-software.html?t=tix&w=f82e59a8bc488c9dd5c34cff2ca1954c>.

About the Company  
Playwrights Local is a theater company based in Cleveland. As a playwrights' center, our goal is to provide a home for dramatic writing in Northeast Ohio. We offer classes and workshops, produce original plays, provide networking opportunities, and engage the community through outreach projects.

Learn more about programs including our Young Playwrights Collective at <http://playwrightslocal.org/>.

Make your tax-deductible contributions to our 501(c)(3) group at <http://www.playwrightslocal.org/donate/>.

Contact  
Tom Hayes, Managing Director  
Playwrights Local  
(216) 302-8856  
[hayes@playwrightslocal.org](mailto:hayes@playwrightslocal.org)  
<http://playwrightslocal.org/>



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## Call For Artists: Rain Barrel Painting Competetion!



Local artist Savannah Quisenberry and her painted Rain Barrel.

by Elizabeth Hiser

CALL FOR ARTISTS:

To commemorate the 50th Anniversary of the last time that the Cuyahoga River caught on fire in 1969—which contributed to the establishment of the U. S. Environmental Protection Act, the Clean Air Act, and the Clean Water Act in the late 60's and early 70's-- The Friends of Euclid Creek, the Collinwood Painted Rain Barrel Project, and the City of Beachwood are sponsoring a Rain Barrel Painting Competition! Twelve artists's designs will be selected and commissioned to paint their designs on rain barrels; and, when completed, the barrels will be exhibited in the gallery space at the Beachwood Community Center. Commissioned artists will be given a 55 gallon rain barrel on which to complete their design, and paid \$100 for their finished barrels. The barrels will be auctioned via a silent auction during the course of the art exhibit with the proceeds benefiting



2012 Lighthouse Rain Barrel

the Friends of Euclid Creek Conservation Fund. Valuable prizes will be awarded to the top three designs in the categories of Professional Artist, Amateur, and Child artist as determined by a Jury of local artists and arts professionals.

For more detailed information please visit our website: [www.euclidcreekwatershed.org/programs/rain-barrel-art-call-to-artists](http://www.euclidcreekwatershed.org/programs/rain-barrel-art-call-to-artists) The application is free, although there are some small expenses associated with preparing a proposal.

To submit a design proposal, it must be postmarked or hand delivered to: Susan Merdler, Program Coordinator, Beachwood Municipal Complex at 25325 Fairmount Blvd. Beachwood Ohio, 44122, by 3 pm on Friday, May 3, 2019.

Hope you have FUN!!

This project is made possible by a generous grant from Cuyahoga Arts and Culture to Friends of Euclid Creek.



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## A Spiritual Journey to the Real You

by A Tabar

Have you ever asked yourself this question? WHY AM I HERE?

Daily challenges, more than you think you can handle, disappointments that block joy are only one side of the human experience. A coin was not flipped to see if you were to be served a silver spoon or a rusty nail through each lifetime. Your personal and group soul path provides a guide to greater awareness. Learning to forgive and move forward in love brings the greatest rewards.

We truly are Spiritual Beings, learning about our higher Self, through the human experience. Each lifetime brings us closer and closer to our true purpose if we have learned valuable lessons along the way. Lessons from past lifetimes strengthens inner wisdom to guide life choices that are rewarding to all. Everyone is both a student and a teacher capable of lifting all of humanity.

In a higher consciousness, we are one soul, from one source, here for one purpose. Each of us must discover the pathway to finding this joy from within, this spark of Divinity that is ever present and ever powerful. As this awareness is strengthened, a true purpose unfolds. ENTERING THE WORLD OF POSSIBILITIES IS EXCITING! Stretching into the unknown, zestfully using gifts and talents, results in answering the first question asked. BREATHE, BECOME SILENT AND LISTEN.

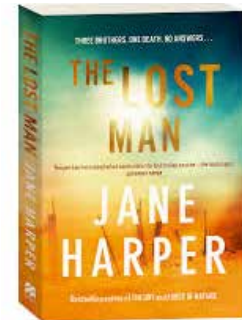
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# EVENTS



# ENTERTAINMENT

## Book Review: The Lost Man



by Karla Bowman

I am a life-long reader and working at the Euclid Public Library as I do, I see so many great books. I want to recommend the best book I've read recently, The Lost Man by Jane Harper.

The Bright family has owned and lived on a large cattle ranch in Queensland, Australia for decades. They are accustomed to the harsh environment and know the rules of survival while working on the ranch – always keep emergency food and water and never leave your vehicle. Especially in summer when temperature can easily reach over 100 degrees Fahrenheit and help can be hours away. That's why the death of the middle brother, Cameron, is so shocking. Discovered dead from exposure, he's found

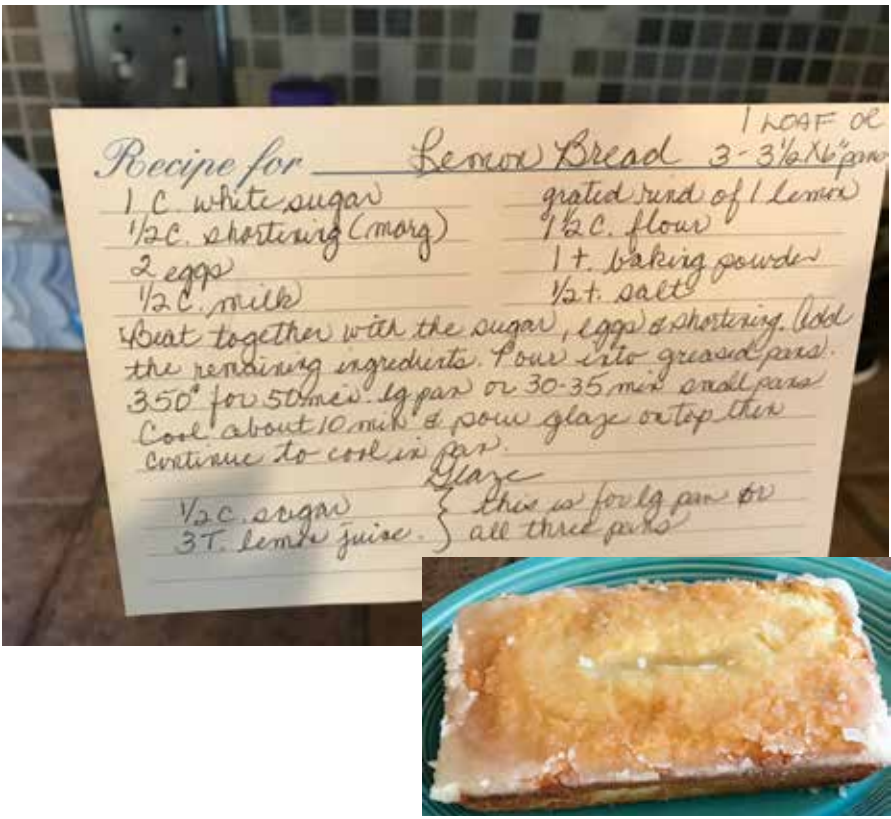
in the dusty desert a short mile from his vehicle packed with emergency supplies. The circumstances are so strange that the family first suspects Cameron of committing suicide.

The story is told from the oldest brother's perspective. Nathan Bright has been estranged from the family for years but becomes involved again with his brother's death. We as readers know that there's more to the story and as Nathan reveals family history we are drawn into a compelling character-driven mystery.

Jane Harper is a relatively new author with two other books published, The Dry and Force of Nature. The mystery stories are riveting and I love the way the author makes the Australian landscape a big part of her stories. Whether it is a small town, a wilderness forest or a remote cattle ranch, the setting in her books adds an atmosphere of danger to an already great mystery. I highly recommend all three of her books.

## Lemon Bread

by Michele Crowell



## Recipe Share for April Madge's Midnight Cake

by Emily Holody

3 c. flour  
2 c. sugar  
6 T. cocoa  
2 t. baking soda  
1 t. salt

2/3 c. vegetable oil  
2 T. vinegar  
2 T. vanilla  
2 c. water

Sift all dry ingredients together in a mixing bowl. Add oil, vinegar, and vanilla. Pour water over all and beat. The batter will be runny.

Bake in 9 X 13 pan at 350 degrees for 35 minutes or till cake tests done in the center. Cool and frost with Old Smoothie Frosting.

### Old Smoothie Frosting

Combine 1 c. sugar and 1/2 c. flour in a saucepan. Add 2 squares shaved chocolate (or 3 T. cocoa and 1 T. butter), 1 1/2 c. milk

and 1 T. light corn syrup.

Cook over low heat stirring constantly till thick and smooth. Boil for one minute. Remove from heat. Add 2 T. butter, 1/2 t. salt, 1 t. vanilla.

Cool to lukewarm, stirring occasionally.

This has been a Burgy family favorite for birthdays over the last 70 years. My Madge (my great-grandmother) found this recipe at the school cafeteria she worked at and then added the Old Smoothie frosting. We sometimes substitute powdered sugar for the frosting on top of the cake, making the cake good for vegans and people with egg allergies as there is no butter or eggs in this recipe. I hope you enjoy this special treat with family.

of apparitions in San Francisco and locations where healings have taken place; the California hum, "a low frequency humming noise that never goes away;" haunted museums and ghost ships like the Queen Mary; tarot readers and mediums that you can visit; California's UFO hotspots like Tujunga Canyon and Topanga Canyon, and lots more!

There are 164 pages in the book, and it is really fascinating. If you are interested in ghosts, you can find where to visit haunted roadways, museums, businesses and ghost towns, and even take a ghost tour. If you

are interested in legends, you can read about the many legends of buried treasure. If you are interested in UFOs you can visit the California coast where UFOs have been seen entering and exiting the ocean for over fifty years. And of course you can learn about creatures like California's Big-foot and sea serpents.

"Supernatural California" has lots of facts about California and places to visit that you might not know about.

This is a really nice guidebook, and it is interesting to read even if you are only an armchair traveler!

## Captain Marvel Movie Review



by Brian Friedman

Unfortunately, I expected better. The movie ends up having two roles. First, it is an origin story about Captain Marvel. As such, it follows the regular

Marvel formula and does so satisfactorily but brings little new other than the hero is amnesiac. Second, the movie acts as an

unnecessary prequel taking place in the 90's. As such, it answers random questions. Because of the weight of Infinity War and that we know all these characters will survive this film, it has no suspense. The jokes and plot are insufficient to carry the film alone. Plus the Disney de-aging technology used on Samuel Jackson (and others) is just creepy and is 94% successful which has a really weird rendering effect on the actor(s). Had this film come out in a different part of the sequencing of Marvel films, I would have been more kind. Sadly, I need to give it a "C".

## Book Review: Supernatural Places to Visit in California

by Jeanne Coppola

If you are going to take a trip to California and are interested in seeing things that are off the beaten path, like mystic places, lake monsters, haunted museums, ghost ships, and UFO hotspots, then "Supernatural California" by Preston Dennett, is for you. Although Bigfoot is pictured on the cover, this book is filled with so much more, because it is for every interest and age group, and it is a nice travel book to learn about mysterious places throughout the state.

There are seven chapters with many topics in each section, and the book is filled with photographs and illustrations. It in-

cludes locations and contact information with addresses and even websites.

Some of the places you can visit and see are the Santa Cruz "Mystery Spot" where visitors "feel a strange force" and compass needles are deflected; the "gravity hills of Sonoma and Kagel Canyon" that defy the laws of gravity when you drive on them; ancient ruins like Mount Shasta, that is a place of miracles and sightings and an underground city; mysterious carved stones like the "Willits Rock" from 10,000 years ago; the "Trees of Mystery Park" in the Klamath National Forest that grow at strange angles; the Elsinore lake monster;

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# SENIORS



## April 2019 Euclid Senior Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 10:00 Fitness Over 50 10:00 Chair Yoga 12:45 Bingo 1:00 Ballroom Dance	<b>2</b> 8:30 AARP Driving Class 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet & Quilting 10:00 Billie Exercise 11:00 Music Bingo 12:45 Art with Jack 1:00 Fun Bingo 1:00 Adult Coloring 3:30 Tai-Chi	<b>3</b> 9:00 Fitness Over 50 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 11:00 Oak St Hlth Talk & Screening 11:00 Chair Exercise 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance DRUG MART TRIP	<b>4</b> 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 11:00 SS Str & Bal 1:00 Care Source Fun Bingo 1:00 Line Dancing  NOSCD	<b>5</b> 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 10:00 Beading/CR 10:00 Lisa Lee Reflex 11:00 Fall Proof & Prevention Class 12:45 Bingo – 1:00 Pinochle – 1:00 Chess Club 1:00 Rock Painting
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8</b> 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 10:00 Fitness Over 50 10:00 Chair Yoga 12:45 Bingo 1:00 Ballroom Dance	<b>9</b> 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet & Quilting 10:00 Bible Study 10:00 Billie Exercise 10:00 Free Consults 12:45 Art with Jack 1:00 Game Show Day w/Gateway 1:00 Adult Coloring 3:30 Tai-Chi	<b>10</b> 9:00 Fitness Over 50 9:20 Podiatrist 10:00 Gr Pt Brkfst 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 11:00 Chair Exercise 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance	<b>11</b> 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 10:00 Crafts 10:00 Grief Support 12:45 Movie Day 1:00 Line Dancing 1:00 Fun Bingo Breakfast w/ Bob	<b>12</b> 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 11:00 Avalon Talk 12:45 Bingo – 1:00 Pinochle – 1:00 Chess Club 1:00 Rock Painting
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>15</b> 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 9:00 Benefits Check-up 10:00 Chair Yoga 10:00 Fitness Over 50 11:00 Tapestry Talk 12:45 Bingo 1:00 Ballroom Dance	<b>16</b> 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet & Quilting 10:00 Bible Study 10:00 Billie Exercise 12:45 Art with Jack 1:00 Adult Coloring 3:30 Tai-Chi  GRANDE POINTE BINGO	<b>17 Birthday Day</b> 9:00 Fitness Over 50 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 11:00 Chair Exercise 12:15 Cop a Question 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance	<b>18</b> 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 10:00 FFF 11:00 SS Str & Bal 12:30 Quilting Class 1:00 Line Dancing  WATERFORD BINGO TRIP  NOSCD	<b>19</b>   CLOSED FOR GOOD FRIDAY
NDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>22</b> 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 9:00 Benefits Check Up 10:00 Chair Yoga 12:30 Fresh Produce 12:45 Bingo 1:00 Ballroom Dance  HILLTOP BINGO TRIP	<b>23</b> 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet & Quilting 10:00 Bible Study 10:00 Billie Exercise 12:45 Art with Jack 1:00 Fun Bingo w/Signal 1:00 Adult Coloring 3:30 Tai-Chi  ART MUSEUM TRIP	<b>24</b> 9:00 Fitness Over 50 9:20 Podiatrist 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 10:00 Chair Exercise 10:45 Finnish Heritage Museum Talk 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance	<b>25</b> 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 11:00 SS Str & Bal 1:00 Line Dancing  PAINT & SIP @ GATEWAY CARP	<b>26</b> 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 10:00 Beading/CR 12:45 Bingo 1:00 Pinochle 1:00 Chess Club 1:00 Rock Painting  POST OFFICE ON WHEELS
NDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b> 8:30 Line Dance Beg 9:00 Line Dance Adv 9:00 Benefits Check Up 10:00 Chair Yoga 11:00 Mufins/Mayor 12:45 Bingo 1:00 Ballroom Dance  HILLTOP BINGO TRIP	<b>30</b> 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet & Quilting 10:00 Bible Study 10:00 Billie Exercise 11:00 Bob's Talk 12:45 Art with Jack 1:00Fun Bingo 1:00 Adult Coloring 3:30 Tai-Chi  PRESQUE ISLE TRIP			

## Bob's Corner



by Bob Payne

As I write, I am feeling sad.

I believe in the basic goodness of people, but sometimes I expect too much. I know from experience that people can be hurtful, and once again I am reminded that the deepest wounds are caused by those closest to you. I am sure you've had a similar experience.

As I sit pondering my particular situation, I'm left with some truths.

First, I have no control over what another adult does.

Second, people look at things from their own point of view and they normally act in their own self-interest.

Last of all, one of the most difficult things to learn is how to let go.

Since we have no control over the first two, let's focus on the last one - letting go. The words are said easily enough, but letting go can be extremely difficult. There's something in us that wants to hold on, and doesn't want to give up. Maybe it is the hope for a better outcome, or perhaps it is nostalgia for the way we think things should be, or maybe you can't let go because you are convinced that you are right. Regardless of the reason, it's important to understand one thing – you are holding on to pain. And, playing with that pain will hurt you much more than it will ever hurt the other person.

Do you really want to allow the pain to negatively impact your life beyond the situation? Does it have to? Will you allow the pain to affect your future, your self-esteem, or your relationships? Is that being fair to yourself?

When I ask myself these questions, I am faced with a decision. How long am I going to give the situation power by continuing to concentrate on it? Sometimes, you need to do something excruciatingly healthy. Release the pain. Yes, it is part of your past, but it need not define you today. Don't spend your precious time keeping the pain alive by feeding it with your thoughts. Let it be. Let it drift into the past. Let go of the attachment to thoughts that aren't doing you any good. Don't keep dragging them along with you.

Adversity forces transformation. It's like sandpaper to the soul. But, you and I have the amazing ability to be resilient. No, you are never the same after going through difficult times, but you certainly don't have to be less.

For myself, this means letting go of non-supportive people who were once very important in my life. Difficult, yes. Transformation and growth always are.

I'll finish with a quote by author Ally Condie. She says, "In the end you can't always choose what to keep. You can only choose how you let it go."

Let's let go with grace, and leave the pain behind.

Bob Payne, Manager

Note – if you are dealing with mental health issues that affect your daily life, please consider talking to a professional counselor. You are worth it!

Bob Payne, Manager  
Breakfast with Bob  
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